

Autumn/Winter Term – Daily Lunch Menu

Please Note:- In addition to the choice of two meals each day there is always a Jacket Potato with Cheese &/or Beans available

Week One	Monday	Tuesday	Wednesday	Thursday	Friday
04/09/17 25/09/17 16/10/17 13/11/17 04/12/17 08/01/18 29/01/18	Beefburger in a Bun or Veggie Burger Served with Potato Wedges Baked Beans Garden Peas Rice Pudding and Fruit or Fresh Fruit or Low Fat Yoghurt	Chicken Curry or Veggie Curry Served with Naan Bread Steamed Rice Mixed Vegetables Lemon Drizzle and Custard or Fresh Fruit or Low Fat Yoghurt	Roast Pork Loin or Quorn Roast Served with Sage & Onion Stuffing Oven Baked Potatoes Broccoli Carrots Chocolate Cookie and Milkshake or Fresh Fruit or Low Fat Yoghurt	Mince or Country Vegetable Casserole Served with Yorkshire Pudding Mashed Potato Baby Carrots & Cauliflower Shortcake and Custard or Fresh Fruit or Low Fat Yoghurt	Fish Fingers or Vegetables Nuggets Served with Steak Fries Garden Peas Sweetcorn Apple Flapjack and Ice Cream or Fresh Fruit or Low Fat Yoghurt

Week Two	Monday	Tuesday	Wednesday	Thursday	Friday
11/09/17 02/10/17 23/10/17 20/11/17 11/12/17 15/01/17 05/02/17	Ham Pasta Bake or Pasta Napolitan Served with Crusty Bread Carrots Broccoli Iced Cornflake Special and Custard or Fresh Fruit or Low Fat Yoghurt	Steak Pie or Country Vegetable Pie Served with 'Herby' Potatoes Baby Carrots Green Beans Strawberry Mousse or Fresh Fruit or Low Fat Yoghurt	Roast Ham or Quorn Roast Served with Yorkshire Pudding Mashed Potatoes Cauliflower Cheese Garden Peas Fruit Muffin and Milkshake or Fresh Fruit or Low Fat Yoghurt	Chicken Wrap Served with Steamed Rice Vegetable Sticks or Jacket Potato with Cheese & Beans Chocolate Brownie or Fresh Fruit or Low Fat Yoghurt	Fillet of Fish or Cheese & Egg Slice Served with Steak Fries Garden Peas Sweetcorn Sticky Toffee Pudding and Custard or Fresh Fruit or Low Fat Yoghurt

Week Three	Monday	Tuesday	Wednesday	Thursday	Friday
18/09/17 09/10/17 06/11/17 27/11/17 18/12/17 22/01/18	Chicken & Sweetcorn Pizza or Margherita Pizza Served with Potato Wedges Garden Peas Baked Beans Orange Cookie and Orange Wedges or Fresh Fruit or Low Fat Yoghurt	Spaghetti Bolognese or Quorn Bolognese Served with Crusty Bread Mixed Vegetables Chocolate Crunch and Pink Custard or Fresh Fruit or Low Fat Yoghurt	Roast Turkey or Quorn Roast Served with Sage & Onion Stuffing Mashed Potatoes Broccoli Carrots Eve's Pudding and Custard or Fresh Fruit or Low Fat Yoghurt	Sausage or Veggie Sausage Served with Yorkshire Pudding Mashed Potato Cauliflower & Broccoli Medley Chocolate Krispie Slice or Fresh Fruit or Low Fat Yoghurt	Fishcake or Cheese Pasta Bake Served with Steak Fries Garden Peas Sweetcorn Syrup Sponge and Custard or Fresh Fruit or Low Fat Yoghurt

Please be aware that these dishes may contain traces of nut or nut derivatives
Special dietary requirements can be catered for, please contact our school for details
It may be necessary to change the menu without prior notice