



The Spinney Children's Centre Jan-Mar 2018



Monday	Tuesday	Wednesday	Thursday	Friday
<p>9.30-11.00 Stay & Play 0-5yrs drop in, 15 max term time only</p> <div data-bbox="152 705 392 893" style="border: 1px solid black; padding: 5px; text-align: center;"> <p>Follow us on Facebook</p> </div> <p>12.00-4.00 Guildford Families Team Youth Support Officer</p> <p>2.00-3.30 Child Health Clinic Drop in clinic</p>	<p>9.30-11.30 123 Magic Parenting Course or Cookery Course*</p> <div data-bbox="564 742 824 1136" style="border: 1px solid black; padding: 5px; text-align: center;"> <p>*Booking required, please call 01483 510570 for further information</p> </div> <p>1.00-4.00 1 & 2 yr. Development Checks Appointments via Health Visitor</p>	<p>9.00-12.00 Midwives Clinic Appointment only</p> <p>9.30-11.30 Parenting/Adult* Learning Courses</p> <p>2.00-3.30 Toy Library drop in</p>	<p>9.00-10.30 Stay & Play 0-5yrs drop in, 15 max</p> <p>9.30-2.00 Job Club</p> <p>1.30-3.00 Stay & Play 0-5yrs drop in, 15 max</p> <p>2.30-4.00 Midwives Smoking Cessation Drop in for pregnant smokers & partners, monthly</p>	<p>9.15-10.15 Friday Fitness* @ St. Clare's</p> <p>10.00-11.30 Pre-walker Baby Group drop in, 18 max</p> <p>10.00-11.30am Starting Family Foods Monthly Appointments via Health Visitor</p> <p>2.00-3.30 Chatterbox* Communication Group</p>





The Spinney Children's Centre

Southway, Guildford, GU2 8YD

01483 510570

www.thespinneycc.org.uk

childrenscentre@guildfordgrove.surrey.sch.uk

Child Health Clinic Drop in

Get your child weighed and have the opportunity to speak with a health professional.

Midwives Appointments Booking required

Antenatal clinic for Mums to be

1yr and 2yr Development Checks Booking required

By appointment only the checks are an opportunity for a Health Visitor to observe your child and for you to ask any questions or raise any concerns you may have.
Please call the Health Visiting Team directly on 01483 783288.

Stay & Play Drop in

Fun interactive sessions for parents and children under 5yrs to play together.

Pre-walker Baby Group Drop in

For babies from birth to walking. Staff will be on hand for advice on all aspects of life with your baby including breastfeeding, feeding and general development.

Chatterbox Booking required

6 week activity session for children aged 2-5yrs who may need a little extra help developing their communication and language skills.

Employment Support/Job Club

Please call 01483 510570. Help with job search, volunteering opportunities, CV writing, application and interview support.

Starting Family Foods Booking required

When to introduce your baby to solid foods, what to prepare and what to avoid. Please call the Health Visiting Team directly on 01483 783261.

Friday Fitness Booking required

Weekly fun fitness class at St. Clare's Church, tailored to suit your own ability.
Funded through Project Aspire, priority will be given to those living within our local postcodes. Booking required on a week to week basis.