



Doddinghurst Infant School
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Skipping Workshops – Tuesday 27th June 2017

I am delighted to inform you that we have invited Skipping Workshops to work with the children to teach different skipping skills.

Skipping Workshops have presented demonstrations in over 2000 schools, representing Great Britain in international skipping events and appeared on many TV shows.

Their aim is to encourage children and adults to skip for health, fun and fitness, whilst introducing modern and traditional skipping games including individual rope tricks, speed skills and Double Dutch, back into the playground. The school supports these aims.

The same high quality “speed ropes” as used by the international team will be on sale at school at a reduced cost of £4.00. The ropes are made to a high standard, are light and turn easily to allow children and adults to progress rapidly. **Colour change solar** ropes are £5. Adult ropes are also available for older siblings and your personal fitness/weight loss etc at £6 each, 4m “family ropes” at £7.50 each and 2 x Double Dutch ropes for £12.

Please put your cash or cheque in an envelope with the child’s name and class on the front. Ropes will be on sale after school on the day of the workshops.

NB If your child is bringing their rope to school, please make sure it is labelled!

Please use this part of the slip for returning to school for the purchase of skipping ropes if not purchasing on the day of the workshop/demonstration.

Name of Child Class

-x children’s ropes @ £4 each
- x children’s SOLAR rope @ £5 each
- x adult ropes @ £6 each
- x Double Dutch ropes @ £12 each

I enclose payment of £ (cheques made payable to “Skipping Workshops 3”)