

# ELLES MERE 10K

Race HQ:  
Lakelands Academy  
Ellesmere,  
Shropshire  
SY12 0EA

Venue facilities:  
Changing, Toilets, Showers,  
Onsite parking, Refreshments,  
Food and Cakes!

## Sunday 26th August 2018 11:15am



Fast and scenic course on roads and trails via the Mere and the Llangollen Canal. The winning time in 2012 made Ellesmere 10k the 6th fastest 10k in the UK. Chip timing is in use again for 2018.

Winners' cash prizes of £100, £50 and £25 for 1st, 2nd and 3rd male & female runners

**Entry Fees:**  
£16 for UKA attached runners, or  
£18 for unattached runners not in a UKA Club

Entries Close 24/08/18  
Awards/mementos:  
T-Shirt/Medal

  
**oswestry  
olympians**  
eetri



## 2km Fun Run

We're being joined this year by a juniors 2km fun run which is kindly sponsored by Lakeside Coaches, and held with the assistance of parents from the local Criftins and Cockshutt Primary Schools.

All finishers will receive a medal, the runners will use the start and finish line for the Ellesmere 10k with a 10:45am start.



Min. age is 5, maximum age is 11 years. Under 8's must be accompanied by an adult, over 8's may run with or without an adult. There's no fee for adults running with a child. Entry fee is £4 per child. Entries Close 24/08/18

Entry, registration & more info at:  
[www.active.com/ellesmere-shropshire/running](http://www.active.com/ellesmere-shropshire/running)



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