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Woodlands School,

Woodlands Newsletter

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Breakfast Donations



As part of our drive to obtain our Bronze Award with Food for Life we offer fruit and natural fruit juice along with bagels each morning, for breakfast. We would be grateful for £1.00 per week donation to enable us to continue to be able to offer a healthy breakfast.

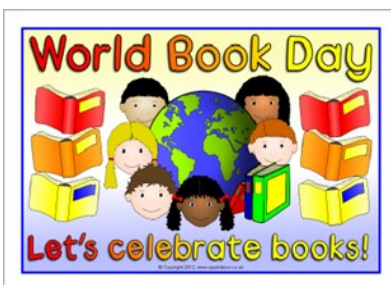
Happy Birthday



We would all like to wish **Jemima** our buddy dog a Happy 5th Birthday on the 20th February



World Book Day 1st March 2018



On Thursday 1st March it is World Book Day 2018! This year we are asking pupils and staff to wear a Onesie and bring their favourite book to read and share in class. Throughout the day pupils will have an opportunity to read for pleasure and take part in Read for Good if they wish. This is a sponsored reading activity to promote reading and raise money to provide books for children in hospital. There will be a range of exciting activities for pupils to take part in to promote a love of reading, as well as the chance to buy a World Book Day Book using their voucher.



Menu w/c 26th February 2018



	Hot Choice 1	Hot Choice 2	Deli Bag
Mon	Chicken & Broccoli Pasta Bake	Quorn Sausages	BBQ Chicken Wrap
Tues	Beef Meatball in a bun	Cheesy Pasta	Ham Sandwich
Weds	Roast Chicken	Margherita Pizza	Cheese & Cucumber Sandwich
Thurs	Beef Cottage Pie	Salmon Fingers	Sausage Salad Baguette
Fri	Fish Fillet & Chips	Vegetable Chow Mein	Crunchy Cheese Wrap

Please contact the office on 01675 463590 a week in advance to place your deli-bag orders for Primary pupils. This is a healthy and delicious alternative to the hot choice!

If your child is ill

If your child is ill, it's likely to be due to one of a few minor health conditions. Whether you send your child to school will depend on how severe you think the illness is. Use this guidance to help you make that judgement.

Remember: if you're concerned about your child's health, consult a health professional.

- * **Cough and cold.** A child with a minor cough or cold may attend school. If the cold is accompanied by a raised temperature, shivers or drowsiness, the child should stay off school, visit the GP and return to school 24 hours after they start to feel better. If your child has a more severe and long-lasting cough, consult your GP. They can give guidance on whether your child should stay off school. .
- * **Raised temperature.** If your child has a raised temperature, they shouldn't attend school. They can return 24 hours after they start to feel better.
- * **Rash.** Skin rashes can be the first sign of many infectious illnesses, such as chickenpox and measles. Children with these conditions shouldn't attend school. If your child has a rash, check with your GP or practice nurse before sending them to school.
- * **Headache.** A child with a minor headache doesn't usually need to be kept off school. If the headache is more severe or is accompanied by other symptoms, such as raised temperature or drowsiness, then keep the child off school and consult your GP.
- * **Vomiting and diarrhoea.** Children with diarrhoea and/or vomiting should definitely be kept off school until 48 hours after the last occurrence. Most cases of diarrhoea and vomiting in children get better without treatment, but if symptoms persist, consult your GP.
- * **Sore throat.** A sore throat alone doesn't have to keep a child from school. But if it's accompanied by a raised temperature, your child should stay at home.
- * **Chickenpox.** If your child has chickenpox, keep them off school for five days after the rash first appears.

Hope everyone has a great half term see you all on Monday
26th February