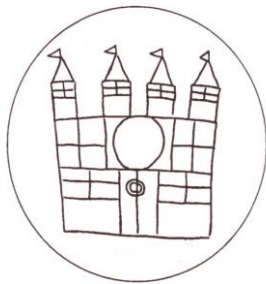


The Bridge Partnership



“Bringing out the best in everyone” **“Everyone matters; everyone is important”**

PHYSICAL EDUCATION SAFETY POLICY

Adopted : Spring 2016
Responsibility: Learning Matters
Review: academic year 2018-19

"True safety is an individual concept, not an externally imposed set of regulations. It is therefore important that from the earliest stage, children should be taught how to move and set up apparatus correctly."

(Curriculum Policy Statement for PE - Bucks CC Education Department 1989).

Within the National Curriculum, safety is emphasised under general requirements relating to all key stages. At Ashbrook School, we consider safety to be of paramount importance in PE and therefore we strive to instil this in all pupils from entry to the school.

Accommodation

- Pupils should not be allowed in areas such as hall and playground without supervision.
- The floor should be clean, and the working surface not slippery.
- There should be no protruding objects or sharp corners.
- Staff are responsible for doing a quick risk assessment each time they use the hall or outdoor area.

Apparatus

- All equipment is stored in a way, which is safe, and makes it readily accessible to both staff and pupils.
- Children should be taught how to correctly lift and carry each piece of equipment.
- There should always be sufficient children to carry each piece of apparatus.
- All apparatus should be lifted away from the wall before being moved into position, by at least two children.
- When lifting, children should bend at the knees, and not at the back.

- Children should look in the direction they are moving, never walking backwards.
- Each piece of apparatus must be checked by the teacher before any child uses it.

Mats should always be lifted (never dragged) by four children. One at each corner, wide arms with thumbs on top.

Benches, Planks and Ladders should always be lifted by four children, two on each side (no twisted arms).

Tables should always be lifted by at least four children, and movement should be sideward - two on each side.

Wall Bars, children may help to get these out, but the teacher must check the tensioning cable and bolts.

Storage boxes, at least two children are needed to carry this equipment.

Placement of Apparatus

- Apparatus should be placed, ready for use, with sufficient space between pieces/combinations, for children to move safely.
- Mats should be considered as pieces of apparatus and care should be taken about the positioning of mats.
- Beware of doors, steps and stair lift that give access in to the PE area.

The Lesson

Children walk to the hall in shoes/plimsolls and remove these once in the hall. (Unless required for a particular activity) They are to be stored in a safe place.

- All teachers should always start lessons with a warm up.
- Teachers should, at all times, be in a position to view all children working.
- Teachers should always conclude lessons with a cool down.
- The atmosphere should be calm throughout.

PE Kit

- Children must change in to PE kit for all lessons.
- Shorts/ leggings and T Shirt are to be used for gymnastics and dance.
- Warm tracksuits can be added to wear for outdoor games. Plimsolls are to be worn.
- Long hair must be tied up and clips removed.
- Jewellery should never be worn, ear rings can be covered with tape for 6 weeks only and parents are responsible for this. In Gymnastics a teacher may choose to limit the equipment used by anyone in ear rings (taped) if it is deemed unsafe.
- If a bangle is worn for religious reasons we will discuss with parents and if they do not want it removed then it is acceptable for this to be worn during all PE lessons.

In Case of a Fire

Indoors

Teachers should lead children through a safe route out on to the playground in PE kit with shoes. (Unless for any reason it is impractical to collect them) Usually through hall door and up path in through playgroung/car park gates. A Teaching assistant to bring up the rear of the line.

Outdoors

Teacher to line the children on the playground according to usual fire procedure in their PE