

Term 1 for all year groups: Class charters and working together. Being Me in my World.

**KEY STAGE ONE - YEAR ONE**

Jigsaw piece	Pupils should be taught:	TOPIC	TERM
<u>Being Me in my World</u>	<u>Class charters and working together</u>	Being Me in my World	1
Celebrating Difference	I can tell you some ways I am different from my friends. I understand these differences make us all special and unique.	Celebrating Difference	2
Dreams and Goals	I can tell you how I felt when I succeeded in a new challenge and how I celebrated it I know how to store the feelings of success in my internal treasure chest	Dreams and Goals	3
Healthy Me	I can tell you why I think my body is amazing and can identify some ways to keep it safe and healthy I can recognise how being healthy helps me to feel happy	Healthy Me	4
Relationships	I can tell you why I appreciate someone who is special to me and express how I feel about them	Relationships	5
Changing Me	I can identify the parts of the body that make boys different to girls and can use the correct names for these: penis, testicles, vagina I respect my body and understand which parts are private	Changing Me	6

**KEY STAGE ONE - YEAR TWO**

	Pupils should be taught:	TOPIC	TERM
<u>Being Me in my World</u>	<u>Class charters and working together</u>	Being Me in my World	1
Celebrating Difference	I can identify some ways in which my friend is different from me I can tell you why I value this difference about him/her I can tell you what I like/don't like about being a boy/girl	Celebrating Difference	2
Dreams and	I can explain some of the ways I worked cooperatively in my group to create the end product	Dreams and	3

Goals		Goals	
<b>Healthy Me</b>	I can express how it felt to be working as part of this group I can make some healthy snacks and explain why they are good for my body I can express how it feels to share healthy food with my friends	<b>Healthy Me</b>	4
<b>Relationships</b>	I can identify some of the things that cause conflict between me and my friends I can demonstrate how to use the positive problem solving technique to resolve conflicts with my friends	<b>Relationships</b>	5
<b>Changing Me:</b>	I can recognise the physical differences between boys and girls, use the correct names for parts of the body (penis, testicles, vagina) and appreciate that some parts of my body are private	<b>Changing Me</b>	6

## LOWER KEY STAGE TWO - YEAR THREE

Pupils should be taught:		TOPIC	TERM
<b>Being Me in my World</b>	<u>Class charters and working together</u>	<b>Being Me in my World</b>	1
<b>Dreams and Goals</b>	I can evaluate my own learning process and identify how it can be better next time I am confident in sharing my success with others and know how to store my feelings of success in my internal treasure chest	<b>Dreams and Goals</b>	3
<b>Healthy Me</b>	I can identify things, people and places that I need to keep safe from, and can tell you some strategies for keeping myself safe including who to go to for help I can express how being anxious or scared feels	<b>Healthy Me</b>	4
<b>Relationships</b>	I can explain how some of the actions and work of people around the world help and influence my life and can show an awareness of how this could affect my choices	<b>Relationships</b>	5
<b>Changing Me:</b>	I can identify how boys' and girls' bodies change on the inside during the growing up process and can tell you why these changes are necessary so that their bodies can make babies when they grow up I recognise how I feel about these changes happening to me and know how to cope with these feelings	<b>Changing Me</b>	6

## LOWER KEY STAGE TWO - YEAR FOUR

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	<b>Pupils should be taught:</b>	<b>TOPIC</b>	<b>TERM</b>
<b><u>Being Me in my World</u></b>	<b><u>Class charters and working together</u></b>	<b>Being Me in my World</b>	1
<b>Dreams and Goals</b>	I know how to make a new plan and set new goals even if I have been disappointed I know what it means to be resilient and to have a positive attitude	<b>Dreams and Goals</b>	3
<b>Healthy Me</b>	I can recognise when people are putting me under pressure and can explain ways to resist this when I want to I can identify feelings of anxiety and fear associated with peer pressure	<b>Healthy Me</b>	4
<b>Relationships</b>	I can explain different points of view on an animal rights issue and express my own opinion and feelings on this	<b>Relationships</b>	5
<b>Changing Me:</b>	I can identify what I am looking forward to when I am in Year 5 I can reflect on the changes I would like to make when I am in Year 5 and can describe how to go about this	<b>Changing Me</b>	6

## UPPER KEY STAGE TWO - YEAR FIVE

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	<b>Pupils should be taught:</b>	<b>TOPIC</b>	<b>TERM</b>
<b><u>Being Me in my World</u></b>	<b><u>Class charters and working together</u></b>	<b>Being Me in my World</b>	1
<b>Dreams and Goals</b>	I can describe the dreams and goals of a young person in a culture different from mine and can reflect on how these relate to my own	<b>Dreams and Goals</b>	3
<b>Healthy Me</b>	I can describe the different roles food can play in people's lives and can explain how people can develop eating problems (disorders) relating to body image pressures I respect and value my body	<b>Healthy Me</b>	4
<b>Relationships</b>	I can explain how to stay safe when using technology to communicate with my friends I can recognise and resist pressures to use technology in ways that may be risky or cause harm to myself or others	<b>Relationships</b>	5
<b>Changing Me:</b>	I can describe how boys' and girls' bodies change during puberty I can express how I feel about the changes that will happen to me during puberty	<b>Changing Me</b>	6

## UPPER KEY STAGE TWO - YEAR SIX

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	<b>Pupils should be taught:</b>	<b>TOPIC</b>	<b>TERM</b>
<b><u>Being Me in my World</u></b>	<b><u>Class charters and working together</u></b>	<b>Being Me in my World</b>	1
<b>Dreams and Goals</b>	I can describe some ways in which I can work with other people to help make the world a better place I can identify why I am motivated to do this	<b>Dreams and Goals</b>	3
<b>Healthy Me</b>	I can evaluate when alcohol is being used responsibly, antisocially or being misused	<b>Healthy Me</b>	4

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	I can tell you how I feel about using alcohol when I am older and my reasons for this		
<b>Relationships</b>	I can recognise when people are trying to gain power or control I can demonstrate ways I could stand up for myself and my friends in situations where others are trying to gain power or control	<b>Relationships</b>	5
<b>Changing Me:</b>	I can describe how a baby develops from conception through the nine months of pregnancy, and how it is born and I recognise how I feel when I reflect on the development and birth of a baby	<b>Changing Me</b>	6