

"To provide an education for all, which has at its very heart the values and ideals of the teachings of Jesus Christ."



St. James' Catholic Primary School

RSE Statement

The governors at Saint James; Catholic Primary School have adopted the 'All that I am' programme to support the non-statutory relationships and sex education in Years 5 and 6. The programme of study is authentic to the teaching of the Catholic Church.

As part of our commitment to you, we will hold a meeting annually for the parents and carers of children in Years 5 and 6 to discuss the programme. You have the right to withdraw your child from this aspect of the curriculum however, this is not to be confused with curriculum Science which is statutory.

If you require any further clarification regarding this aspect of the curriculum please contact: Mr G Hayes Headteacher

September 2018

The school intends to adopt the new Liverpool Archdiocesan RSE programme 'A Journey in Love' from September 2018.

A Journey in Love Content Overview

A Journey in Love has at its foundation the belief that we are made in the image and likeness of God and as a consequence, gender and sexuality are God's gift.

In order that children may grow and develop healthily and holistically towards an understanding of their gender and its implications for relationships, they must be at ease with themselves and grow in knowledge.

An aspect of the mystery of love is treated in each year group. In each stage of a child's growth in the primary school there are a series of suggested, progressive and developmental tasks, reflections and activities which focus on physical, social, emotional, intellectual and spiritual development.

There is a teacher's book with the suggested tasks, activities, prayers, scripture, key vocabulary and learning objectives. There is also an accompanying DVD.

RSE is now a statutory requirement for primary schools. The content of this resource has been passed by the Bishops. As a result the content must be taught in line with the church teachings. In which year group we teach the content is up to individual schools. The only part of the content which is not statutory is sexual intercourse.

Reception - God loves each of us in our uniqueness

Learning Objective

Children know and understand that God has made them unique and that although we are different we are all special to him.

Key Words:

- God
- Unique
- Different
- Special
- Eyes
- Hair
- Boy/girl
- Hands

- Fingers
- Name
- Family
- Womb
- describe

Physical

1. Does it matter if we are different?
2. Look at me - How am I different to you?
3. Look at you - How are you different to me?

Social

1. With whom do I play with at school/home?
2. Why does (x) play with me?
3. Name favourite games.

Emotional

1. How do you feel about your friends?
2. Do you both have other friends at school/home?
3. Why do you play with them?

Intellectual

1. Is it important to have friends?
2. Describe a good friend.

Spiritual

1. Is Jesus our Friend?
2. Read the story 'Jesus Welcomes the Little Children' and talk about children being special to God.
3. Who is the Mother of Jesus? Why is she special?
Jesus grew for nine months in Mary's womb.

Year 1- We meet God's love in our family

Learning Objective

Children know and understand that they are growing and developing as members of their own family and God's family.

Key Words:

- Unique
- Friend
- God
- Important
- Different
- Special

Physical

1. Who is in my family?
2. How many children have babies in their families?
3. Remind children that babies come in different sizes: some have long legs, some with hair, some without hair and some big some small.
4. Talk about how fast babies change and grow.

Social

Children are asked to find out what age first steps/words occurred to draw out the social dimension of human growth and development within the family and the development of social skills

Emotional

1. What are the happiest moments in your family/
2. What are the saddest moments in your family?
3. How is love shown in your family?

Intellectual

1. Why do we need to grow up in families?
2. What happens if you grow up without a family? Would it be a happy experience?
3. What would you miss? How would life be different?

Spiritual

It is assumed that Baptism will have been covered in 'Come and See'.

1. We are members of God's family
2. How were we born into God's family?
3. What special do we give to God as members of God's family.

Year 2 - We meet God's love in the community

Learning Objective

Children know and understand that they are growing and developing in a God-given community.

Key Words:

- God
- Community
- Belonging
- Family
- Father/Mother
- Carer/Guardian
- Emotions

Physical

1. Do you belong to a community?
2. What other community do you belong to?
3. How do you belong to these communities?

Social

1. Is belonging to a community important?
2. What do we receive from the community we belong to?
3. What do we give to the community we belong to?

Emotional

1. How does a community help us to develop our feelings and emotions?
2. Are we always happy in our community?
3. Are we, as a community, sometimes sad or upset?

Intellectual

1. Could people feel alone even though they belong to a community?
2. What would they miss out on?
3. What are the advantages of being on your own?

Spiritual

1. If God is called 'Our Father' what does that make us?
2. As children of God how should we treat each other?

Year 3- How we live in love

Learning Objective

Children know and understand the virtues essential to friendship and experience the importance both of forgiving and of celebrating God's forgiveness.

Physical

1. Who takes care of me?
2. How do I look after myself?
3. How am I changing?

Social

1. How do I keep myself safe?
2. How do I help others to make and keep friends?
3. How do I take care of others?

Emotional

1. How do you feel when a friend is not there for you?
2. How do your friends feel when you are not there for them?
3. How can you be a more supportive friend?

Intellectual

1. Can you recognise the difference between being alone and being lonely?
2. To recognise the need for personal privacy e.g. personal space.

Spiritual

1. Read/Sing the story of Zacchaeus who was an outcast. Jesus accepted him as a friend, welcomed and forgave him.
2. How can I forgive and include others as Jesus did?
3. Write down what you like about your friend then share.

Year 4 - God loves us in our differences

Learning Objective

Children know and understand that they are all different and celebrate differences as they appreciate that God's love accepts us as we are and as we change.

Key Words:

- God
- Gifts/talents
- Difference
- Development
- Change
- Male/female body parts
- Conflict
- Appreciation
- Celebrate
- Achievement

Physical

1. Continue to recognise that all pupils grow and develop at different rates.
2. Name the different male and female body parts and introduce their various functions.
3. Identify the development of the baby in the womb.

Social

1. How do I learn to accept and celebrate who I am?
2. How do I accept difference in others?
3. How do I deal with difference and manage the conflicts that arise.

Emotional

1. How do I appreciate my own gifts, talents, achievements and all that makes me unique?
2. How do I appreciate others and the gifts they have been given?
3. How do I deal with the natural, negative emotions that present themselves?

Intellectual

1. Can I identify and name my feelings?
2. Do I know and understand what these feelings are?
3. How do I deal with what I feel and can I analyse my feelings and actions?

Spiritual

Look at St Paul's teaching on love.

Year 5- God loves me in my changing and development

Learning Objective

Children know and become aware of the physical and emotional changes that accompany puberty- sensitivity, mood swings, anger, boredom, etc. and grow further in their understanding of God's presence in their daily lives.

Key Words:

- God
- Sensitivity
- Puberty
- Presence
- External
- Internal
- Change
- Develop
- Ovulation
- Reproduction
- Hormones
- Menstruation

Physical/Intellectual

1. Identify and celebrate the way they have changed since birth.
2. Discuss the external and internal changes which happen to boys and girls in puberty. (see attachment)

Social/ Emotional

1. Recognise behaviour changes as we grow up. Expectations are different and are often dependent on our experience and treatment by others and our view of the world in which we live.
2. Reflect on ways to become more sensitive to the emotional development of oneself and others.

Spiritual

Share with each other and celebrate the wonder of change.

Year 6 - The wonder of God's love in creating new life

The Christian teaching is that babies should be conceived as the fruit of a loving, married relationship.

Learning Objective

Children develop, in an appropriate way for their age, an understanding of sexuality and grow further in their appreciation of their dignity and worth as children of God.

Key Words:

- God
- Christian
- Appropriate
- Dignity
- Sexuality
- Intercourse
- Fallopian
- Conceive
- Relationship
- Uterus
- Cervix
- Marriage
- Fiancé
- Fiancée

Physical

1. Explain how human life is conceived. (see attachment)

Emotional

Relationships develop and eventually you may be able to use the world love.

Social

1. Recognise and complete a list of the signs of love expressed in those around us.
2. Reflect on the different degrees of friendship that exist

Spiritual

1. Understand that *God* causes new life to begin through the love that parents have for each other.
2. Celebrate *God's* creative love in creating us as his children and recognise that we grow as human beings to the extent we give and receive love. The on-going understanding of marriage is living out love
3. As Christians we can appreciate the sheer wonder of the sexual act. *God* created the incredible natural process by which husband and wife bring new life into the world. The Church celebrates all this in the Sacrament of Marriage.