

**Granby & Dingle Children's Centre @ Granby Site, Eversley Street  
0151 233 3200**

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

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**English Conversation Class**

Mixed ability class  
10 - 11.15

No need to book, just come along, children welcome.

Contact Jane for further details

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**General Advice & Information with Lynzi**

Would you like help with a problem? perhaps you have received a letter you don't understand?

Book an appointment with Reception

**Music, Rhythm and Rhyme @ Toxteth Library Windsor Street**

10.30 - 11.30

Come and join in the fun  
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**Drop In Baby Weigh In**

9.30 - 11.30

Please arrive early to book your weigh in slot.  
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**Sensory Babies**

09.30 - 11.30

A fun DROP-IN session Incorporating 'BAMBIS' Breastfeeding Support.

Contact Leanne for details.

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**Credit Union**

12.00-1.00pm

**Want to Save?**

"Come & save with us"

Helps you budget for holidays, birthday's, celebrations.



Ask Lynzi for details

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**Early Communication Group**

11.00-12.00

Concerns around your child's communication or interaction?

Book with Rebecca

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**BookStart Programme**

Bookstart is a national programme that encourages all parents and carers to enjoy books with their children. The programme is delivered in your home. This can be booked with Kim.



bookstart

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**Think Positive**

3 Week Course delivered by

Blackburn House

Where are you now?  
Where would you like to be

**Job Café**

National Career's Service

Do you need a CV?

JCP & Job Club

Call reception to book.

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**Mersey Waste Munchers**

**Project**

Cookery course for parents (no crèche available)

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**The Nurture Programme**

12 Week Course

How to get the best out of family life.

For information and to book a place please contact Lynzi

**Citizen's Advice Bureau**

Better off Finance

Book your appointment with reception

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**Physical Fun**

09.30 - 10.15

A fun filled physical activity session with Leanne

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**Messy Play**

1.30 - 2.45 ( 0-5yrs)

Messy Art and Craft Activities for you and your child with Kim.

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**Stay and Play**

1.30 -3.00

Children enjoy activities which promote their development and parents can make new friends. Ask Kim about a Learning Journey for your child.

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**You and Me Mum**

1.-3 pm

10 week course focusing on building a positive relationship with your child.

Call Tara to book.

**Sensory Room**

Please call to book 9.30 - 11.30

**Healthy Me Course**

Contact Leanne for times and to book.

**Yum Yum Yummies**

A healthy cooking course for parents and their children.

Contact Leanne for details of times.

**The Friday Club**

1.30 -3.00

With Jenny & Lynzi Sewing, Knitting and much more.

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**Change It**

Progress to Success

8 week confidence and resilience programme.

1-3 pm Delivered by the Womens Organisation.

This must be booked, Please book with Tara

**Granby & Dingle Children's Centre @ Dingle Site, Dingle Lane  
0151 233 4930**

**Monday**

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**Maths & Science Play Session with Kim**  
**10 - 11.00**

incorporating early maths and science play.

Ask Kim about a Learning Journey for your child.

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**SEN Drop In Support**

Drop In for advice for parents around Behaviour, Sleep, Sensory Issues and any other concerns that you have.

**9.30 - 11.00**

**Music, Rhythm and Rhyme @ Toxteth Library Windsor Street**

**10.30- 11.30**

Come and join in the fun

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**Baby Massage**

Contact Reception to book a place- (no crèche places)

**10.30 - 11.30**

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**Community Midwife**

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**Bookers Clinic.**

**Soft Play**

**11 - 12 Please call to book**

**Feel Good Factor**

**10.00 - 12.00**

**Starting February**

A self-esteem and confidence course with Tara and Lynzi.

Call to Book

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**Sensory Room Sessions**

**10- 11**

**Please call to book**

**BookStart Programme**

Bookstart is a national programme that encourages all parents and carers to enjoy books with their children. The programme is delivered in your home. This can be booked with Kim.



bookstart

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**Physical Activity Session**

A fun filled physical activity session in Soft Play with Nicola.

**10.30-11.30**

**You and Your Child**

**10.00 - 12.00**

**Creche Available.**

**Call Tara or Lynzi to book.**

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**Soft Play**

**11 - 12 Please call to book**

**Community Physio**

Community Physio Appointments with Reshma.

Appointments need to be booked

**9.45 - 11.30**

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**Messy Play**  
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Messy Art and Craft Activities for you and your child with Karen.

**Sensory Room Sessions**

**11 - 12**

**Please call to book**

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**Community Midwife**

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**Bookers Clinic.**

**Watch, Wait and Wonder**

**1.30 - 2.30**

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**Drop In Baby Weigh In**

**1.30 - 3.30**

Please arrive early to book your weigh in slot.

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**Sensory Babies**

**1.30 - 3.30**

A fun DROP-IN session Incorporating 'BAMBIS' Breastfeeding Support.

Contact Leanne for details .

**Chinese Families Group**

**3.00 -4.30**

**Early Communication Group**

**1.00 - 2.00**

Concerns around your child's communication or interaction?

Book with Karen and Rebecca

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**1.00 - 2.00**

**Child Development Sessions for parents.**

Learning Journeys for parents to mark your child's milestones.

**Mamafit**

**2.00- 4.00**

**Job Café**

National Career's Service

Do you need a CV?

JCP & Job Club

Call reception to book.

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**Stay and Play**

Children enjoy activities which promote their development and parents can make new friends.

Ask Karen about a Learning Journey for your child.

**1.30 - 3.00**

**Coming Soon:**

- **CAB Energy Event**
- **CAB Universal Credits**
- **Cooking**
- **Paediatric First Aid**
- **Budgeting Course**
- **Dental Health**
- **Employability Courses**

