

PE and School Sport Premium

2016/17

What is the PE and School Sport premium?

The Government are again providing funding to schools to make additional and sustainable improvements to the quality of PE and Sport we offer. It is intended that the premium is used to:

- Develop the PE and sport activities that we already offer.
- Provide new Physical Education opportunities.
- Make improvements now that will benefit children joining our school in future years.

We are therefore pleased to announce that in 2015/16, Ridgeway Infant School will receive a total of **£9350.**

What is the purpose of the funding?

Schools must allocate all of the sport premium funding to enhancing the provision of PE and educating children about living healthy lifestyles. Schools do however, have the freedom to choose how this can be achieved.

How is the funding being spent at Ridgeway Infant School?

Please see below to see how the funding will help to further develop high quality PE and Sport at our school:

Increasing Participation in Sport and PE

- **Upgrading Equipment.**

PE Lessons:

In order to raise teaching and learning standards across school, part of the funding is going to be used to enhance the quality and quantity of the equipment available. It has been planned for the head teacher and PE coordinator to attend the PE conference; in order to research new and exciting equipment and to make purchases based on the equipment we already have. Last year we purchased extra-curricular equipment such as a curling set and Boccia set. These prove to be invaluable in providing rich opportunities for the children to explore lesser known sports and so it is planned to purchase more equipment like this, and for it to be used each half term by each class.

Playtimes:

Our playground is split into 'zones' at lunchtime: The Quiet Zone, The Active Zone and The Creative Zone. Each of these zones presents children with the opportunity to engage with physical activity or develop their knowledge and understanding of 'healthy lifestyles'. During 2016/17, the funding will also be used to improve the quality of our resources and equipment to ensure children stay engaged and active during these lunchtime activities as much as possible. Equipment such as long jump ropes will be purchased to also encourage team sports and group activities.

During morning playtimes the children are encouraged to use the various sports equipment available to them. Part of the funding will be used to purchase new equipment or to replace damaged/old equipment.

- **Funding Sports Coaches to work alongside our Midday Supervisors .**

We have decided to continue with our successful partnership with Premier Sports to provide our children with high quality physical activity during lunchtimes, including some activities which we have never offered to our children previously; eg, fencing. The Midday Supervisors will continue to observe the good practice of the coaches with a focus upon sustaining the engagement of pupils in physical activities. They will also encourage children to join in with these activities in order to build varied friendships and sporting skills. By utilising the Baseline Measurements of children's fitness levels [carried out by J.Smith from Premier Sports], the coaches are also targeting certain children to be more active as much as possible.

Affiliation to the Derby City Schools Sports Partnership

Following a successful year with many rich activities provided, we have decided to continue our partnership with Derby SSP. This will enable our teachers to access high quality professional development in PE and to network with teachers from other schools in Derby to share good practice. By being part of this network we can take advantage of the many opportunities for PE activities for our children and support for our teaching staff.

Professional Development of Teachers

- **Derby School Sport Partnership [SSP] Workshops.**

Through renewing our affiliation with Derby SSP, we can also benefit from a range of workshops and courses to ensure that as a school, we keep up to date with the latest developments in School Sport and PE along with enhancing our subject knowledge on specific areas and sports. We will continue to check the events calendar for the Derby SSP for relevant and useful workshops that would support our on-going PE CPD.

- **Staff Meeting:**

As part of paying for the affiliation we are entitled to a CPD session for all teaching staff to attend. Therefore we have planned a staff meeting on February 27th which will focus on Gymnastics. It was identified on the staff curriculum audit that this was an area of weakness in terms of setting up equipment and delivery of the lesson. In response to this the session will be delivered in two parts. The first section will be an observation of a gym session with 12 children from Y2 where teachers will have opportunities to observe an outstanding lesson. The second part will give teaching staff chance to see how to set up the equipment safely and in a variety of ways. We will also develop a gymnastics file by taking pictures of the equipment which will enable other members of staff to use the equipment throughout the rest of the year.

- **Derby County Community Trust.**

In order to further improve the quality of PE teaching, each KS1 teacher will benefit, over the academic year, from working with a specialist coach for a half-term based on an area of PE that they feel less confident in. After working with a coach, teachers will then complete a questionnaire to identify three things that they have learned along with one thing they are going to implement in their own teaching of PE in the future. More detailed analysis of the impact made will be conducted at the end of the year.

- **Yoga Bugs**

In Autumn 2 Our Year 2 classes participated in a course of YogaBugs sessions and our Reception classes will be starting their sessions in Spring 1. The sessions have been linked with story telling and relaxation and help improve the flexibility and control for the children. It is hoped that following on from these sessions we may be able to use some of the PE funding to purchase our own Yoga equipment and that the teaching staff can use the skills gained from the sessions to deliver this in school. Equipment would include yoga mats, music and stories.

Sporting Opportunities

- **KS1 FUNdamentals Festivals.**

Last year our Year 1 classes took part in a FUNdamentals festival which were all very successful sport orientated trips. As part of our affiliation with Derby SSP, all of our Y1 classes will again attend a FUNdamental Festival where they have the opportunity to try out new and exciting activities alongside children from other schools across Derby. The funding will be used to pay for the transportation of children and staff to and from the venue.

- **Celebration of Dance 2016.**

Due to the success achieved at the Celebration of Dance in 2015, we have already signed up to be take part again in March 2016. In January 2016, all Y2 children will take part in gentle auditions under the watchful eye of a Freelance Dance Specialist. From this, twelve boys and twelve girls will be selected to represent Ridgeway at the Celebration. The funding will therefore help to pay for transport to and from the venue, along with the expertise of a Freelance Dance Graduate to create a dance with the selected children and work with them over a six week period prior to the date. The year 2 teachers who work alongside the dance specialist will also gain valuable CPD in the delivery of dance.

- **Balance Bikes**

As part of our plans to increase the participation in sport for our reception children, we have had a 2 day balance bike session. The funding used for this enabled some of our children to use a bike for the first time and practice using their core strength in order to be able to ride a bike. From the day we were able to assess which children had in fact learnt to balance on a bike, as well as identify those children who need to improve their core strength and gross motor skills. Teachers will now use this knowledge in class sessions to plan for more opportunities to further these skills by utilising our own cycling equipment, which the children are now better equipped to use.

Assessment of Children's Fitness

- **Baseline Measurements.**

Following on from the successful Premier Sports Baseline Measurements, when Ridgeway were identified as achieving some of the highest children fitness levels in Derby, we have decided that this is a fantastic way of showing the impact of how the Sports Premium is being spent in terms of ensuring our children are active and healthy. Therefore we will be repeating the baseline assessment this year, using the sport premium funding. The measurements will be conducted at three points throughout the year and children will be required to run continuously for 3minutes. The distance they achieve will then be recorded. From these assessments, children will be identified to take part in a 'Ready, Steady, GO! ☺'. The funding will be used for the assessments but also the intervention club to run after with the selected children.

This year it has been decide that the Reception children will also be taking part in the assessments as a way of improving and measuring the fitness of our children from an even earlier age.

- **Ready, Steady, GO! ☺**

In correspondence with the data we receive from the Baseline Measurements, one boy and one girl will be selected from each KS1 and reception class to take part in an intervention club that will aim to not only improve physical fitness, but also develop knowledge and understanding of healthy, active lifestyles. The club will for nine weeks and the impact will then be analysed at the next round of assessment.

What will be the impact of this additional funding?

It is without doubt that the money allocated to Ridgeway Infant School in 2016 through the PE and School Sport Premium will have a significant impact on the quality of PE opportunities offered to our children. Alongside the positive impact we know the funding will have on our children, all of the staff at Ridgeway, including Mid Day Supervisors, will also greatly benefit by improving their own skill level and impact positively on the provision they plan and deliver. The funding has allowed for new equipment, increased participation in sport, including our reception children, trips, competitions and ongoing CPD. By receiving high quality professional development opportunities throughout the year, we aim to ensure that all PE lessons delivered in school are good, if not better and most importantly, that our children are confident, fit and healthy sportspeople.