

PSHE Long Term Plan

KS1	Lower KS2	Upper KS2
Ourselves	Healthy Bodies	Healthy Eating
Emotions	Keeping safe out and about	Medicines and drugs
Keeping Safe at home	Enterprise	Keeping safe
Looking after our environment	Living things and their habitats	Changes – Growing and Changing
Keeping safe out of the home	Playing and learning together with friends	Enterprise
Caring and Belonging	Medicines and drugs	My abilities