

One of the fastest 5 Mile Road Races in the country

The



ALSAGER 5

ENVISAGE
BRAND EXPERIENCES

CHIP TIMING
TECHNICAL T-SHIRT TO ALL FINISHERS



ON SUNDAY 4TH FEBRUARY 2018
5 MILE ROAD RACE



11.00AM START
FROM ALSAGER LEISURE CENTRE (NEAR CREWE)



PRIZES TO FIRST 3 MALES AND FIRST 3 FEMALES
PLUS ALL THE USUAL VETS CATEGORIES

Accurately measured course
Under UK Athletics Rules
Licence Number 2018-31868



ENTRY FEES: (PLEASE MAKE CHEQUES PAYABLE TO GRASSROOTS RUNNERS)

Club Runners.....£14.00; Unattached.....£16.00;

N.B. Entries on the day (if available) will be subject to a £1.00 administration charge

Please return the completed entry form below with a 9x6 S.A.E. to:

Ken Rushton 6 Gardenholm Close, Lightwood, Stoke-on-Trent, ST3 7YQ

For further details telephone: Ken Rushton (01782) 330853 or Paul Robotham (01782) 720384. Or kenrushton54@gmail.com

ENTRY FORM

Please Tick: Male <input type="checkbox"/>		Female <input type="checkbox"/>	
Surname:		First Name:	Other Initial:
Race Day Hoodies £19-50 (If purchasing please include with your race entry fee)		Please circle size required S M L XL	
U.K Affiliated Club: (if not a club member write unaffiliated)		NSRRA No: (Leave blank if you are not a member)	
Age on race day: <u>*NB Entrants under 18 years of age must have signed permission from parent or guardian.</u>		UK Athletics number:	
		Total Amount enclosed: £	
Address:			
Telephone number: (Day)		(Evening)	
Minimum age for the 5 Mile Road Race is 15 years on or before the race day. I declare that: (1) I am an amateur under UK Athletics rules; (2) I will abide by the UK Athletics laws and rules; (3) I enter and intend to run entirely at my own risk.			
Runner's Signature:		* Parent's/ Guardian's Signature:	
Date:			

Why not visit our web site at www.alsager5.co.uk