



Eton Porny C. of E. First School

Lunch Menu: February 2018 – July 2018

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 1	MEAT/FISH	Chicken and Vegetable Pie with Mashed Potato	Salmon Pasta and Garlic Bread	Roast Lamb , Roast Potatoes and Yorkshire Pudding	Beef Burger with Herb Diced Potatoes	Battered Cod Fillet and Chips
	VEGETARIAN	Vegetable Fajitas with Wholegrain Rice	Cheese and Tomato Quiche with Diced Potatoes	Roast Quorn and Roast Potatoes	Pizza Pin Wheel with Salad	Vegetable Lasagne with Garlic Bread
	JACKET POTATO	Cheese, Baked Beans or Tuna Mayonnaise	Cheese, Baked Beans or Tuna Mayonnaise	Cheese, Baked Beans or Tuna Mayonnaise	Cheese, Baked Beans or Tuna Mayonnaise	Cheese, Baked Beans or Tuna Mayonnaise
	VEGETABLES	Sweetcorn	Broccoli	Carrots and Cabbage	Mixed Salad	Peas or Baked Beans
	DESSERT	Chocolate and Mandarin Sponge with Chocolate Sauce	Blackberry and Apple Flapjack	Ice Cream	Pear Crumble and Custard	Cheese and Biscuits
WEEK 2	MEAT/FISH	Chicken Fajitas with Wholegrain Rice	Turkey Meatballs with Spaghetti and Tomato Sauce	Roast Chicken, Roast Potatoes and Stuffing	Pork Sausages, Mashed Potato and Gravy	Battered Cod Fillet and Chips
	VEGETARIAN	Cheese and Tomato Pizza with Salad	Vegetarian Sausage in a Roll with Potato Wedges	Stir-Fry Vegetable Noodles	Mashed Potato Topped Vegetable Pie	Vegetable Curry with Wholegrain Rice
	JACKET POTATO	Cheese, Baked Beans or Tuna Mayonnaise	Cheese, Baked Beans or Tuna Mayonnaise	Cheese, Baked Beans or Tuna Mayonnaise	Cheese, Baked Beans or Tuna Mayonnaise	Cheese, Baked Beans or Tuna Mayonnaise
	VEGETABLES	Broccoli	Green Beans	Carrots and Cauliflower	Peas	Peas or Baked Beans
	DESSERT	Pineapple Upside Down Cake and Custard	Strawberry Mousse	Carrot Cake	Shortbread Biscuit	Cheese and Biscuits
WEEK 3	MEAT/FISH	Chicken Goujons with Potato Wedges	Meat Lasagne with Garlic Bread	Roast Turkey, Roast Potatoes and Stuffing	Chicken and Sweetcorn Pizza with Salad	Battered Cod Fillet And Chips
	VEGETARIAN	Macaroni Cheese with Garlic Bread	Sweet and Sour Quorn with Wholegrain Rice	Wholemeal Spaghetti Quorn Bolognaise	Vegetarian Burger in a Bun with Herb Diced Potatoes	Tomato Pasta Bake with Garlic Bread
	JACKET POTATO	Cheese, Baked Beans or Tuna Mayonnaise	Cheese, Baked Beans or Tuna Mayonnaise	Cheese, Baked Beans or Tuna Mayonnaise	Cheese, Baked Beans or Tuna Mayonnaise	Cheese, Baked Beans or Tuna Mayonnaise
	VEGETABLES	Mixed Vegetables	Sweetcorn	Carrots and Parsnips	Coleslaw	Peas or Baked Beans
	DESSERT	Banana Sponge and Custard	Pear and Raisin Flapjack	Ice Cream	Apple Crumble and Custard	Cheese and Biscuits

Available Daily:



