

Working together to achieve excellence



**Dorrington
CE (Aided) School**

Living by our Christian Values of

Peace
Trust
Love
Hope
Friendship



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5 September 2017

Dear Parents/Carers of Dragonfly and Year 1 Children,

Forest School Sessions

During this Autumn Term the children in Dragonfly class and Year 1 will be having their Forest School sessions on Friday afternoons. The sessions will commence this Friday 8th September, please check the Dragonfly class page on our website for any changes.

Our reception children took part in Forest School sessions last year and they proved a great success and were enjoyed by all.

Forest School began as part of Early Years Education in Denmark during the 1980's. Many schools in Shropshire now run Forest School sessions which have been successful with children of all ages. The sessions provide children with the opportunity to visit a 'natural' environment on a regular basis. They will be able to learn about the natural environment, abide by rules and standards of behaviour, handle risks and use their own initiative to solve problems and cooperate with others. Forest School can also develop children's confidence, self-esteem and resilience through hands on learning in a natural setting.

The Forest School sessions will run in all weathers (except for high winds), so children should come to school with suitable outdoor clothing on their Forest School days (please see back of this letter).

If you have any questions about the sessions please speak with me.

Yours sincerely

Miss R Elvins
Dragonfly Class teacher

FOREST SCHOOL SUMMER/AUTUMN/WINTER/SPRING RECOMMENDED KIT LIST

"You can wash away the mud but you can't wash away the experience"

Recommended outdoor clothing for Autumn/Winter/Spring Term

- Wellington Boots
- Warm, thick socks (thermal if possible) or two pairs of thinner socks - Remember wellies have no warmth in them and cold feet are miserable.
- Thick trousers or track suit bottoms for both girls and boys (tights or leggings underneath is a good idea if it is really cold.
- Layers for the top of the body
 - Vest
 - Long sleeved top or T-shirt
 - Fleece or wool jumper
 - A waterproof jacket **and** trousers
(A warm jumper or fleece is better than a coat for wearing underneath the waterproof jacket)
 - Depending on the weather, layers can always be removed
 - Hat, gloves and scarf; very important to keep the chilly winds out.

Recommended outdoor clothing for Summer Term

- Sensible shoes or boots
- Track suit bottoms or jeans
- Long sleeved top
- Waterproof jacket
- Sun hat
- Sun lotion (please also apply some sun lotion on your child before coming to school).

PLEASE CAN YOU NAME ALL YOUR CHILD'S CLOTHES

"There's no such thing as bad weather - just bad clothing"