

Foxmoor Flyer



Friday 4th May 2018
Newsletter 25
School & Governor contact
01453 757251
01453 758190 (Fax)
Facebook @foxmoorprimaryschool
Family Lives Helpline
0808 800 2222
www.familylives.org.uk
Early Help Partnership
Families First Plus. Stroud
01452 328130
www.glosfamiliesdirectory.org.uk
School Nurse Contact
0300 421 8959
Early Years & Childcare
0800 542 02 02
Glos. County Council
www.gloucestershire.gov.uk
Friends of Foxmoor (FOF)
Facebook:
friendsoffoxmoorschool
Contact: Natalie Hombrado
01453 757251 (school office)

Diary

May

7th Bank Holiday
8th – 11th Week 3 School lunches
8th Brass Band at Cheltenham Music Festival
10th Scholastic Book Club deadline
14th – 18th SATs Week
22nd & 23rd No Fit Club
23rd Book Club book sale
25th Film Night
28th – 1st June Half Term

Save the Date!

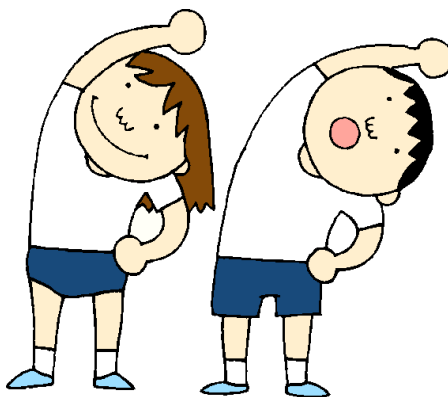
The new date for the Film Night to raise funds to support pupils in Nkokoto, Tanzania is Friday, 25th May. More details to follow.

Bank Holiday

Please remember that the school will be closed on Monday 7th May for the May Day Bank Holiday. Gates will open at 8.45am as usual on Tuesday 8th.

P.E. Kit

During the coming months children may go outside at any time for P.E lessons to make the most of the warmer weather, it may not be on set days as earlier in the year. Please ensure your child has their P.E kit in school every day so that it is available when needed and they do not miss out on these lessons. Thank you.

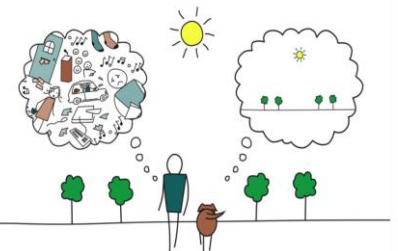


Scholastic Book Club

There are **only 6 days left to order** from our latest **Scholastic Book Club**. Just go to <http://schools.scholastic.co.uk/foxmoor> to browse the latest books and place your order. **Every £1 you spend** on this month's Book Club will earn **25p for our school** in Scholastic Rewards.

Parent/Carer Evenings

Sessions will be held on a Thursday at 7pm on the following dates:
10th May (Nutrition)
21st June and
12th July.
Please let school know if you wish to attend so that we can prepare accordingly.



Mind Full, or Mindful?

A-Z of Mindfulness

Mindfulness is "Paying attention in a particular way, on purpose, in the present moment, without judgement".

Ways to be mindful in nature.

A is for Awareness

The easiest way to be 'present' is to focus on the small things. Find a quiet spot and focus on something close to you, for example a blackbird looking for food, a spider in a web or a bee visiting flowers. Listen to the sound, smell the air, feel the breeze and look in great detail – for these few blissful moments you were aware.

We would like to feature tips A-Z each week in the Foxmoor Flyer and would love your suggestions. Please send your ideas to Mrs Montague. Next issue will be 'B is for...' It's over to you.