

WEEK ONE

LUNCH TIME

Monday

Cheese or Pepperoni Pizza



Jacket Potato with choice of Fillings



Choice of Ham, Cheese or Tuna Freshly Baked Baguette



Cous Cous
Coleslaw
Pasta Salad
Salad Bar



Toffee Krispie Bar

Tuesday

Children's Choice

Ham, Egg & Potato Waffle



Jacket Potato with choice of Fillings



Pasta Bowl Topped with Chicken or Tuna Mayonnaise



Baked Beans
Salad Bar
Crusty Bread



Fruity Crumble Slice

Wednesday

Choice of Beef Burger or Chicken Burger in a Brioche Bun



Jacket Potato with choice of Fillings



Pasta
Cous Cous
Salad Bar



100% Fruit Ice Lolly

Thursday

Butcher's Sausage



Sausage or Ham Salad Wrap



Jacket Potato with choice of Fillings



Creamed Potatoes
Fresh Seasonal Vegetables
Salad Bar



Pancake and Fruit Sauce

Friday

Birds Eye
Chunky Fish Finger



Chips
Baked Beans
Salad Bar



Cupcake

Also available daily - Fresh Wholemeal Bread; Fresh Fruit; Muller Fruit Yoghurt
Fresh Milk and Water



WEEK TWO

LUNCH TIME

Essex County Council

Monday

Macaroni Cheese or Pasta
Caponara



Jacket Potato with choice of
Fillings



Tuna Mayonnaise or Egg Wrap



Potato Salad
Coleslaw
Salad Bar



Chocolate Brownie

Tuesday

Homemade Sausage Puff
Pastry Sausage Roll



Cheese and Onion Puff Pastry
Roll



Choice of Ham, Cheese or
Tuna Freshly Baked Baguette



Buttered New Potatoes
Baked Beans
Salad Bar



Fresh Fruit Salad

Wednesday

Carvery Choice
of
Roast Chicken or Pork



Yorkshire Pudding
Stuffing
Roast Potatoes
Fresh seasonal Vegetables
Gravy



Fruit Ice Lolly

Thursday

Hot Dog



Jacket Potato with choice of
Fillings



Freshly Baked Baguette filled
with Cheese and Cucumber



Jumbo Potato Wedge
Salad Bar



Lemon Cake

Friday

Chip Shop Mini Battered Fish
Fillets



Chips
Garden Peas
Corn on the Cob
Salad Bar



Ice Cream Cup



Also available daily - Fresh Wholemeal Bread; Fresh Fruit; Muller Fruit Yoghurt
Fresh Milk and Water



WEEK THREE

LUNCH TIME

Monday

French Bread Pizza



Pasta Bowl topped with Cheese and Apple or Tuna Crunch.



Choice of Ham, Cheese or Tuna Freshly Baked Baguette



Cous Cous
Rice Salad
Crusty Bread
Salad Bar



Peaches and Ice Cream

Tuesday

Pork Meatballs in a Rustic Tomato Sauce



Jacket Potato with choice of Fillings



Freshly Baked Baguette filled with Bacon Lettuce & Tomato or Ham



Herby Diced Potatoes
Salad Bar



Shortbread Biscuit

Wednesday

**Grab and Go Lunch
to eat outside
(weather permitting)**

Filled Baguette
Carrot and Cucumber Sticks
Tortilla Chips
Fruit
Carton of Juice
100% Fruit Ice Lolly

Thursday

Spaghetti Bolognese



Jacket Potato with choice of Fillings



Choice of Ham, Cheese or Tuna Freshly Baked Baguette



Crusty Garlic Bread
Pasta Salad
Cous Cous
Salad Bar



Victoria Sponge with Strawberries and Cream

Friday

Chicken Breast Nuggets



Chips
Baked Beans
Salad



Fruit Smoothie



Also available daily - Fresh Wholemeal Bread; Fresh Fruit; Muller Fruit Yoghurt
Fresh Milk and Water



WEEK FOUR

LUNCH TIME

Monday

Jacket Potatoes
with a choice of Fillings



Cheese Pin Wheels with a
Cheesy Jacket Wedge



Choice of Ham, Cheese or
Tuna Freshly Baked Baguette



Coleslaw
Pasta Salad
Cous Cous
Salad Bar



Iced Sponge

Tuesday

Buffet Day

Sliced Meats
Cheeses
Plus More!



Pasta Bowl topped with Grated
Cheese or Turkey and
Sweetcorn.



Potato Salad
Pasta Salad
Coleslaw
Salad Bar
Crusty Bread



Jelly and Ice Cream

Wednesday

Carvery Choice
of
Roast Pork or Chicken



Yorkshire Pudding
Stuffing
Roast Potatoes
Fresh Seasonal Vegetables
Gravy



Grab and Go Dessert

Thursday

Tandoori Chicken Pitta



Jacket Potatoes
with a choice of Fillings



Freshly Baked Baguette filled
with Bacon and Tomato or
Chicken Mayonnaise



Potato Salad
Rice
Cous Cous
Salad Bar



Strawberry Whip or Fruit
Smoothie

Friday

Omega 3 Fish Fingers



Chips
Garden Peas
Baked beans
Salad Bar



Ice Cream Cup



Also available daily - Fresh Wholemeal Bread; Fresh Fruit; Muller Fruit Yoghurt
Fresh Milk and Water

