

CARROWDORE PRIMARY SCHOOL – updated Sep ‘17

	Monday	Tuesday	Wednesday	Thursday	Friday
04.09.17 02.10.17 30.10.17 27.11.17	Sausages Beans Mashed Potatoes Yoghurt/Fresh Fruit	Savoury Mince Diced Carrots Mashed Potatoes Chocolate Cake & Chocolate Sauce	Roast Beef, Gravy Turnip Mashed Potatoes Ice Cream Jelly & Fruit	Chicken Curry, Rice & Naan Bread Rice Krispie & Milkshake	Fish Fingers Salad Chips/Baked Potatoes Flakemeal Biscuit, Fresh Fruit & Milk
11.09.17 09.10.17 06.11.17 04.12.17	Beef Burger in Bap Lettuce/Cheese/Coleslaw Herb Dice/Baked Potatoes Frozen Smoothie & Fruit	Chicken & Gravy with Creamed Potatoes Peas & Sweetcorn Shortbread, Fresh Fruit & Milk	Roast Turkey, Stuffing Gravy Carrot & Parsnip Mashed Potatoes Fruit Muffin/Milkshake	Pasta Bolognaise Garlic Bread Plain Sponge & Custard	Breaded Fish Beans Chips/Baked Potatoes Melon Wedges
18.09.17 16.10.17 13.11.17 11.12.17	Steak Casserole Carrots Mashed Potatoes Apple Crumble & Custard	Salmon Fishcake Beans Mashed Potatoes Yoghurt & Fresh Fruit	Roast Gammon, Gravy Cabbage Roast/Mashed Potatoes Shortbread, Milk & Fruit	Chicken Curry, Rice & Naan Bread Ice Cream & Chocolate Sauce	Chicken Goujons Sweetcorn Chips/Baked Potatoes Flakemeal Biscuit, Fresh Fruit & Milk
25.09.17 23.10.17 20.11.17 18.12.17	Ham & Cheese Pizza Salad, Coleslaw, Beans Diced/Baked Potatoes Ice Cream Tub & Fruit	Italian Pasta Bake Sweetcorn Crusty Bread Sponge & Custard	Roast Pork, Gravy Peas & Carrots Mashed Potatoes Melon Wedges	Chicken Pie with Potatoes, Gravy, Peas & Sweetcorn Chocolate Cake & Chocolate Sauce	Fish Fingers Beans, Coleslaw Chips/Baked Potatoes Fruit Muffin/Fruit

school food

Try Something New today

www.schoolfoodni.com

*Bread, Fresh Fruit, Yoghurt, Milk
and Water are available daily*

*If you require any additional
Information on allergens or Special
diets please contact the school in the
first instance*

