

SCHOOL LUNCH MENU REVISED w/c 4th June 2018 (Starts with week 1)

Week	Monday	Tuesday	Wednesday	Thursday	Friday
1	<p>OPTION 1: Fishwich in a Bun OPTION 2: Bean Burger in a Bun (v) OPTION 3: Pasta Bowl topped with Cheese & Apple</p> <p>Herby Diced Potatoes Garden Peas</p> <p>Banana & Chocolate Cake</p>	<p>OPTION 1: Pork Meatballs in a Swedish Style Sauce OPTION 2: Linda McCartney Sausages in a Tomato Sauce (v) OPTION 3: Wholemeal Sub Roll filled with Ham & Tomato served with Salad & Vegetable Sticks</p> <p>Wholemeal & White Rice Green Beans</p> <p>Melon, Strawberry & Grape Pots</p>	<p>OPTION 1: Roast Gammon & Yorkshire Pudding OPTION 2: Topsy Turvy Tomato Tart (v)</p> <p>Baby New Potatoes Carrots Sweetcorn Gravy</p> <p>100% Fruit Lolly</p>	<p>OPTION 1: Spaghetti Bolognese OPTION 2: Gnocchi served in a Creamy Cheese & Chive Sauce (v) OPTION 3: Sweet Chilli Chicken Tortilla Wrap with Pasta Salad & Vegetable Sticks</p> <p>Garlic Bread Mixed Salad</p> <p>Smiley Ginger Biscuit</p>	<p>OPTION 1: Chicken Breast Chunks OPTION 2: Quorn Dippers OPTION 3: Pasta Pot topped with Tuna Crunch</p> <p>Chips Baked Beans</p> <p>Frozen Yoghurt pots & Fruit Bar</p>
2	<p>OPTION 1: Jacket Potato with a choice of filling: Cheese, Tuna Mayonnaise, Baked Beans, Quorn Bolognese (v) OPTION 2: Falafel Tortilla Wrap served with Pasta Salad & Vegetable Sticks</p> <p>Mixed Seasonal Salad</p> <p>Apple Shortcake</p>	<p>OPTION 1: Sweet & Sour chicken OPTION 2: Cheese Whirl OPTION 3: Wholemeal Sub Roll filled with Tuna Crunch served with Mixed Salad & Vegetable Sticks</p> <p>Wholemeal & White Rice Sweetcorn & Pepper Salad</p> <p>Lime Jelly & Ice Cream</p>	<p>OPTION 1: Roast Beef & Yorkshire Pudding OPTION 2: Spinach & Potato Bake (v)</p> <p>Roast potatoes Carrots Sweetcorn Gravy</p> <p>Summer Fruit Platter</p>	<p>OPTION 1: All Day Breakfast served with a Floured Bap (sausage, Bacon, Egg) OPTION 2: Vegetarian Breakfast served with a Floured Roll (Vegetarian Sausage, Egg) OPTION 3: Pasta Bowl topped with Ham & Sweetcorn</p> <p>Baked Beans Tomatoes</p> <p>Artic Roll with Summer Fruits</p>	<p>OPTION 1: Crispy Fish Sticks OPTION 2: Tomato & Red Onion Tart (v) OPTION 3: Pasta Bowl topped with Cheese & Chives (v)</p> <p>Chips BBQ Beans Peas</p> <p>Peach Melba Sponge Tray Bake</p>
3	<p>OPTION 1: Tuna & Sweetcorn Pasta Bake OPTION 2: Pizza Whirls OPTION 3: Egg Mayonnaise Tortilla Wrap with Pasta Salad & Vegetable Sticks</p> <p>Garlic Bread Mixed Leaf Salad</p> <p>Victoria Sponge Sandwich</p>	<p>OPTION 1: Local Butchers Beef Burger in a Bun with Onions (optional) & Tomato Ketchup OPTION 2: Vegetable Burger in a Bun (v) OPTION 3: Pasta Bowl topped with Ham & Cucumber</p> <p>Herby Diced Potatoes American Coleslaw</p> <p>Melon Boats</p>	<p>OPTION 1: Roast Turkey with Sage & Onion Stuffing & Yorkshire Pudding OPTION 2: Yorkshire Pudding filled with Red Onion and Cheese</p> <p>Roast Potatoes Sweetheart Cabbage Carrots Gravy</p> <p>Frozen Fruit Smoothie</p>	<p>OPTION 1: Chicken Korma OPTION 2: Macaroni Cheese (v) OPTION 3: Wholemeal Sub Roll filled with Tuna Mayonnaise served with Salad & Vegetable Sticks</p> <p>Wholegrain & White Rice Naan Bread</p> <p>Strawberry Cheesecake</p>	<p>OPTION 1: Bubble Fish OPTION 2: Battered Salmon Fillet with Lemon wedge & Tartar Sauce OPTION 3: Frittata (v)</p> <p>Chips Garden Peas Baked Beans</p> <p>Chunky Flapjack</p>

Available daily: Salad Bar, Fresh Wholemeal Bread, Fresh Fruit, Yoghurt, Milk, Water, Orange Squash, Blackcurrant Squash

Allergen information	Celery	Gluten	Egg	Fish	Milk	Mustard	Soya	Sulphites	Sesame	Allergen information	Celery	Gluten	Egg	Fish	Milk	Mustard	Soya	Sulphites	Sesame
All Day Breakfast - Egg			✓							Pasta Bowl with Cheese & Apple		✓	✓		✓	✓			
All Day Breakfast – Floured Roll		✓								Pasta Bowl with Cheese & Chives		✓	✓		✓	✓			
All Day Breakfast – Vegetarian Sausage		✓	✓		✓					Pasta Bowl with Ham & Cucumber		✓				✓			
Artic Roll		✓	✓		✓		✓			Pasta Bowl with Tuna Crunch		✓	✓	✓		✓			
Banana & Chocolate Cake		✓	✓		✓					Pasta Salad		✓					✓		
Battered Salmon Fillet		✓		✓						Peach Melba Sponge Tray Bake		✓	✓		✓				
Bbq Beans						✓				Polenta Chicken			✓			✓			
Bean Burger in a Bun		✓								Pork Meatballs in a Swedish Sauce	✓	✓			✓				
Bubble Fish (gluten free)				✓						Quorn Bolognaise		✓	✓						
Cheese with Jacket Potato					✓					Quorn Dippers		✓	✓						
Chicken Breast Chunks										Pizza Whirl		✓	✓		✓		✓		
Chicken Korma					✓					Rainbow Pasta with Smoky Tomato Sauce		✓				✓			
Cheese Whirl		✓			✓					Roasted Vegetable Strudel		✓							
Chunky Flapjack		✓			✓					Sage & Onion Stuffing	✓	✓	✓		✓	✓	✓	✓	
Coleslaw / American Coleslaw			✓		✓	✓				Smiley Ginger Biscuit		✓			✓				
Crispy Fish Sticks		✓		✓			✓			Smoky Tomato with Cheddar & Mozzarella		✓			✓	✓			
Egg Mayonnaise Tortilla Wrap		✓	✓			✓				Spaghetti Bolognaise		✓							
Falafel Tortilla Wrap		✓	✓							Spinach & Potato Bake		✓			✓	✓			
Fishwich in a Bun		✓		✓						Strawberry Cheesecake		✓	✓		✓		✓		
Frittata (v)			✓		✓					Stuffed Pepper with Moroccan Couscous	✓	✓				✓			
Frozen Yoghurt pot					✓					Sweet Chilli Chicken Tortilla Wrap		✓							
Garlic Slice		✓					✓			Tartar Sauce			✓						
Gnocchi in Creamy Cheese & Chive Sauce		✓			✓	✓				Tomato & Red Onion Tart (v)		✓			✓				
Gravy	✓	✓					✓			Topsy Turvy Tomato Tart		✓			✓				
Herby Diced Potatoes		✓								Tuna & Sweetcorn Pasta Bake		✓		✓	✓	✓			
Lime Jelly & Ice Cream					✓					Tuna Mayonnaise with Jacket Potato			✓	✓		✓			
Linda McCartney Sausages		✓					✓			Vegetable Burger in a Roll		✓			✓	✓			
Macaroni Cheese		✓			✓	✓				Victoria Sponge Sandwiche		✓	✓		✓				
Mayonnaise Sachets			✓				✓			Wholegrain & White Rice		✓							
Milk / Milkshake					✓					Wholemeal Bread		✓	✓		✓		✓		
Naan Bread		✓								Wholemeal Sub Roll with Ham & Tomato		✓			✓				
										Wholemeal Sub Roll with Tuna Crunch		✓	✓	✓		✓			
										Wholemeal Sub Roll with Tuna Mayonnaise		✓	✓			✓			
										Yoghurt					✓				
										Yorkshire Pudding		✓	✓		✓				
										Yorkshire Pudding with Red Onion and Cheese		✓	✓		✓				