

Summer 2018

EAT WELL WITH BUBBLE & SQUEAK

16th April, 7th May, 28th May, 18th June, 9th July 2018

WEEK 1

Monday	Tuesday	Wednesday	Thursday	Friday
▲ Pizza Day With a choice of toppings	▲ Sausage & Mash with gravy	▲ Roast Chicken with stuffing, gravy and potatoes	▲ Lasagne with garlic & herb bread	Fish Fingers with chips and tomato sauce
▼	▼ Sweet Potato & Chickpea Curry with wholegrain rice	▼ Broccoli & Cauliflower Cheese Crumble	▼ Bean & Vegetable Chilli with wholegrain rice	▼ Quorn Dog with chips and tomato sauce
Fruity Ice-cream Sundae	Custard Biscuit with fruit slices	Carrot Cake	Berry Cheesecake	Chocolate Brownie

23rd April, 14th May, 4th June, 25th June, 16th July 2018

WEEK 2

Monday	Tuesday	Wednesday	Thursday	Friday
▲ All Day Breakfast Pork sausage, bacon, hash brown, tomato, baked beans	▲ Beef Bolognese with wholemeal penne pasta	▲ Roast Gammon with pineapple, potatoes and gravy	▲ BBQ Chicken with oven baked wedges	Battered Fish with chips
▼ Veg - All Day Breakfast Quorn sausage, hash brown, tomato, baked beans	▼ Cheese, Leek & Potato Bake	▼ Shepherdess Pie with gravy	▼ Cheese & Tomato Pinwheel with oven baked wedges	▼ Vegetable & Bean Wrap with chips
Shortbread Biscuit with fruit slices	Fruity Jelly Mousse	Fruit Crumble with custard	Chocolate Krispie	Iced Fruit Sponge

9th April, 30th April, 21st May, 11th June, 2nd July, 23rd July 2018

WEEK 3

Monday	Tuesday	Wednesday	Thursday	Friday
▲ Chicken Curry with wholegrain rice	▲ Beef Burger in a Bun with oven baked potato wedges	▲ Roast Turkey with stuffing, gravy and potatoes	▲ Sweet & Sour Chicken with wholegrain rice	Salmon Fish Fingers with chips
▼ Baked Bean & Cheese Wrap	▼ Veggie Bolognese with wholemeal pasta	▼ Quorn Roast with gravy and potatoes	▼ Homemade Vegetable Burger with oven baked wedges	▼ Macaroni Cheese with herby bread
Strawberry Mousse	Peach & Apple Crumble with custard	Fruity Flapjack	Fruit Jelly with ice cream	Chocolate Crunch

We offer **seasonal vegetables, bread, yoghurt and fruit daily.**
(allergy information is available)

Served Daily

A baked jacket potato with a choice of toppings



- ▲ Meat
- ▼ Veggie
- Jacket Potato
- ◆ Packed Lunch

Option 13



BUBBLE