



**POWERHOUSE**  
*LEADERS*

## **EXECUTIVE RESET**

### **The Program:**

The Powerhouse Leader Executive Reset is an intensive 30-day 1:1 experience for executives and leaders committed to achieving exceptional results while preventing burnout and optimizing their energy and performance.

### **Outcome:**

By participating in this program, we will:

- Address the root causes of problems
- Eliminate obstacles and energy drains
- Achieve clarity and alignment with your goals

### **Key Phases:**

#### **1. ASSESS:**

We begin with a comprehensive evaluation and a 360-degree reflection to gain a deep understanding of your unique challenges and leadership requirements.

#### **2. TRIAGE:**

Identify and prioritize the top two issues that demand immediate attention to set the stage for transformation.

#### **3. VIP DAY:**

Embark on a deep dive to solve the root causes of your challenges, gaining clarity, confidence, and alignment with a well-developed action plan.

#### **4. FOUNDATIONS:**

Establish a solid foundation through pre-work, strategic work sessions, and habit-building. This ensures that recurrent issues are effectively addressed and resolved.

### **Your Investment:**

Experience a comprehensive transformation and revitalization in just 30 days with Powerhouse Leaders. This program empowers you to achieve exceptional results, eliminate obstacles, and gain clarity and alignment with your goals.

**\$7500**



## POWERHOUSE LEADERS

### Here's how the Executive Reset works:

- You complete the comprehensive assessments and initial intake interview.
- Then we meet for a 90-minute triage call to address and solve the immediate situation so you are free to focus on expansion
- I develop a customized program tailored to your strengths, preferences, and specific needs
- We hold your full VIP Day where we develop clarity and alignment on goals
- We meet twice weekly for strategic work sessions via video conference or phone (timing for this depends on your needs)
- We communicate daily for ongoing progress reviews, obstacle reframing, and skill enhancement inside your custom client portal
- We have a final 60-minute call for review and post-assessment.

*"Stephana embodies the essence of a **transformational leader**, radiating warmth and kindness akin to a **guiding light** in our world. Her profound **dedication to the well-being and success of her clients is evident in every interaction**. She doesn't just offer surface-level guidance; **she delves deep, equipping you with tangible tools tailored for everyday challenges**. Whether you're navigating personal ambitions or business endeavors, Stephana crafts a **tailored roadmap, laden with invaluable resources** to propel you toward your goals. I am profoundly blessed to have her influence in my life, and I wholeheartedly endorse her for anyone genuinely committed to **catalyzing positive change** and truly elevating their journey."*

*Arzays Davani, CEO of The Davani Group, Current Client*

### About Stephana Johnson:

Stephana Johnson is a speaker, author, and leadership resilience expert. She has been helping high-powered leaders revitalize and optimize their performance without compromising their energy or relationships since 1998. Before that, she worked with executives and high-powered leaders in the music and entertainment industry for 10 years, specializing in crisis management. Stephana is an award-winning speaker who helps leaders achieve more results with less BS for themselves, their teams, and their bottom line.

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