



## Ourselfes

Zen Club – This club has been set up by some Year 5 girls.

Q: Why have you set up a Yoga Club?

A: We thought it would provide a release of any stress and help people to stay calm.

Q: What do you do in the sessions?

A: The activities are meditation and yoga. We help the students with their yoga poses. We aim to be firm and fair. We want the students to take care of themselves.

Q: Can anyone join?

A: Yes, but it is invitation only (we can only have 8 children at any one time) and is a mix of boys and girls. If you are interested in joining speak to Evie J, Lily M, Evie B or Nadia A.

## Each Other

### Year 5 Spy Missions trip

This half term year 5 took part in a spy mission at the MI-SPY building in Nottingham.

We had several amazing comments made about them:

“I am the school visits coordinator for Spy Missions and I just wanted to let you know how wonderful your Year 5.s were today. They were so enthusiastic, polite, hard working and supportive of each other and their teamwork was amazing.

It was a four hour, 160 mile round trip for me to be there today, but worth every mile and minute. They were an absolute credit to the teachers, the school and to themselves. I am also pleased to report that the teachers and parent helpers were also well behaved.”

“The reason for my email is to say how well behaved the children were today. They all worked hard to be a team and looked after Aiden. In my group I had Tom and Jasmine and they went beyond to help him. Tom kept checking I was ok haha! Jasmine worked really hard at the quizzes as well and refused to give up.”

*Well Done Year 5 for representing the school so well and really Taking Care of Each Other*

## Our Learning

*This term the unit of work we are doing is:*

*Year 3 - The Romans*

*Year 4 - The Human Body*

*Year 5 - The Six Nations*

*Year 6 - The Victorians*

### **Focus on Adventurous Learning:**

The school has used the extra sport funding money to allow each year group to take part in a more adventurous activity.

Year 3 - Clip N Climb

Year 4 - Clip N Climb

Year 5- Spy Missions

Year 6 - Skiing

**The children have very much enjoyed taking responsible risks and flexing their resilience muscles practicing a new skill.**

## Our Environment

*Next week is Take Care of the Environment week.*

*The children will be looking at a variety of story books linked to environment and discussing some of the issues around the environment and the impact humans have on it. Assemblies will also be done alongside other activities. More information to follow.*



## Ourselfes Awards

*Poppy Smith*  
*Martha Elston*  
*Ella Whyley*  
*Ethan Hall*  
*Dante Ancliffe-Stephens*  
*Jessica Ward*  
*Adriana Lagman*  
*Erin Hodgson*

## Our Learning Awards

*Isobel Murray*  
*Kane Collett*  
*Teddy Furlong*  
*Freya Halsey*  
*Joseph Terry*  
*Jake Mills*  
*Jack Faulkner*  
*Olivia Faulkner*

## Each Other Awards

*Lawson Taylor*  
*Winnie Gibbs*  
*Jasmine Armstrong*  
*Sam Gensler-Woodcock*  
*Sadie Burrows*  
*Evie Whisker*  
*Freddie Bowen*  
*Lily Beardall*

## Our Environment Awards

*Noah Lambert*  
*Edward Walsh*  
*Lewis Mayfield*  
*Freya Short*  
*Niall Hill*  
*Gemma Will*  
*Alice Smith*  
*Lola Hipkiss*

# Ourselfves

# Sporting

*Written by the children who took part in the events*

## The Lacrosse Tournament

Callum (Year 6) Vice Captain

Lara (Year 6) The team captain

Sam (Year 6) The play maker

Sam (Year 5) The big wall in defence

Lewis (Year 5) The game changer

Curtis (Year 5) The top goal scorer

Wilfie (Year 5) The assist king

The crew went straight after school to the tournament on Wednesday 7<sup>th</sup> February 2018. The fit, determined team walked to Kimberly Leisure Centre Sports Hall ready to demolish all their opponents. The first match was Awsworth vs Larkfields, the score was Awsworth 2-0 Larkfields. Next it was Larkfields vs Hollywell, it was a draw Hollywell 3-3 Larkfields. This was what happened, kick off, GOAL by Lewis! After the restart Hollywell scored three consecutive goals whilst the half asleep Larkfields did nothing. Then Larkfields struck back with about 30 seconds left, GOAL by Curtis! 10 seconds left Larkfields are behind then last hit of the game this happened, GOAL by Curtis who saves the day for Larkfields! Finally the last game of the qualifiers was finished, Awsworth had won 5-3 against Hollywell. Next was the most intense game ever, whoever lost out of us (Larkfields and Hollywell) gets eliminated.

This was the highlight of the game, first kick off, then Hollywell scored then Larkfields had a GOAL by Curtis, then Hollywell scored, no-one will we be eliminated? No, never fear Larkfields are here, GOAL by Curtis, GOAL by Curtis again, GOAL by Lewis, GOAL by Wilfie, GOAL by Sam GOAL by Curtis again he is on a rampage. It's all over for Hollywell but Larkfields had won, we are into the final! The game finished 7-2 to Larkfields. This is going to be the most outrageous final in sporting history! It will be very hard because Awsworth had not lost a game yet. Awsworth got off to a great start in the final with two goals in about a minute, but Curtis struck back to get Larkfields a goal. With about one and a half minutes left Awsworth scored a phenomenal goal. But with about a minute left Wilfie got a goal for the school! With 30 seconds left Curtis chipped the ball into the hockey size net. There's nothing between these two schools, with about 20 seconds remaining, Lewis got the winning goal for the school. They had done it, they had won the tournament, the game finished 4-3 to Larkfields.



### **Cross Country**

On Friday the 9<sup>th</sup> February, 24 children went to Wollaton Park for a cross country competition. A couple children even came in top ten! Even though the children were scared and nervous they all still placed well. Everyone that took part represented our school brilliantly. We hope they recovered from the tough course. Thankfully nobody was eaten by the mud oh and the stags.

The children were very pleased with themselves afterwards and they should have been because they did exceptionally well.

### **Indoor Rowing Competition**

On Thursday 8th February, 16 pupils went to compete in the rowing competition at George Spencer Academy. 16 schools around Nottingham took part including Larkfields Junior School. Miss Lee took two teams, an A team and a B team. Both teams, year 3 to year 6 did amazingly and worked really hard.

At the end of the day the A team came 6th and the B team came 15th.

The children who took part were

Year 3:	Year 4:	Year 5:	Year 6:
Scarlett	Violet	Evie	Bethan
William	Joseph	Charlie	Cameron
Sambya	Olivia	Orla	Daisy
Jared	Oscar	Dennis	Aidan

Every single pupil who participated in the competition did the best of their ability and their ability was spectacular. We are all very proud of everyone.