



The Spinney Children's Centre Apr-Aug 2018



| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|---|--|--|---|
| 9.30-11.00 Stay & Play 0-5yrs drop in, 15 max term time only | 9.30-11.30 123 Magic Parenting Course or Cookery Course* | 9.00-12.00 Midwives Clinic Appointment only | 9.00-10.30 Stay & Play 0-5yrs drop in, 15 max | 10.00-11.30 Pre-walker Baby Group drop in, 18 max |
| 12.00-4.00 Guildford Families Team Youth Support Officer | 1.00-4.00 1 & 2 yr. Development Checks Appointments via Health Visitor | 9.30-11.30 Parenting/Adult* Learning Courses | 9.30-2.00 Job Club | 10.00-11.30am Starting Family Foods Monthly Appointments via Health Visitor |
| 2.00-3.30 Child Health Clinic Drop in clinic | | 2.00-3.30 Toy Library drop in | 1.30-3.00 Stay & Play 0-5yrs drop in, 15 max | 2.00-3.30 Chatterbox* Communication Group |

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*Booking
required,
please call
01483
510570 for
further
information





The Spinney Children's Centre

Southway, Guildford, GU2 8YD

01483 510570

www.thespinneycc.org.uk

childrenscentre@guildfordgrove.surrey.sch.uk

Child Health Clinic

Drop in

Get your child weighed and have the opportunity to speak with a health professional.

Stay & Play *

Drop in

Fun interactive sessions for parents and children under 5yrs to play together.

Employment Support/Job Club

Please call 01483 510570. Help with job search, volunteering opportunities, CV writing, application and interview support.

Midwives Appointments Booking required

Antenatal clinic for Mums to be

Pre-walker Baby Group Drop in

For babies from birth to walking. Staff will be on hand for advice on all aspects of life with your baby including breastfeeding, feeding and general development.

Starting Family Foods Booking required

When to introduce your baby to solid foods, what to prepare and what to avoid. Please call the Health Visiting Team directly on 01483 783261.

1yr and 2yr Development Checks Booking required

By appointment only the checks are an opportunity for a Health Visitor to observe your child and for you to ask any questions or raise any concerns you may have.

Please call the Health Visiting Team directly on 01483 783288.

Chatterbox Booking required

6 week activity session for children aged 2-5yrs who may need a little extra help developing their communication and language skills.

*Reminders

Mobile phones may not be used in the playroom.

Please bring an item of fruit to be shared with the group.