



# Crash Course Swimming Lessons

Our crash course swimming lessons are intensive courses that run during the school holidays. Whether your child is a beginner or improver, these courses offer the opportunity for them to advance their swimming skills and progress over a week of lessons.

They are open to everyone, including those already on our swimming lesson programme.

Concord Sports Centre  
Stage 1: 10.00-10.30am  
Stage 2: 10.30-11.00am

Ponds Forge  
Stage 1: 9.00-9.30am  
Stage 2: 9.30-10.00am

Heeley Swimming Pool & Gym  
Stage 1: 8.30-9.00am  
Stage 2: 9.00-9.30am

Springs Leisure Centre  
Stage 1: 10.30-11.00am

Hillsborough Leisure Centre  
Stage 1: 2.45-3.15pm  
Stage 2: 3.15-3.45pm

Westfield Sports Centre  
Stage 1: 9.30-10.00am  
Stage 2: 10.00-10.30am

Crash course swimming lessons are just £30 for a 5 day course with a lifeCARD  
Course dates vary at each swimming pool

Ask at reception or call 0330 333 0555 to book

[siv.org.uk/lessons](http://siv.org.uk/lessons)



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