



## Blackfell Primary School

### PSHE and SEAL Policy



#### **Rationale**

At Blackfell Primary School we seek to provide an environment of mutual respect in which all children are "loved, accepted and valued". We want our children to "leave school prepared for the next stage of their education and confident in their ability to make a contribution to the world". We believe that the PSHE and SEAL curriculum is central to being able to achieve these objectives as it helps the children to learn to understand themselves physically, emotionally and socially; to understand their relationships with others; to become responsible members of society. In this way, social, emotional and health education are at the heart of everything we do in our school.

#### **Aims and Purposes of PSHE and SEAL**

Our aim at Blackfell Primary School is to deliver a curriculum which supports and underpins the values of our school community. This is done through a clear and planned curriculum delivered within an environment which is supportive to emotional health and well-being, and which motivates and equips the children to develop:

- Personal learning (self-awareness, management of feelings and motivation)
- Interpersonal learning (empathy, social skills)
- Effective and satisfying relationships with others

- Respect for similarities and differences
- Independence and responsibility
- Awareness of how to keep themselves and others safe
- An ability to make the most of their abilities
- An ability to play an active role as members of our society
  
- Knowledge of a healthy lifestyle
- The skills needed to make choices
- An awareness of social and moral dilemmas

### **Blackfell's School Environment**

Our school ethos is one where everyone is valued and encouraged, where positive relationships are seen as important, and where the environment is safe, secure and conducive to learning. Therefore we have developed a whole school approach to PSHE and SEAL which involves all members of school, including the lunchtime supervisors, the dinner supervisors and voluntary helpers. We have formed closer links with parents and families and through involving families in activities linked to the topics. The SEAL objectives have been woven across the curriculum, with structured focus on key skills and explicit discussion around these skills and rewards at all levels. We tie our values into the PSHE and SEAL objectives and use collective worship as one of the ways to do this. In this way we hope to achieve a school community which works together to achieve each objective.

## **Blackfell's Curriculum and Delivery**

The school follows the SEAL curriculum and supports and enriches it with other objectives from the PSHE curriculum. All classes have a discrete and planned curriculum time to deliver the SEAL and PSHE objectives. All class teachers are responsible for teaching their part of the curriculum. New themes linked to SEAL curriculum are introduced at the beginning of every half term and teachers reinforce and raise awareness of the themes through other lessons and activities during the day and through the use of a whole school focus on the key skills each half-term. We have also encouraged the development of SEAL and PSHE through other activities such as healthy dinners and snacks, school council, charity events, Anti-bullying week and inviting visitors into school. All children are involved in the SEAL and PSHE curriculum. Teaching styles and planning will provide suitable learning challenges; a response to diverse needs; a range of different activities and an attempt to overcome potential barriers to learning. Where identified, small group work will be carried out with children who have different needs in their social and emotional learning. A range of teaching strategies are employed to provide the breadth of effective learning opportunities in the curriculum for all pupils. These include:

- Discussion (teacher and pupil led)
- Encouragement of active participation from all pupils
- Individual, paired and group tasks
- Responding to class/individual needs and issues, providing discrete sessions to promote pupils' personal and social development
- Circle time
- Role play and drama

- Handling issues outside the classroom in a calm manner which encourages the children to reflect on their own behaviour. This will involve providing support and ideas in relation to solving problems independently.
- Modelling good practice in attitude, commitment and work ethic.
- Use of ICT and a range of other resources
- Visits, trips and visitors into school - developing responsible citizens should also be interwoven within other curriculum areas. For example, when children are taken on a trip, they are to be encouraged to show respect for members of the public and visit leaders listening and showing appreciation for their time.
- Cross Curricular links are made in other curriculum areas as appropriate e.g. R.E., P.E., science, geography and in topic planning.

### **SEAL Curriculum**

The SEAL curriculum covers all year groups from Reception through to Year 6. Each class visit the same themes each year, adding to their learning and developing their skills as they move through school. Through the use of the 5R's the SEAL curriculum will be delivered. The 5 R's resources will be displayed around school, in each class and used in assemblies to help support in the deliverance of PSHE within our school.

Foundation Stage - Red resources

Y1 and Y2 - Blue resources

Y3 and Y4 - Yellow resources

Y5 and Y6 - Green resources

The themes are as follows:

 <b>Whole School Seal Curriculum Overview</b>						
	Autumn Term 1	Autumn Term 2	Spring Term 1	Spring Term 2	Summer Term 1	Summer Term 2
Theme	New Beginnings	Getting on and Falling out (Say no to bullying) (Links to Anti-Bullying Week)	Going for goals	Good to be me	Relationships	Changes

### **Community Involvement**

Links are made with the local community which provides opportunities for pupils' spiritual development. Effective links with the Fire service, Police service and Health service also provide valuable support in promoting personal and social development.

## **Inclusion**

The school will work to ensure that all pupils, including those with special educational needs and able, gifted and talented, are provided with appropriate support in their personal and social development. In order to achieve this, teachers will work to:

- Set suitable learning challenges
- Respond to pupils' diverse learning needs
- Overcome potential barriers to learning and assessment for individuals and groups of pupils
- Additional opportunities to take responsibility, develop leadership skills, think creatively and use their talents for the good of the class or the wider community.

## **Equal Opportunities**

It is the responsibility of all staff to ensure that all pupils, irrespective of gender, ability, race and social circumstance are supported in their personal and social development.

## **Assessment**

We do not assess pupils formally in all areas of the SEAL and PSHE curriculum. However, there are opportunities for pupils to reflect on their progress through regular class discussion. Teachers use observation and discussion as a means to evaluate pupils' knowledge and understanding and how well they use this to develop skills and attitudes. Good participation and progress is rewarded

throughout school by all staff members. Children who have been identified as needing extra support are included in small group work or individualised support programmes. Foundation Stage pupils will be assessed in line with Early Years Foundation Stage profiles.

### **Parental/Carer involvement**

The school aims to involve parents closely in promoting Personal, Social and Health Education by:

- Parents/carers are invited to join in events in school, including class assemblies
- Parents/carers are regularly informed of events and developments via monthly newsletter and school website
- Providing information about Sex and Relationship Education.
- Providing information about Drugs Education.
- Providing opportunities during Parents' Evenings to discuss pupils' personal and social development.

The school believes that partnership with parents and the community enables us to receive specialist support and information to plan the best possible PSHE and SEAL curriculum for our children.

## **Staff Involvement**

All staff in school participates in the SEAL and PSHE scheme. Mrs P Hutchinson is responsible for the programme and for delivering/sourcing staff training and development. The PSHE lead will pass on to staff any further information as it becomes available and will attend any future training courses for this subject, disseminating information as appropriate.

## **Monitoring and Evaluation**

The PSHE lead will monitor planning, teaching and learning and will deliver training and share information during a staff meeting on a regular basis. A review of the policy will be made each year.

This policy, having been presented to, and agreed upon, by the whole staff and Governors, will be distributed to:-

- All teaching staff
- School governors
- Parents/carers (via school website)

A copy of the policy is also available in:-

- The staffroom
- The Headteacher's office
- School Website

The Policy will be readily available to visiting teachers, support staff and parents.

**Note**

This PSHE and SEAL policy should be read in conjunction with the:-

- Health, Safety Policy
- Behaviour Policy
- Child Protection Policy
- Teaching and Learning Policy
- Anti-bullying Policy
- E-safety Policy

**Reviewed November 2016**