

# **SEX AND RELATIONSHIP EDUCATION POLICY**

## **Introduction**

We have based our school's sex education policy on the DCSF guidance document Sex and Relationship Education Guidance (ref DfEE 0116/2000). In this document, sex education is defined as 'learning about physical, moral and emotional development. It is about understanding the importance of marriage for family life, stable and loving relationships, respect, love and care. It is also about the teaching of sex, sexuality, and sexual health' (Latest information from DfE is this guidance is currently undergoing review).

Sex and Relationship Education is part of the personal, social, health and citizenship education. It focuses on relationships, friendships, family life, marriage, communication, safety, respect, trust and caring for others. Sex and Relationship Education within each school aims to help pupils to develop in age appropriate stages, knowledge, skills and understanding about the value of loving, stable relationships, sexuality and sexual health. It also aims to help pupils to lead confident, healthy lives as informed and active citizens, with particular regard to the value of marriage and family life.

## **Objectives**

- To develop pupils' confidence and self-esteem;
- To develop pupils' knowledge about healthy and safe lifestyles in order that they can make informed decisions;
- To develop pupils' knowledge and understanding about sexual health and relationships services that are available;
- To provide opportunities for pupils to consider the advantages of effective, fulfilling relationships;
- To provide opportunities for pupils to develop an understanding of and respect for difference;
- To enable pupils to develop the skills necessary to protect themselves from exploitation;
- To provide pupils with the opportunity to develop a greater understanding or consequences of decisions and actions.

## **Moral and Values Framework**

The sex and relationships education programme reflects each school's ethos and demonstrates and encourages the following values:

- Respect for self and others;
- Respect for difference, e.g. cultural, religious;
- Responsibility for own actions;

- Regard for family life, friends and the wider community;
- The rights of the individual;
- Equality.

## **Organisation and Approach**

We teach Sex and Relationship Education through different aspects of the curriculum from Reception through to Year 6. The main Sex and Relationship Education teaching is in our personal, social and health education (PSHE) curriculum. We also teach some Sex and Relationship Education through other subject areas (for example, science and PE), where we feel that they contribute significantly to a child's knowledge and understanding of his or her own body, and how it is changing and developing.

Children will know that they are free to ask further questions and to discuss issues with their teacher. The teachers will answer children's questions in an open, factual and appropriate way but will not enter into discussions about personal issues. Governors and teachers are agreed that teachers will answer questions as long as they consider the child to be mature enough to ask the question. Teachers will also encourage the children to discuss questions with their parents.

## **Content**

The following statements outline our scheme of work for the teaching of Sex and Relationship Education. They draw on the DCSF and other guidance on Sex and Relationship Education and reflect elements of the non-statutory framework for PSHE and Citizenship. Some statements are part of the National Curriculum Science requirements and have been marked.

### **By the end of Key Stage One (Aged 7)**

Pupils will be able to:

- recognise and compare the main external parts of the human body;
- recognise similarities and differences between themselves and others and treat others with sensitivity;
- identify and share their feelings with others;
- recognise safe and unsafe situations;
- identify and be able to talk with someone they trust;
- be aware that their feelings and actions have an impact on others;
- make a friend, talk with them and share feelings;
- use simple rules for dealing with strangers and for resisting pressure if they feel uncomfortable or at risk.
- develop their self esteem

Pupils will know and understand:

- that animals, including humans, grow and reproduce;
- that humans and animals can produce offspring and these grow into adults;
- the basic rules for keeping themselves safe and healthy;
- about safe places to play and safe people to be with;
- the needs of babies and children;
- ways in which they are like and different from others;
- that they have some control over their actions and bodies;
- the names of the main external parts of the body including anatomically correct names for the sexual parts;
- why families are special for caring and sharing;
- about bullying and know why it is unacceptable

Pupils will have considered:

- why families are special;
- the similarities and differences between people;
- how their feelings and actions have an impact on other people.
- protective behaviours

### **By the end of Key Stage 2 (Aged 11)**

Pupils will be able to:

- express opinions, for example, about relationships and bullying;
- listen to and support others;
- respect other viewpoints and beliefs;
- identify adults they can trust and who to ask for help;
- recognise their value and to identify positive things about themselves;
- listen to and support friends;
- recognise peer pressure and know that they can say no.

Pupils will know and understand:

- that life processes common to humans and other animals include growth and reproduction;
- about the main stages of the human lifecycle;
- how their body works and be prepared for puberty;
- that their actions have consequences and be able to anticipate the results of them;
- about different forms of bullying and feelings of both bullies and victims;
- why being different can provoke bullying and know why this is unacceptable.

Pupils will have considered:

- the diversity of lifestyles;
- other's points of view, including their parents;
- why being different can provoke bullying and why this is unacceptable;
- the diversity of values and custom in the school and in the community;
- the need for trust in relationships.

This information is based on information published in "Sex and Relationships. A report from the Office of Her Majesty's Chief Inspector of Schools 2002".

### **The role of parents**

The school is well aware that the primary role in children's Sex and Relationship Education lies with parents and carers. We wish to build a positive and supporting relationship with the parents of children in our schools through mutual understanding, trust and co-operation. In promoting this objective we answer any questions that parents may have about the Sex and Relationship Education of their child. We also take seriously any issue that parents raise with teachers or governors about our policy or the arrangements for Sex and Relationship Education in the school. We provide an opportunity for parents to seek advice from the School Nurse to help with answering questions at home.

We believe that, through the exchange of knowledge and information, children will benefit from being given consistent messages about their changing body and their increasing responsibilities.

### **Inclusion/Difference and Diversity**

Sex and Relationships Education will meet the needs of all pupils, including those who may be vulnerable. We work in partnership with the SENCo and parents to ensure that all children experience a quality programme. We also consult with parents who may have different needs due to religious or cultural beliefs.

### **The role of other members of the community**

We encourage other members of the community to work with us to provide advice and support to the children with regard to health education. In particular, members of the Local Health Authority, such as the school nurse and other health professionals, give us valuable support with our Sex and Relationship Education programme.

### **Confidentiality**

Teachers conduct Sex and Relationship Education lessons in a sensitive manner and in confidence. However, where any safeguarding concerns arise, the teacher will report these to the Head Teacher and the procedures outlined in our Safeguarding /Child Protection Policy will be engaged.

## **Difficult or controversial topics**

Controversial topics may arise which depend upon the judgement of individual teachers as to whether the subjects are suitable for class discussion. In particular, teachers approached by individual students for specific advice on contraception or other sexual behaviour will advise the young person to consult parents and, if appropriate, to seek help from a health care professional (such as the school nurse). In all circumstances, the professional judgement of the teacher must come in to play.

Teachers should establish a set of ground rules so that pupils are aware of parameters. For example:

- If a question is too personal, remind the young person about the ground rules
- If the young person needs further support, refer him/her to the school nurse, counselor, help line or outside agency or service;
- If a question is felt to be too explicit, acknowledge it and deal with it outside the whole class setting;
- Any concern about sexual abuse must be followed up under the Child Protection/Safeguarding procedures;
- Where discussions about sexual behaviour arise from apparently unrelated topics, teachers will give attention to relevant issues, again using professional judgment.

## **The role of the Head Teacher**

It is the responsibility of the Head Teacher to ensure that both staff and parents are informed about the Sex and Relationship Education policy, and that the policy is implemented effectively. It is also the Head Teacher's responsibility to ensure that members of staff are given sufficient training, so that they can teach effectively and handle any difficult issues with sensitivity.

The Head Teacher can delegate responsibility to Senior Leadership Team to liaise with external agencies regarding the school Sex and Relationship Education programme, and to ensure that all adults who work with children on these issues are aware of the school policy, and that they work within this framework.

The Head Teacher monitors this policy on a regular basis and reports to the Directors and the Local Governing Body, when requested, on the effectiveness of the policy.

Parents are free to withdraw their children from SRE if they wish to do so. The only exceptions to this are the biological aspects of human growth and reproduction that are essential elements of National Curriculum Science.

## **Monitoring and review**

The Directors of the Multi-Academy Trust will monitor our Sex and Relationship Education Policy every two years or if new legislation is implemented from the Government. The Local Governing Body will give serious consideration to any comments from parents about the Sex and Relationship Education programme, and makes a record of all such comments. The Directors will be informed of any such comments.

## **References**

- 1) NCC Curriculum Guidance 5 – Health Education
- 2) DES Circular 5/94
- 3) The Aims of Sex Education by Dilys Went (1985)
- 4) Science National Curriculum Orders

**Signed** .....  
**Chair, Board of Directors**

**Dated** .....