



# **Asterdale Primary School**

## **Forest School Clothing Policy**

Review:

## **Forest School Clothing Policy**

To ensure that the children are sufficiently protected from the weather and the forest environment we require children to be wearing appropriate clothing and footwear. Clothing will get muddy so old home clothes are required.

We require children to have long sleeves and long trousers in **both** winter and summer. This is particularly important in the summer to protect from sun burn, stinging nettles and thorns.

### **Winter Clothing**

The general rule is to wear lots of layers which keep in the heat and can be removed if needed.

Children require:

Warm hat

Gloves NB not mittens

Vest

Long sleeved t-shirt/shirt

Jumper/fleece

Waterproof coat

Waterproof trousers

Wellies with warm socks/walking boots

Thermal underwear

### **Summer Clothing**

Sun hat

Sun cream applied before session

Light long sleeved top

Light long trousers

Wellies or enclosed shoes/boots (no sandals)

Forest School leaders and staff will ensure all the children are appropriately dressed before leaving for our Forest School session.