

# WEEK ONE

# LUNCH TIME

## Monday

Pork Meatballs in a Tomato Sauce  
or  
Linda McCartney Sausages  
Served in a Tomato Sauce  
(v)



Served on a bed of  
Wholemeal & White Pasta  
Green Beans



Salad Bar



Angel Delight with  
Fresh Fruit

## Tuesday

Fishwich in a Bun  
Served with Tartar Sauce  
or  
Bean Burger in a Bun (v)



Herby Diced Potato  
Garden Peas



Salad Bar



American Pancakes  
Served with Banana  
& Chocolate Sauce or  
Maple Syrup

## Wednesday

Roast Beef  
Yorkshire Pudding & Gravy  
or

Roasted Quorn Fillet (v)



Roast Potatoes  
Green Beans & Carrots



Salad Bar



100% Frozen Fruit Lolly

## Thursday

Chicken Fillet  
Served in a Tortilla Wrap  
with Grated Cheese &  
Choice of 2 Sauce  
or  
Quorn Fillet (v)



Mixed Salad  
Savoury Rice  
Peas



Salad Bar



Home-baked Victoria  
Sponge with Custard

## Friday

Chicken Breast Chunks  
or  
Quorn Dippers (v)  
Served with tomato  
ketchup



Chips  
Baked beans



Salad Bar



Summer Fruit Platter  
& Cookie



Also available daily:  
Freshly baked bread, fresh fruit, Yeo Valley Yoahurt; Muller Fruit Corner Yoahurt, fresh milk, fruit juice and water

# WEEK TWO

# LUNCH TIME

## Monday

Homemade Minced Beef Lasagne  
or  
Mac 'n' Cheese (v)



Garlic Bread  
Mixed Salad



Salad Bar



Jelly & Squirry Cream  
Served with Fruit

## Tuesday

Homemade Sausage Roll  
or  
Cheese & Onion Roll (v)



Diced Potatoes  
Baked Beans or Peas



Salad Bar



Frozen Yoghurt

## Wednesday

Roast Chicken served with  
Yorkshire Pudding & Gravy  
or  
Roasted Quorn fillet (v)



Roast Potatoes  
Cabbage  
Carrots



Fresh Fruit Salad and  
Arctic Roll

## Thursday

**Pizza Day**  
Cheese & Tomato (v)  
Pepperoni or  
Ham & Pineapple



Rainbow Pasta Salad



Salad Bar



Chocolate Sponge &  
Chocolate Custard

## Friday

Birds Eye  
Chunky Fish Finger  
or  
Quorn Dippers (v)



Chips  
Sweetcorn  
Or Baked Beans



Salad Bar



Chunky Flapjack



Also available daily:  
Freshly baked bread, fresh fruit, Yeo Valley Yoghurt; Muller Fruit Corner Yoghurt, fresh milk, fruit juice and water



# WEEK THREE

# LUNCH TIME

## Monday

Crispy Polenta Chicken  
or  
Vegetable Burger (v)



Rainbow Pasta with  
Homemade Tomato Sauce  
Sweetcorn



Salad Bar



Eton Mess

## Tuesday

Local Butcher's Beef Burger  
in a Bun with Onions  
served with Tomato Ketchup  
or  
Vegetable Burger (v)



Potato Wedges  
American Coleslaw



Salad Bar



Chocolate Brownie served  
with Orange Wedges

## Wednesday

Roast Gammon  
& Yorkshire Pudding  
Served with Gravy  
or  
Roasted Quorn fillet (v)



Roast Potatoes  
Cauliflower  
Carrots



Honey & Oat Cookie  
Cook's Favourite Cookie

## Thursday

Chicken Korma Curry  
or  
Sweet Potato & Lentil Curry (v)



Wholegrain & White Rice  
Naan Bread



Salad Bar



Frozen Fruit Smoothie

## Friday

Gluten Free Bubble fish  
or  
Salmon Fish Fingers  
Served with Tartare Sauce  
or  
Omelette (v)



Chips  
Garden Peas  
Or Baked Beans



Salad Bar



Milkshake Cake



Also available daily:  
Freshly baked bread, fresh fruit, Yeo Valley Yoghurt; Muller Fruit Corner Yoghurt, fresh milk, fruit juice and water

