



Lindley Junior School

Head Teacher: Mrs C M Jubbs, BA (Hons) QTS, NPQH, LLE

15th September 2017

Dear Parent/Carer,

We are excited to be starting a boot camp club. The club will be run by a qualified sports coach. The sessions are non-sport/skill specific and will help improve strength, endurance, co-ordination and confidence. They incorporate body weight exercises into interval training which allows each child to work at their own pace.

As the coach is a private coach there will be a small charge. The sessions will cost £2 per hour, making a total cost of £12 for 6 sessions. The sessions will run on Monday afternoons from 3.30pm until 4.30pm beginning on **Monday 25th September 2017 until Monday 6th November 2017 (excluding Monday 23rd October)**. This block of sessions is being offered to pupils from Year 5 and Year 6. The pupils taking part will get changed in Y5/4, and will need to be collected from the main entrance at the end of each session.

Due to demand, places may have to be limited, to reserve a place, please complete the slip at the foot of this letter and return it to your class teacher by Friday 22nd September 2017. Payment for the sessions (£12) must be made through the Parentpay system to secure the place.

Yours sincerely

Mrs V L Mortimer
PE Leader

BOOT CAMP CLUB

Name of child..... Class.....

I give permission for my child to attend the boot camp club from 3.30pm until 4.30pm on each Monday from Monday 25th September 2017 until Monday 6th November 2017 (excluding Monday 23rd October). I understand the sessions will cost £2 per session.

I have paid £12 via the Parentpay system.

Signed Parent/Carer.....

