

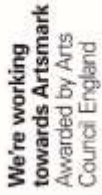
Dear Parents and Carers,

### Active Breakfast

As part of Castle Hills Primary's efforts to encourage pupils to travel more actively to school, and develop a healthy lifestyle, we are running an 'Active Breakfast', to incentivise children to walk to school or come on their bike or scooter. On Friday 13<sup>th</sup> October, everyone who cycles to school on their bike, comes on a scooter or walks will get a **Free Breakfast**. Parents and carers are also encouraged to walk to school or come **by bike or scooter** and to join their children for breakfast.



If you would like to participate in the day, then please complete the reply slip below, and return to the school office by no later than Monday 9<sup>th</sup> October. It is important to let us know if you, as well as your child will be participating in the event, to make sure we have enough food.



Yours Sincerely



Miss K. Ward                          Mrs G. Sneath  
Bike It Champion                      Bike It Champion



LOTTERY FUNDEE

Name of Child: \_\_\_\_\_ Class: \_\_\_\_\_



I wish my child to take part in the Active Breakfast on Friday 13<sup>th</sup> 2017, and I understand that I am responsible for the school journey, and for ensuring that if my child is travelling by bike it is roadworthy, safe to ride and a helmet and reflective clothing are worn.



If my child has any food allergies, I have detailed them on the back of this slip. I understand it is my responsibility to come to the Active Breakfast with them, and inform the breakfast staff of any allergies.

Please indicate here if you as a parent/guardian will also be coming on a bike for breakfast: **Yes/ No**

Signed: \_\_\_\_\_ Date: \_\_\_\_\_

Please return to school by Monday 9<sup>th</sup> October 2017

