



West Exmoor Federation

'Rooted and Growing – Together we Love Learning'

30.06.2017

Dear Parents/Carers

SUN HATS, WATER BOTTLES AND SUNSCREEN

It would appear that summer has decided to be a little illusive this week, but thankfully the forecast for next week is much improved. I am delighted to tell you that we have now provided all of our children with federation sports caps, which they should keep in their book-bags (unless of course they are wearing them!). If it is sunny we will expect the children to wear their caps at all times when they are outside. At the beginning of the school year we also provided each child with a federation water bottle and this should also be available in school every day to enable your child to freely access water and to remain hydrated. If your child has lost their water bottle, replacements are available from the school office for a nominal charge of £2. Finally, can you please ensure that your child comes to school having had an initial application of sun cream put on at home. They should also keep in their book-bag some named sun cream which they can apply themselves during the course of the day.

HEALTHY PACKED LUNCHES

This week is Healthy Eating Week. The British Nutrition Foundation have issued the following advice for packed lunches: *For a balanced packed lunch please try to include one each of these healthy food types and drinks. You will see that there are five components, plus a drink, which make up an 'ideal' lunch: Fruit - essential for vitamins and minerals and fibre. Try to include at least one portion of fruit (fruit juice can count as one portion). Vegetables - again for vitamins and minerals and fibre. Try to include at least one portion of vegetables. Protein - required for muscle growth. Add some protein, for example lean meats, fish, eggs, tofu, pulses, nuts or beans. Starchy foods/carbohydrates - starchy foods are great for energy. These include bread, rice, chapattis, and pasta. Unprocessed types are best such as wholemeal bread rather than white. Milk and dairy foods - crucial for healthy bones and teeth. Choose from milk, cheese or yoghurt. Please try to avoid: Crisps, chocolate and snacks which are high in fat, sugar or salt. Drinks - water (fresh, cooled water will be freely available for your child on the table at lunchtime). Healthy drinks - if you would like to put a drink in your child's packed lunch please try to include water, milk, fresh fruit juice or fruit smoothies. Please try not to include any drinks sweetened with sugar or artificial sweeteners (such as aspartame). Packed lunches should not include fizzy drinks or sweets.*

Speed: basic facts
More than **five** children are seriously hurt or killed every single day on British roads.

Tyrrese Hannah, Aaron Turner, Aaron Britt, William Ebbrow, Kaine May

One in four deadly crashes in the UK involves someone who was driving too fast.

ROAD SAFETY

A number of parents and members of the public have raised concern about the speed at which some parents are driving as they approach and leave our schools, especially at Parracombe and Kentisbury where the roads are extremely narrow. In order to keep all of our children safe, please ensure that you drive slowly and considerately within the location of our schools at all times. I also ask that you take particular care when entering or leaving dropping off areas and whilst manoeuvring within these areas which are, at times, quite congested. It would be absolutely heart-breaking if any of our children were injured as they arrive or leave school as a direct result of a parent/carer being in too much of a rush to put the safety of our children first.

KEEPING SAFE

We have been made aware of a man who inappropriately approached a teenager within Lynton recently. He is not local, the police have been involved and, to the best of our knowledge, he is no longer within the area. However, especially with the summer holiday approaching, we have been reminding the children about keeping safe when out and about. We've spoken to our Key Stage 2 children about the importance of always making sure that an adult knows where they are; going out in groups; knowing who is a safe 'stranger' or where is a safe place to go to if they need assistance; and the importance of trusting their instincts and using 'Yell, Run and Tell' if they feel unsafe at any time. Good advice on supporting your children with keeping safe when out alone can be found on www.nspcc.org.uk and www.childalert.co.uk.

Yell & Tell

- Don't be afraid to say 'NO' to a stranger.
- If a stranger makes you feel unsafe, always 'YELL & TELL'.
- Yell 'HELP' or 'I DON'T KNOW YOU' to get someone's attention. Then tell someone you trust what has happened.

END OF YEAR REPORTS

We are aiming to send end of year reports home on Wednesday 5th July. As always, there will be no formal parent consultation this term but if you would like to speak to your child's teacher about their report please do not hesitate to make a consultation appointment at a time that is mutually convenient.

Best Wishes,



Jayne Peacock
Executive Headteacher

Our theme this term for Collective Worship is 'Our Planet and its People: Thinking Globally'. We have been thinking about things that unite us as a world such as sport and music. We have also been praying for those people who have been affected by the terrible fire at Grenfell Tower.

Class news – Rivers

In English, we are still focusing on narrative and writing our adventure stories. The children have designed a front cover for their book and they will have a copy of their story to take home at the end of term. We have been practicing the play Mary Poppins and Rivers class have perfected an enthusiastic performance of their park scene.

In art, we have been creating artwork of a Victorian street and decorating kites for the production. As it has been assessment week, the children have completed their end of term assessments. They now have the production and swimming lessons to look forward to over the coming weeks.

Many thanks, Miss Martin.

Class news – Oceans

Dear all,

There is no let-up to our schedule this term, as I'm sure you will be aware of after receiving an abundance of letters. Over the last few weeks we have taken part in the area finals for Rounders at Great Torrington Secondary school and attended a life skills course at Barnstaple RFC. Year Five took part in a tennis afternoon at Ilfracombe Academy in the run up to Wimbledon whilst Year 6 have enjoyed Oceanfest and a day of Surf Lifesaving at Putsborough. During Forest School the Year sixes have been starting to plan and build their working cliff railways. We will continue to explore and interpret data in maths through the recent election and we will be finishing our short stories based on the Pixar animation Piper before continuing with our independent writing projects. We are also squeezing in as many Mary Poppins rehearsals as possible, as the curtain will be raised on July the 6th!

Hopefully some summer weather will arrive soon,
Sarah Adams.

Class news – Young Buds



This week, Reception and Year 1 children were introduced to Ranalph Fiennes as he is a significant, local person. The children considered how much of a challenge it must have been for him to explore some of the harshest places on Earth and thought about ways in which they could challenge



themselves. The children enjoyed setting up four challenge stations and completing the tasks using some of the PE equipment.

Years 1 and 2 have also been making and evaluating smoothie ice lollies this week. They were quite adventurous with some of the flavours they chose to make, including a spinach, grape and coconut milk flavoured one which looked amazing but wasn't very popular amongst the children when they evaluated them. The recipes that contained strawberries were the overall favourites.



Year 2's transition sessions to Parracombe have been a huge success so far and the children are very much looking forward to spending more time there over the next few weeks.

We have also been very busy practising for Mary Poppins. There is still time to bring in your child's costume if you haven't done so yet.

Many thanks for your continued support.

Sally Pile and Nicola Smith.

Class news – Oaks

It has been an extremely busy few weeks for the federation with many enrichment activities taking place, children have taken part in: Tennis at Ilfracombe Academy, Oceanfest and Junior lifeguard day at Putsborough beach.



Year 6 have thoroughly enjoyed their days out at Oceanfest and Putsborough beach learning how to be a junior lifeguard. Children have built on their team-building skills and developed life-skills at both events. On both occasions, our children's behavior has been a credit to the federation with members of the public commenting on their outstanding mannerism.



Oaks class are in full swing of play rehearsals for Mary Poppins, they are performing extremely well and are developing good stage presence. We are all very excited for the performance at Lynton Town Hall. Thank you for all the costumes which have been making their way into school, they look fantastic!

Many Thanks, Miss Hill and Mrs Hamer.

MARY POPPINS 'BAG MEAL'

6TH JULY 2017



Sausage Roll

Or

Quorn Vegetarian Sausage Roll

With

Crispy Potato Wedges

or Pasta

Carrot, Cucumber Sticks

AND

Biscuit



NO JACKETS TODAY PLEASE

Kitchen News

Next Thursday's school dinner will be a 'bag meal' so we can be ready in plenty of time for the first school production. You will have hopefully have seen the poster sent home but if not, please see the details to the right.

Vacancy - Lynton Primary School – Relief Catering Support

We are still looking for a small number of local people to join a 'supply bank' to provide short-notice cover in the kitchen in the event of either Jayne or Vicky being absent. If you would be interested in joining our supply bank, please contact Jayne Hoskins via Lynton School on 01598 753309.

Admin News

Summer Holiday Clubs – Important information:

Unfortunately, due to the low take up numbers, the last two clubs in the summer holidays (**Arlington Court on 24th August and The Big Sheep on 25th August**) are unable to go ahead. If you haven't already been contacted by us to arrange a refund, please can you visit the school office.

Also, the Forest School Club on the 10th of August will now be at Kentisbury School instead of Arlington Court due to the number of children attending.

We apologise for any inconvenience.

With many thanks,
Wendy, Vikki, Jacqui and Mel

Lynton PTFA News



Dates for your diary

06.07.2017	Summer Production at Lynton Town Hall, 1pm and 5.30pm
07.07.2017	Y5/6 Bowling Tournament
10.07.2017	Swimming begins
13.07.2017	Swimming
14.07.2017	Swimming
17.07.2017	Swimming
19.07.2017	Sports Day

20.07.2017	Swimming
20.07.2017	Exmoor Zoo visiting Kentisbury
21.07.2017	Swimming
21.07.2017	Lynton PTFA Summer Fair
24.07.2017	Celebration Assembly/Boat Launch/Beach Day for Lynton @ Lynmouth (time tbc)
25.07.2017	Celebration Assembly/Boat Launch/Beach Day for Parracombe & Kentisbury @ Lynmouth (time tbc)
26.07.2017	Leavers Service at St Mary's, Lynton (11am) and Christ Church, Parracombe (1.30pm)

COMMUNITY

THE READING AGENCY AND LIBRARIES PRESENT

ANIMAL AGENTS

SUMMER READING CHALLENGE 2017

animal-agents.org.uk

Barnstaple Library Launch Event

Saturday 15th July 10.00am-3.00pm

Stalls and activities all day
Barnstaple Library
Library Square
Castle Green

Meet some animals from

- Exmoor Pony Centre
- Exmoor Zoo
- Really Wild Learning
- Safe Haven Exotics

Children's authors

- Alan Bosley
- Victoria Eveleigh
- Sandra Everitt
- Miriam Latimer
- Lisa McNeill
- Dan Metcalfe
- Olli Tooley

Partners and sponsors:

- WOW
- Really Wild Learning
- THE GOODWIN GALLERY
- EXMOOR NATIONAL PARK
- Safe Haven Exotics C.I.C.
- SCIENCEIDIPITY
- WOW scrapstore
- Devon Wildlife Trust
- Mabels Ices
- Goodwin Art Gallery
- Barnstaple History Group
- Phatdog Events
- The Plough
- Exmoor National Park
- The Voice Radio Station

Books featured:

- Charlie and Lola
- Spot
- Imaginary Friends
- Waiting for David
- Mr. Fox's Book of SPOTS
- Little Lion

Devon Libraries | devonlibraries.org.uk

SUMMER READING CHALLENGE | THE READING AGENCY