

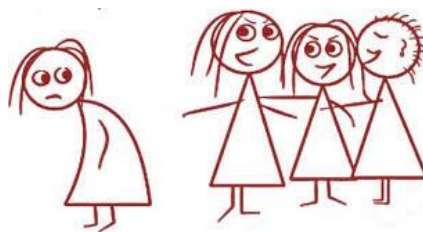
Burley & Woodhead C E Primary School

Child Friendly Anti bullying policy



STOP

(SEVERAL TIMES ON PURPOSE)



DON'T BE A BYSTANDER
BE A FRIEND

This policy was written by all the children in each class in January 2017 and put together by the School Council.

RECEPTION

What is it?

Several times on purpose.

What could it look like?

Calling people names, hurting people, being mean, not nice to each other.

What can we do?

- tell an teacher
- remind ourselves about bullying and how to be a good friend
- make the right choices and not the wrong choices
- Not be a bystander

YEAR 1

What is it?

When people do mean things several times on purpose. Several times means quite a few times.

What can we do?

Tell an adult

- My teacher
- My mum or dad
- Someone at school

Put it in the worry box so Miss James can see it.

Don't be a bystander.

Talk about it.

What can our teachers do?

To help us prevent bullying, our teachers can:

- Talk to us about bullying and check we understand it
- Help to fix the problem
- Encourage us to be kind to all
- Read worries in the worry box
- Speak to everyone to check they are okay
- Give us advice about bullying and how to stop it.

YEAR 2

What is it?

Several times on purpose. Picking on people, pushing, hurting, laughing at people and calling them names.

What can we do?

To prevent bullying, we can:

- tell an adult as soon as we see it happening,
- write a note for the 'Worry box',
- talk about bullying in our classes,
- Not be a bystander

What can our teachers do?

To help us prevent bullying, our teachers can:

- talk to us about how we are feeling especially if we are feeling angry or upset,
- help us with something happening at home if it is bothering us and making us feel angry,
- give us advice about bullying and how to stop it,
- stop the bullying if we tell them,
- encourage everyone to be kind to every else.

YEAR 3

In year 3 we understand that bullying is mean, nasty, unkind and rude behaviour. Bullying is when someone or a group of people are unkind several times on purpose (STOP). In year 3 we say 'NO' to bullying because it hurts people on the inside.



When we see or hear about bullying we stand up for each other. We are gritty, determined and courageous so that we can stand up against a bully. We use our back up team (a trusted grown up) to help us to stand up to any bullying we see.

We want to be kind, polite and a non-bullying class. If we can all be a hero to someone who is being bullied, we are making our school and community a better place.

We say no to bullying.

YEAR 4

| | |
|--|---|
| <p>What is bullying?</p> <ul style="list-style-type: none">• Constantly hurting someone• Turning people against someone• Making untrue statements• Name calling• Being mean to someone• Pushing and shoving/hitting• Picking on someone because they are different to you | <p>S.T.O.P SEVERAL TIMES ON PURPOSE</p> <p>-----</p> <p>What is physical bullying?</p> <ul style="list-style-type: none">• Being punched• Being kicked• Being hit |
| <p>Where can bullying take place?</p> <ul style="list-style-type: none">• Can happen anywhere• School• In a park• Outside on the streets <p>Any after school activity.</p> | <ul style="list-style-type: none">• In a park• Outside on the streets• Any after school activity |

YEAR 5

Several Times On Purpose = Bullying

Bullying is purposely hurting someone, actually or with words or actions, every day to make them feel small. If you see bullying happen and let it continue then you are part of the bullying too.

What different types are there?

Physical bullying - when someone is hurting you on purpose. This hurts your body and makes feel scared and fearful

Mental/Verbal bullying - repeatedly saying or doing nasty things and being unkind. This could be telling lies and rumours. This hurts someone's emotions and feelings.

Cyber bullying - saying something offensive on social media such as the internet or on electronic devices like a phone or iPad. This might be to or about someone or it might be about a whole group of people.

Why do people bully?

There are lots of reasons why someone might be a bully:

- Some people bully because they have had it done to them and take it out on someone else
- Some people bully because they have been very upset and are angry inside
- Some people bully because they want to make themselves look better than other people
- Some people bully because they want to look stronger and tougher than other people
- Some people bully because they are jealous
- Some people bully in a group because they don't want to be left out and look 'weak'
- Some people bully others because they look or behave differently

What can we do?

To prevent bullying, we can:

- Tell an adult as soon as we see it happening
- write a note for the 'Worry box'
- teach everyone to know how bullying can makes people feel very sad
- talk about bullying in our class
- stop bullying happen by being kind to everyone,

What can our teachers do?

To help us prevent bullying, our teachers can:

- talk to us about how we are feeling especially if we are feeling angry or upset
- help us with something happening at home if it is worrying us and making us feel angry
- talk to us about how to stop bullying
- stop the bullying if we tell the adult
- encourage everyone to be kind to everyone through our lessons and in assembly

Something to remember

Most people and many well-known people have been bullied at some time in their lives. You are not alone.

YEAR 6

What is it?

Bullying is repeatedly hurting someone, physically or mentally, across multiple days to make them feel bad. If you see bullying happen and let it go on then you are part of the bullying too.

What different types are there?

Physical bullying - when someone is hurting your body on purpose (for example, hitting, punching and kicking). This hurts someone on the outside.

Mental/Verbal bullying - repeatedly saying nasty things to or about someone. This includes lying about them. This hurts someone on the inside.

Cyber bullying - saying something offensive on the internet or on electronic devices like a phone or iPad. This might be to or about a person or it might be about a whole group of people.

Manipulation - getting someone to do something that they don't want to do. This could be through peer-pressure, blackmail or threatening.

Why do people bully?

There are lots of reasons why someone might bully:

- to release anger from something that might have happened and take it out on someone else,
- , because other people (like brothers, sisters, parents, other children etc.) are mean to them
- because they are insecure and want to look better than other people,
- they think it is fun to manipulate someone else,
- they enjoy making someone upset,
- they might not know any better,
- they might be trying to get revenge for something,
- because someone is different.

What can we do?

To prevent bullying, we can:

- report it to an adult as soon as we see it happening,

- write a note for the 'Worry box',
- teach everyone about what bullying is and how it makes people feel,
- talk about bullying in our classes,
- get rid of the chain of bullying by being kind to everyone,

What can our teachers do?

To help us prevent bullying, our teachers can:

- talk to us about how we are feeling especially if we are feeling angry or upset,
- help us with something happening at home if it is bothering us and making us feel angry,
- give us advice about bullying and how to stop it,
- stop the bullying if we tell them,
- encourage everyone to be kind to every else with talking, songs and assemblies.

-

Important to remember

Just because you are being bullied it doesn't mean that you are going to go nowhere. Lots of famous and important people were bullied when they were younger. You are not alone.