

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Chilli Chicken	Pasta and Meatballs	Cheese & Tomato Pizza	Roast Chicken with stuffing and gravy	Baked Fish Fingers
Vegetarian & Halal	Vegetable Chilli	Pasta and Quorn Meatballs		Quorn Fillet with stuffing and gravy	
Dessert	Homemade Flapjack	Creamy rice pudding	Cherry crumble with custard	Banana Cake	Vanilla Ice Cream
Fork Mashed or Soft Chopped	Vegetable Chilli	Pasta & Steamed Quorn Meatballs	Steamed Fish	Steamed Quorn Fillet	Steamed Fish Fingers
Smooth Puree	Pureed Vegetable Chilli	Pureed Ravioli	Pureed Steamed Fish	Pureed Steamed Quorn	Pureed Steamed Fish Fingers
Intolerances/Dietary Needs	Lactose Free Vegetable Chilli	Pureed Quorn burger	Steamed Fish	Veggie burger	
Daily Vegetables/Side Dish	Rice Cauliflower Peas	Broccoli Mixed Vegetable Garlic Bread	Baked Beans Coleslaw Half Jacket Potato	Carrots Cauliflower/Broccoli Mashed Potato	Baked Beans Chips
Daily Extras			Daily Sponge Custard Cheese & Crackers Yoghurt Fruit Pots	Gravy Bean Sauce Parsley Sauce Bread	

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Chicken Fillet with Sweet Peppers & Paprika	Baked Beef Sausage with mini yorkshire puddings and gravy	Cheese & Tomato Pizza	Homemade Chicken & Vegetable pie	Baked Fish Fingers
Vegetarian & Halal	Quorn Fillet with Sweet Peppers & Paprika	Baked Quorn Sausage with mini yorkshire puddings and gravy		Vegetable Pie	
Dessert	Apple Sponge	Date slice and custard	Chocolate sponge with choc sauce	Sponge	Strawberry ice cream
Fork Mashed or Soft Chopped	Steamed Quorn Fillet with Sweet Peppers & Paprika	Steamed Quorn Sausage and gravy	Steamed Fish	Vegetable Stew	Steamed Fish Fingers
Smooth Puree	Puree Quorn Fillet with Sweet Peppers & Paprika	Pureed Quorn Sausage and gravy	Pureed Fish	Pureed Vegetable Stew	Pureed Fish Fingers
Intolerances/Dietary Needs	Pasta	Vegetable Burger	Steamed/Pureed Fish	Lactose Free Vegetable Stew	Fish Fingers
Daily Vegetables	Cauliflower Mixed Vegetables Rice	Carrots Swede Mashed Potato	Baked Beans Coleslaw Half Jacket Potato	Broccoli Carrots Roast Potatoes	Baked Beans Chips
Daily Extras	Daily Sponge Custard Cheese & Crackers Yoghurt Fruit Pots Gravy Bean Sauce Parsley Sauce Bread				

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Chicken Kerala Curry & Naan Bread	Cheese Flan	Beef Burger and mashed potato	Chicken Fillet and BBQ Sauce	Baked Fish Fingers
Vegetarian & Halal	Vegetable Kerala Curry & Naan Bread		Quorn Burger in a bap	Quorn Fillet and BBQ Sauce	
Dessert	Chocolate Brownie	Sponge	Apple shortcake and custard	Steamed ginger sponge and custard	Chocolate ice cream
Fork Mashed or soft chopped	Vegetable Kerala Curry & Naan Bread	Cheese Omelette	Steamed Quorn Burger and Mashed Potato	Steamed Quorn Fillet and BBQ Sauce	Steamed Fish Fingers
Smooth Puree	Pureed Vegetable Kerala Curry & Naan Bread	Plain Omelette	Pureed Quorn Burger	Pureed Quorn Fillet and BBQ Sauce	Pureed Fish Fingers
Intolerances/Dietary Needs	Steamed/Pureed Quorn Sausage	Pasta	Quorn Burger	Vegetable Stew	Fish Fingers
Daily Vegetables	Mixed Vegetables Cauliflower Rice	Baked Beans Jacket Potato Half	Broccoli Carrots Mashed Potato	Jacket Potato Wedges Cauliflower Mixed Vegetables	Baked Beans Chips
Daily Extras	Daily Sponge Custard Cheese & Crackers Yoghurt Fruit Pots Gravy Bean Sauce Parsley Sauce Bread				

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