

# Weekly Menu

NOVEMBER – AUTUMN TERM 2017



food for thought

Week beginning Monday 13 November	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MAIN MEAL</b>	SOUTHERN FRIED STYLE BREADED CHICKEN FILLETS WITH WRAP & SALSA	BEEF PASTA BAKE WITH CHEESEY TOPPING	ROAST BEEF & YORKSHIRE PUDDING	LAMB MEATBALLS IN PITTA BREAD YOGHURT & MINT DRESSING	BATTERED WHITE FISH WITH TARTARE SAUCE
<b>VEGETARIAN MEAL</b>	ROASTED VEGETABLE PASTA	VEGETABLE CHILLI WITH RICE	PASTA TRICOLOUR, TOMATO OR CHEESE SAUCES	MIXED BEAN BRUCHETTA	HOMEMADE SOUP & BREAD ROLL
<b>VEGETABLES SALADS AND ACCOMPANIMENTS</b>	MIXED SALAD	PEAS & SWEETCORN	CARROTS BROCCOLI ROAST POTATOES	MIXED SALAD	PEAS SWEETCORN POTATO WEDGES
<b>EXTRA BREAD</b>	BREAD ROLLS	BREAD ROLLS	BREAD ROLLS	BREAD ROLLS	BREAD ROLLS
<b>DESSERT &amp; CAKES</b>	APPLE & APRICOT CRUMBLE & CUSTARD	CHOCOLATE & MANDARIN SPONGE & CHOCLATE SAUCE	RICE PUDDING WITH FRUITJAM	CHOCOLATE CRUNCH WITH CUSTARD	SELECTION OF PUDDINGS
<b>MORNING BREAK SAVOURY ITEMS, A SELECTION EACH DAY</b>	BACON ROLLS PIZZA BAPS CHEESE BAPS	PIZZA BAPS CHEESE BAPS BACON & ONION SCONE	PIZZA BAPS CHEESE BAPS BACON & ONION SCONE	PANINIS CHEESE & TOM CHEESE & HAM CHEESE BACON ROLL	BACON ROLLS PIZZA BAPS CHEESE BAPS
<b>SNACK COUNTER</b>	<b>NOODLE BAR</b> BATTERED CHICKEN IN SWEET & SOUR SAUCE	PIZZA SLICE PLAIN PEPPERONI	PASTA WITH A CHOICE OF SAUCES BOLOGNAISE	PIZZA SLICE PLAIN PEPPERONI	HOMEMADE SOUP & ROLL
<b>DRINKS AND OTHER DESSERTS</b>	FRUIT JUICES SMOOTHIES FLAVOURED MILKSHAKES FRESH MILK BOTTLED WATER FREE WATER FRUIT SALAD FRESH FRUIT	FRUIT JUICES SMOOTHIES FLAVOURED MILKSHAKES FRESH MILK BOTTLED WATER FREE WATER FRUIT SALAD FRESH FRUIT	FRUIT JUICES SMOOTHIES FLAVOURED MILKSHAKES FRESH MILK BOTTLED WATER FREE WATER FRUIT SALAD FRESH FRUIT	FRUIT JUICES SMOOTHIES FLAVOURED MILKSHAKES FRESH MILK BOTTLED WATER FREE WATER FRUIT SALAD FRESH FRUIT	FRUIT JUICES SMOOTHIES FLAVOURED MILKSHAKES FRESH MILK BOTTLED WATER FREE WATER FRUIT SALAD FRESH FRUIT
<b>PARKES 2</b>	JACKET POTATOES TUNA/TUNA MAYONNAISE, CHHESE/BEANS SANDWICHES ROLLS & BAGUETTES	JACKET POTATOES TUNA/TUNA MAYONNAISE, CHHESE/BEANS SANDWICHES ROLLS & BAGUETTES	JACKET POTATOES TUNA/TUNA MAYONNAISE, CHHESE/BEANS SANDWICHES ROLLS & BAGUETTES	JACKET POTATOES TUNA/TUNA MAYONNAISE, CHHESE/BEANS SANDWICHES ROLLS & BAGUETTES	JACKET POTATOES TUNA/TUNA MAYONNAISE, CHHESE/BEANS SANDWICHES ROLLS & BAGUETTES

