

PE Curriculum Year 3/4

	Autumn	Spring	Summer
2017 2018	Gym - Balances, shapes, actions and directions, apparatus. Games - Ball skills Tag Rugby OAA - Orienteering	Gym - turning, jumping, partners, apparatus Dance- Playground Games Games - Ball skills, Unihoc	Outdoor athletics Over the net skills -Tennis Striking and fielding skills - Rounders/Cricket
	Gym - match vs Contrast, L shaped pathways and contrast, tuck and pin Dance - Partake Roman Invaders Games - Boccia, All ability, Paralympian Indoor athletics	Gym - full, half turns, under and through, apparatus Dance - Spring in the garden, ponds Games - Balls skills Netball,	560 - Selection of taster sessions of different games to promote physical fitness and fundamental skills. Outdoor & Adventurous Activities - Lea Green visit
Forest Schools weekly -links to Outdoor and Adventurous skills, Geography, Science and Maths			

	Autumn	Spring	Summer
2018 2019	Gym - ways of travelling, shapes, pins, tuck, star, straddle, pike, apparatus Dance- Harvest, Diwali Games - Ball skills Soccer, Squash	Gym - balance, points, patches, partner, apparatus Dance - machines Games - Ball skills Unihoc	Outdoor athletics Over the net skills Tennis Games- Striking and eliding skills Rounders/ Cricket
	Dance- Roman invaders Games - Indoor athletics	Gym - Symmetry in balances partner work Dance - Creation story Games- Balls skills Netball Basketball	560 -Selection of taster sessions of different games to promote physical fitness and fundamental skills. Outdoor & Adventurous
Forest Schools weekly -links to Outdoor and Adventurous skills, Geography, Science and Maths			

PE Curriculum Year 5/6

	Autumn	Spring	Summer
2017 2018	Gym - Floor symmetrical & asymmetrical patterns Dance- Britain during the War Games- Games skills Tag Rugby	Gym - contrasting partner, floor patterns, counter balance, unison and cannon. Games - Ball skills Basketball, Unihoc	Outdoor Athletics Over the net skills Tennis Striking and Fielding Rounders/Cricket
	Gym - composing and performing sequence to music. Composing to music Dance - 1950's and 1960's Games - Games skills Indoor Athletics, Boccia	Gym - Flight form Hands, Class composition Dance - Caribbean carnival Games - Netball /Basketball	Outdoor Athletics Outdoor and adventurous Lea Green residential
Swimming - one class per term Forest Schools weekly -links to Outdoor and Adventurous skills, Geography, Science and Maths			

	Autumn	Spring	Summer
2018 2019	Gym - twisted shapes, mirroring and matching, apparatus Dance- hip hop Games- Ball skills Soccer	Gym -Moving in and out of balances, wheeling, taking weight on hands Dance - Line dancing Games - Ball skills Unihoc	Outdoor athletics Over the net skills Tennis Striking and fielding Rounders Cricket
	Gym - Flight, jumping, landing shapes in air, out of balance Dance- Odysseus's voyage Games - Indoor Athletics Boccia - Inclusion sports	Gym - Moving in and out of balances, dynamics, contrast Dance - American square dancing, circle dances Games - Balls skills Netball/ Basketball	Outdoor athletics Outdoor and adventurous Lea Green residential
Swimming - one class per term Forest Schools weekly -links to Outdoor and Adventurous skills, Geography, Science and Maths			