

Weekly Menu

OCTOBER – AUTUMN TERM 2017



food for thought

Week beginning Monday 9 October	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	SOUTHERN FRIED STYLE BREADED CHICKEN FILLETS WITH WRAP & SALSA	BEEF PASTA BAKE WITH CHEESEY TOPPING	ROAST BEEF & YORKSHIRE PUDDING	LAMB MEATBALLS IN PITTA BREAD YOGHURT & MINT DRESSING	BATTERED WHITE FISH WITH TARTARE SAUCE
VEGETARIAN MEAL	ROASTED VEGETABLE PASTA	VEGETABLE CHILLI WITH RICE	PASTA TRICOLOUR, TOMATO OR CHEESE SAUCES	MIXED BEAN BRUCHETTA	HOMEMADE SOUP & BREAD ROLL
VEGETABLES SALADS AND ACCOMPANIMENTS	MIXED SALAD	PEAS & SWEETCORN	CARROTS BROCCOLI ROAST POTATOES	MIXED SALAD	PEAS SWEETCORN POTATO WEDGES
EXTRA BREAD	BREAD ROLLS	BREAD ROLLS	BREAD ROLLS	BREAD ROLLS	BREAD ROLLS
DESSERT & CAKES	APPLE & APRICOT CRUMBLE & CUSTARD	CHOCOLATE & MANDARIN SPONGE & CHOCLATE SAUCE	RICE PUDDING WITH FRUITJAM	CHOCOLATE CRUNCH WITH CUSTARD	SELECTION OF PUDDINGS
MORNING BREAK SAVOURY ITEMS, A SELECTION EACH DAY	BACON ROLLS PIZZA BAPS CHEESE BAPS	PIZZA BAPS CHEESE BAPS BACON & ONION SCONE	PIZZA BAPS CHEESE BAPS BACON & ONION SCONE	PANINIS CHEESE & TOM CHEESE & HAM CHEESE BACON ROLL	BACON ROLLS PIZZA BAPS CHEESE BAPS
SNACK COUNTER	NOODLE BAR BATTERED CHICKEN IN SWEET & SOUR SAUCE	PIZZA SLICE PLAIN PEPPERONI	PASTA WITH A CHOICE OF SAUCES BOLOGNAISE	PIZZA SLICE PLAIN PEPPERONI	HOMEMADE SOUP & ROLL
DRINKS AND OTHER DESSERTS	FRUIT JUICES SMOOTHIES FLAVOURED MILKSHAKES FRESH MILK BOTTLED WATER FREE WATER FRUIT SALAD FRESH FRUIT	FRUIT JUICES SMOOTHIES FLAVOURED MILKSHAKES FRESH MILK BOTTLED WATER FREE WATER FRUIT SALAD FRESH FRUIT	FRUIT JUICES SMOOTHIES FLAVOURED MILKSHAKES FRESH MILK BOTTLED WATER FREE WATER FRUIT SALAD FRESH FRUIT	FRUIT JUICES SMOOTHIES FLAVOURED MILKSHAKES FRESH MILK BOTTLED WATER FREE WATER FRUIT SALAD FRESH FRUIT	FRUIT JUICES SMOOTHIES FLAVOURED MILKSHAKES FRESH MILK BOTTLED WATER FREE WATER FRUIT SALAD FRESH FRUIT
PARKES 2	JACKET POTATOES TUNA/TUNA MAYONNAISE, CHHESE/BEANS SANDWICHES ROLLS & BAGUETTES	JACKET POTATOES TUNA/TUNA MAYONNAISE, CHHESE/BEANS SANDWICHES ROLLS & BAGUETTES	JACKET POTATOES TUNA/TUNA MAYONNAISE, CHHESE/BEANS SANDWICHES ROLLS & BAGUETTES	JACKET POTATOES TUNA/TUNA MAYONNAISE, CHHESE/BEANS SANDWICHES ROLLS & BAGUETTES	JACKET POTATOES TUNA/TUNA MAYONNAISE, CHHESE/BEANS SANDWICHES ROLLS & BAGUETTES

