



| Day | Date | Programme | Location | Time |
|-------|---|--|-------------------------------|-----------------------|
| Mon | 18th June | Bumps to Babies <i>Antenatal information Evening</i> | Gold Surestart, Loy Buildings | 7:00 pm - 9:00 pm |
| Mon | 25th June | Infant Feeding Workshop <i>Antenatal Information Evening</i> | Gold Surestart, Loy Buildings | 7:00 pm - 9:00 pm |
| Mon | 23rd July—13th Aug | SCIP to School <i>(Getting ready for school)</i> | Cookstown Primary School | 10:00 am - 12 noon |
| Tues | 17th July—7th August | Baby Massage | Cookstown Primary School | 11:30 am - 12:30 pm |
| Wed | 20th June - 25th July (excl 11th July) | Antenatal Yoga <i>From 20+ weeks</i> | Cookstown Leisure Centre | 10:30 am - 12 noon |
| Thurs | Weekly from 19th July | Breast Feeding Support Group <i>Drop in group - all welcome!</i> | Cookstown Primary School | 10:00 am - 12 noon |
| Thurs | 16th Aug - 6th Sept | Hypnobirthing <i>Preparation for childbirth from 25 weeks</i> | Gold Surestart, Loy Buildings | 9:30 am - 12 noon |
| Fri | 27th July | Let's Play Together <i>Fun for all the family</i> | Cookstown Primary School | 10:00 am - 11:30 am |
| Sat | 28th July | Daddy & Me <i>Fun and games for Dads and kids</i> | Cookstown Primary School | 10:00 am - 12 noon |
| Tues | 7th Aug | Let's Play Together <i>Fun for all the family</i> | The Lurach Centre, Maghera | 10:00 am - 11:30 am |
| Tues | 24th July—14th August | Baby Massage | The Lurach Centre, Maghera | 11:30 am - 12:30 pm |
| Wed | 25th July—15th Aug | SCIP to School <i>(Getting ready for school)</i> | The Lurach Centre, Maghera | 10:00 am - 12.00 noon |
| Mon | 16th July—6th August | Baby Massage | Ardboe Resource Centre | 11:30 am - 12:30 pm |
| Fri | 17th Aug | Let's Play Together <i>Fun for all the family</i> | Ardboe Resource Centre | 10:00 am - 11:30 am |
| Fri | 24th Aug | Let's Play Together <i>Fun for all the family</i> | Rowan Tree Centre, Pomeroy | 10:00 am - 11:30 am |
| Mon | 23rd July - 13th Aug | Baby Massage | St Mary's, Dunamore | 11:30 am - 12:30 am |
| Wed | 8th August | Let's Play Together <i>Fun for all the family</i> | St Mary's, Dunamore | 10:00 am - 11:30 am |

Let's Play Together is suitable for the whole family regardless of the children's age. This is a great family morning where our staff have planned activities around a theme. This years theme is "A day at the beach". Make sure you book your place on 02886769994 - first come first served basis!



Please note when phoning to book your place on a course you are registering your interest for it - this does not mean you are guaranteed a place. A member of staff will be in contact prior to the course starting to confirm if you have got a place.

National Smile Month
14th May – 14th June



- Cut down how often you have sugary foods and drinks
- Visit your dentist as often as they recommend
- Brush your teeth last thing at night and at one other time during the day with a fluoride toothpaste

All activities a.m. unless otherwise stated. Creche is not provided unless otherwise stated. Parents must book a place for all programmes, including Stay and Play. This is to ensure our creche is not overcrowded and can be managed by the staff on duty - so each child enjoys a positive play experience with us and gets the individual attention they deserve. Creche for children under 4 years old only.

Golden Moments



Summer Newsletter
July - August 2018



Dear Parents,

Welcome to summer! I hope you have enjoyed the lovely sunshine recently. To ensure you and your children will have a fun filled summer we have a range of events planned for the coming months. Just ring 02886769994 and book your place at the Big Toddle, Teddy Bears' Picnic, Beach Trip, Summer Fun Day and the Let's Play Together events.

By now you may all have heard of GDPR (General Data Protection Regulations) effective from 25th May 2018. Gold Surestart has always sought written consent to hold your details and we will have a "privacy notice" in line with requirements which will also be posted on our website. We all hope you have a lovely holiday period.

Mary & The Team



Benone Beach Trip

When: Thursday 16th August

Pick up at: Cookstown Primary School at 10 am & The Lurach Centre, Maghera at 10:30 am

Returning home for approximately 4pm

Don't forget to bring along your picnic, sun cream, raincoat and car seat!

Booking is essential (first come first served)



Please phone the office on 02886769994



Summer Fun Day

Where: Cookstown Leisure Centre

When: Wednesday 22nd August

Time: 10.00am to 12 midday

Fun and games for all the family with Mr Tumble tribute act.

Refreshments will be served.

Phone office to book: 028 867 69994.



Big Toddle

Barnardo's are partnering with the Teletubbies again this year for The Big Toddle. This is organised each year to raise money to help transform the lives of vulnerable children.

Why not join us on our short, fun, sponsored walk where we will explore the great outdoors!

Where: Drum Manor Forest Park

When: Friday 22nd June

When: 10:00 am - 12 noon



App update

To continue to use our FREE app please download the School Jotter app and search for Gold Community Partnership Surestart.

Download