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**CATALOGUE**



As a leader in medical publishing, we take immense pride in curating a comprehensive range of cutting-edge publications across diverse medical specialties. Our product portfolio reflects our commitment to delivering high-quality, evidence-based content, designed to support healthcare professionals in enhancing patient care and clinical practice.

From quick reference guides addressing common clinical dilemmas to detailed atlases rich in visual content, our publications provide essential insights that bridge the gap between theory and practice.

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Whether you’re a seasoned clinician or a budding medical professional, our resources are tailored to meet your needs, empowering you with the knowledge and tools to stay ahead in an ever-evolving field.

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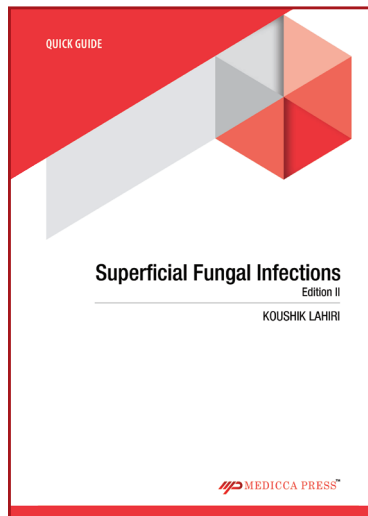


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## **Quick Guides**



## Superficial Fungal Infections Edition 2

**Product Code:** MPQG001

Superficial fungal infections, common in family physician practice, present challenges in diagnosis and management. Key dilemmas include choosing between topical or systemic antifungals, treatment duration, drug resistance, and the use of corticosteroids. This book distills the author's clinical experience and expertise into a clear, comprehensive guide, making it an essential reference for busy clinicians.

Author: **Koushik Lahiri**  
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Paperback  
ISBN: 978-9-380-55402-0

Size: (W) 5.83" x (H) 8.27"  
No. of Pages: 210

## Approach to Fever in Clinical Practice

Fever of Unknown Origin – A Clinical Enigma

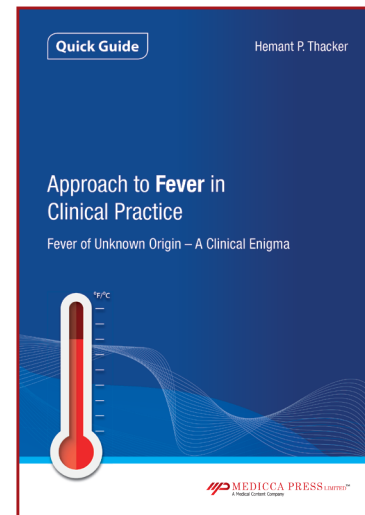
**Product Code:** MPQG002

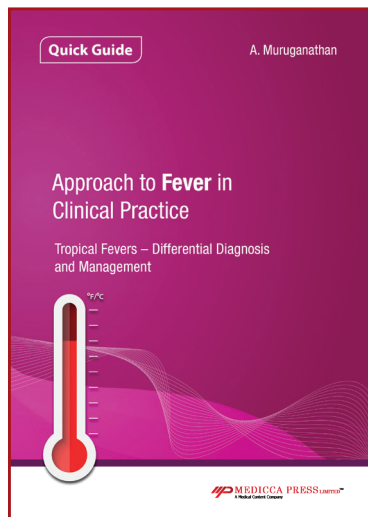
Fever of unknown origin (FUO) has been accepted as a clinical enigma, posing challenges in diagnosis and management. Focused testing is the key to diagnosis. The author, an eminent physician and specialist in infectious diseases, unravels this enigma in his own inimitable style, in a simple and lucid manner.

Author: **Hemant P. Thacker**  
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Paperback  
ISBN: 978-9-380-55392-4

Size: (W) 5.83" x (H) 8.27"  
No. of Pages: 124





## Approach to Fever in Clinical Practice

Tropical Fevers – Differential Diagnosis and Management

**Product Code:** MPQG003

Tropical fevers impose a significant challenge in terms of their high prevalence as well as the morbidity and mortality associated with them. The diagnosis and management pose immense challenges in clinical practice. The author, a prominent physician, with a distinguished academic career, long years of clinical experience, and highly recognized for his contributions to clinical medicine, has provided an insightful approach to this complex group of disorders in a simple and practical manner.

Author: **A. Muruganathan**  
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ISBN: 978-9-380-55391-7

Size: (W) 5.83" x (H) 8.27"  
No. of Pages: 140

## Approach to Respiratory Tract Infections in Clinical Practice

Upper Respiratory Tract Infections

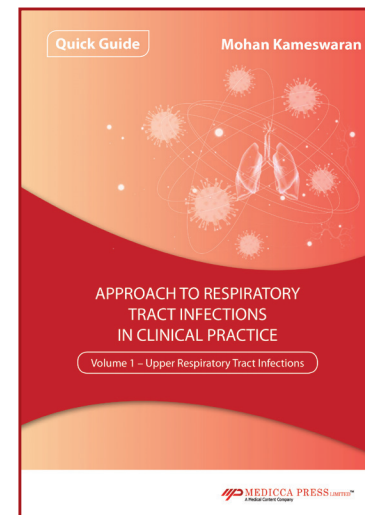
**Product Code:** MPQG004

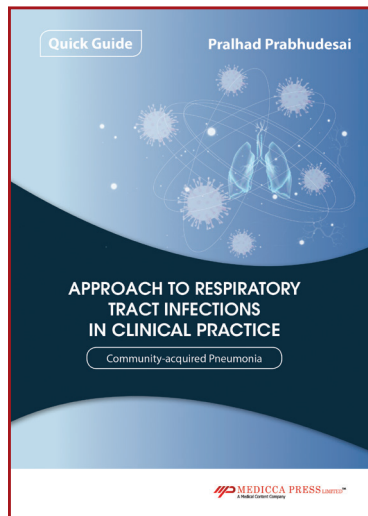
Upper respiratory tract infections, though very commonly encountered in primary care clinical practice, have always remained conditions without practical consensus in respect of diagnosis and management. This has resulted in antimicrobial resistance to commonly used antimicrobials. Thus, there is a need to bring in a conscious change in practice, based on evidence and guideline recommendations. The author, a renowned ENT surgeon, has bridged this gap in this book.

Author: **Mohan Kameswaran**  
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ISBN: 978-9-380-55393-1

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No. of Pages: 128





## Approach to Respiratory Tract Infections in Clinical Practice

Community-acquired Pneumonia

**Product Code:** MPQG005

Community-acquired pneumonia (CAP), a leading cause of death among infectious diseases, imposes a heavy burden on the healthcare system globally. The high prevalence rates, changing landscape of etiological agents, emergence of drug-resistant pneumococci and other drug-resistant bacteria, limited availability of diagnostic testing facilities in resource poor settings, have all thrown up challenges in managing CAP in community settings. This book will serve as a valuable companion while managing CAP in clinical practice.

Author: **Pralhad Prabhudesai**  
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Paperback  
ISBN: 978-9-380-55394-8

Size: (W) 5.83" x (H) 8.27"  
No. of Pages: 160

## Approach to Cough in Clinical Practice

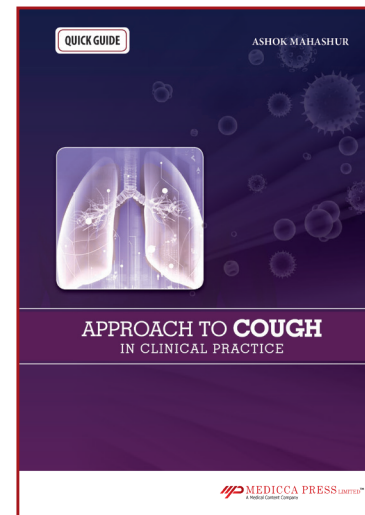
**Product Code:** MPQG006

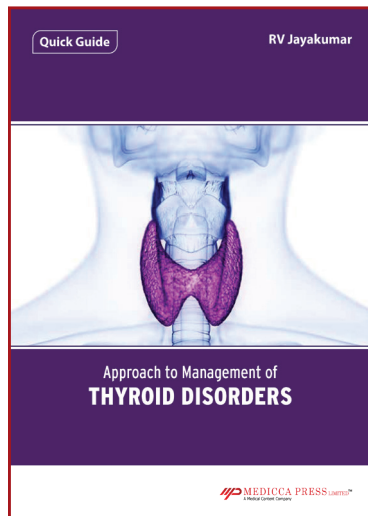
Cough, a frequent yet complex symptom in primary care, presents diagnostic and treatment challenges across diverse patient groups. This book masterfully blends cutting-edge research with the author's extensive clinical expertise, providing a clear and comprehensive guide to diagnosis and management. It serves as an invaluable reference for busy clinicians, family physicians, undergraduates, interns, and postgraduate students alike, simplifying a common yet often perplexing symptom in medical practice.

Author: **Ashok Mahashur**  
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## Approach to Management of Thyroid Disorders

**Product Code:** MPQG007

This book is a comprehensive, up-to-date guide on diagnosing and managing common thyroid disorders, tailored for physicians. It covers physiology, clinical signs, diagnostics, and treatment approaches in a clear, practical way. Special focus on subclinical hypothyroidism, hyperthyroidism, and thyroid issues in women makes it especially useful for physicians treating female patients. A valuable everyday resource for all clinicians.

Author: **RV Jayakumar**  
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Paperback  
ISBN: 978-9-380-55397-9

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## Approach to Constipation in Clinical Practice

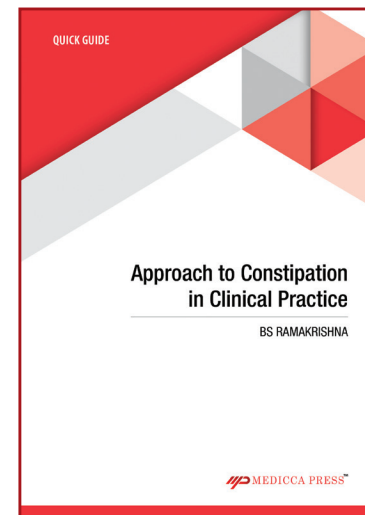
**Product Code:** MPQG008

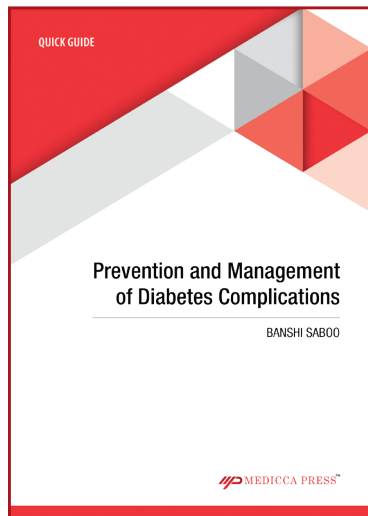
Constipation, a common yet burdensome issue in primary care, presents with overlapping symptoms that demand precise diagnosis and tailored treatment. Advances in understanding its causes are key to effective management. This book offers a concise, evidence-based guide to diagnosing and treating constipation, making it an invaluable resource for primary care physicians and postgraduate students alike.

Author: **BS Ramakrishna**  
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No. of Pages: 136





## Prevention and Management of Diabetes Complications

**Product Code:** MPQG009

Diabetes causes major health problems that can affect both small and large blood vessels, resulting in a number of acute, microvascular, and macrovascular complications. This book provides a comprehensive and up-to-date account on the prevention and management of complications of diabetes in clinical practice. A thorough account of various complications (acute, microvascular, and macrovascular), its etiology, clinical manifestations, diagnostic evaluation, prevention, and management has been presented lucidly. This book will serve as a valuable tool to diabetologists, primary care physicians, and postgraduate students.

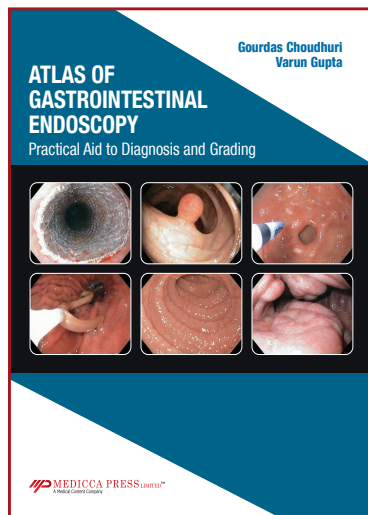
Author: **Banshi Saboo**  
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Paperback  
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No. of Pages: 200



# **Medical Atlas**



## Atlas of Gastrointestinal Endoscopy Practical Aid to Diagnosis and Grading

**Product Code:** MPMA001

Endoscopy remains a pivotal and dynamic area in Gastroenterology, particularly for trainees and young consultants. Modern endoscopes are sleek, equipped with advanced digital optics, versatile movements, and various working channels. Mastering endoscopy involves three key aspects: (1) understanding when and why to perform procedures, along with their limitations, contraindications, and risks; (2) acquiring the necessary psychomotor skills; and (3) developing cognitive skills to identify and interpret findings through the endoscope.

This atlas is a collection of clinical images which would be vital to the budding Gastroenterologist.

**Author:** Gourdas Choudhuri, Varun Gupta  
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**Hardback**  
ISBN: 978-9-380-55391-7

**Size:** (W) 8.5" x (H) 11"  
**No. of Pages:** 352

## Common Anorectal Disorders

**Product Code:** PMA002

This book provides a concise yet thorough guide to anorectal disorders for surgeons. It simplifies the diagnosis and management of common conditions like hemorrhoids, anal fissures, abscesses, and fistulas by breaking down their types, grades, and severity. It also includes practice guidelines from the Association of Colorectal Surgeons of India and the American Society of Colorectal Surgeons in easy-to-reference tables. With "Clinical Practice Tips," the book focuses on surgical strategies to enhance skills and patient care. Its innovative "Living Book" concept integrates QR codes, offering access to videos and images, creating a dynamic, evolving learning resource.

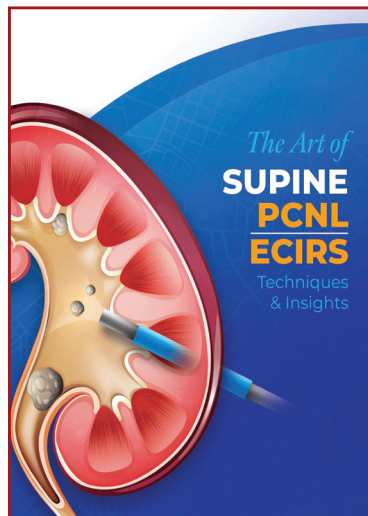
**Author:** Kushal Mital  
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**Hardback**  
ISBN: 978-9-380-55406-8

**Size:** (W) 8.5" x (H) 11"  
**No. of Pages:** 166



# **Learning Modules**



## The Art of Supine PCNL/ECIRS

### Techniques and Insights

Dive into the world of Urological excellence with The Art of Supine PCNL/ECIRS – Techniques and Insights. Crafted by leaders in the field of Urology, this module offers a comprehensive exploration of supine PCNL, providing valuable surgical insights on the techniques. Immortalizing a dedicated workshop, held by the Urological Society of India and its Urolithiasis Section, this book is poised to enhance understanding and practice of supine PCNL for Urologists and trainee Urologists.

Author: **Harprit Singh and Arun Kumar B**

Affiliation: The Urological Society of India  
Urolithiasis Section

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Hardback ISBN:  
978-9-380-55404-4

Size: (W) 8.5" x (H) 11"  
No. of Pages: 102

## Constipation in Women

### Insights into a common concern

In addition to Constipation being uncomfortable, consistent straining during bowel movements also increases the odds of developing unpleasant complications like hemorrhoids, anal fissures and pelvic floor dysfunction.

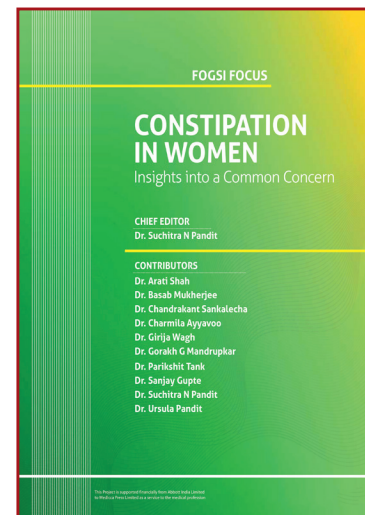
Understanding the importance of this subject, the authors decided to bring out a simple attempt at understanding the pathophysiology risk factors and discussing prevention through lifestyle changes and treatment.

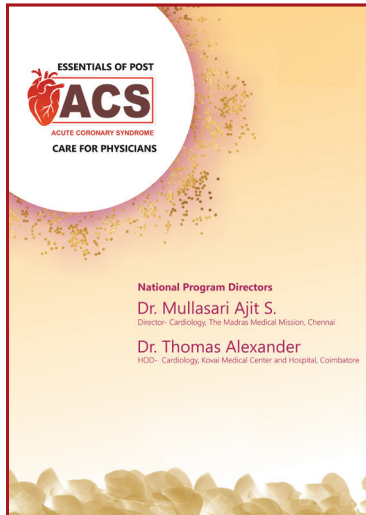
Author: **Suchitra Pandit**

Affiliation: Federation of Obstetric and  
Gynecological Societies of India (FOGSI)  
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No. of Pages: 40





## Essentials of Post ACS (Acute Coronary Syndrome) Care for Physicians

Acute coronary syndrome refers to a range of myocardial states that include unstable angina, non ST segment elevation myocardial infarction and ST segment elevation myocardial infarction. ACS is associated with considerable morbidity and mortality. This series of modules outline the essentials of post ACS for physicians and cover important aspects line post ACS Pharmacotherapy, Cardiac Rehabilitation in post ACS care, and Follow Up and Testing post ACS.

Editors: **Mulasari Ajit S., Thomas Alexander**  
Affiliation: STEMI India  
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(4 Volume Set)

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No. of Pages: 200

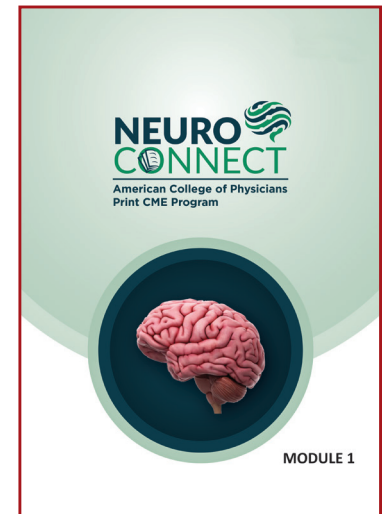
## NeuroConnect

This academic skill enhancement program Neuro Connect developed in collaboration with the American College of Physicians, aims to provide clinicians with a one stop solution for understanding neurological disorders. This module covers 6 chapters, namely, Neuropathy, Neuromuscular Disorders, Trauma and Injuries of the Head, Cognitive Impairment, Spinal Cord Disorders and Multiple Sclerosis.

Affiliation: ACP India Chapter  
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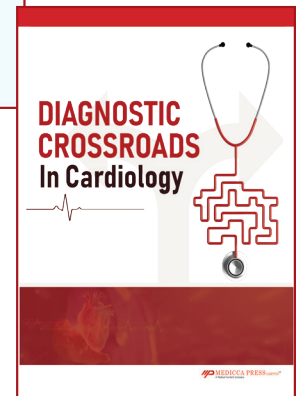
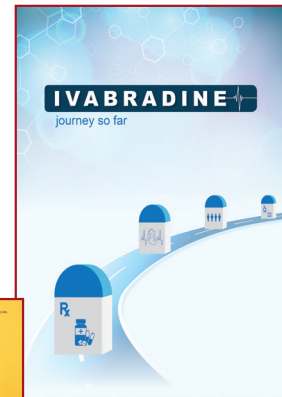
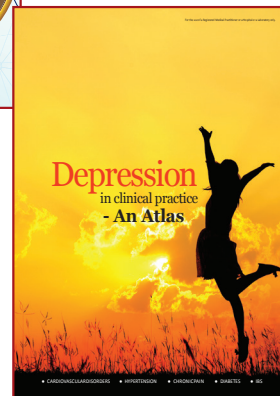
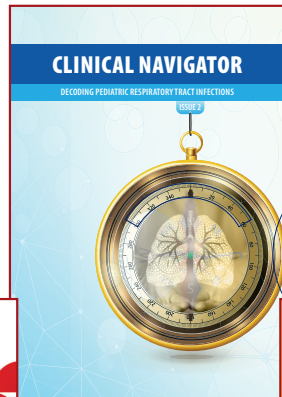
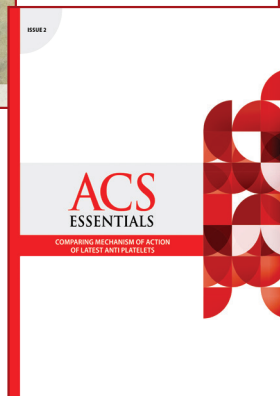
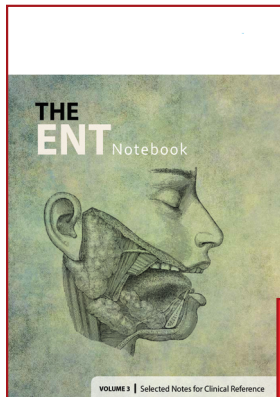
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No. of Pages: 96



## Infographic Literature

Our innovative series presents complex medical information in a visually engaging and accessible format. Each publication combines evidence-based research on specific therapies or drugs with carefully crafted infographics, including flowcharts, images, and creative visual elements. Designed to enhance understanding and retention, these visual aids simplify intricate medical concepts, providing healthcare professionals with clear, actionable insights. Whether exploring treatment pathways, drug mechanisms, or clinical guidelines, this series is an indispensable resource for practitioners seeking a concise yet comprehensive overview of the latest advancements in medical science.



## Case Series

This comprehensive series offers an in-depth exploration of real-world patient case studies across a broad spectrum of medical disciplines, including Cardiology, Diabetes, Dermatology, Orthopedics, and more. Each publication delves into varied patient presentations, detailing symptoms, medical history, and diagnostic investigations. By following evidence-based and guideline-driven approaches, these case studies provide healthcare professionals with practical insights into diagnosis and patient management. Designed to bridge the gap between theory and practice, this series is an invaluable resource for clinicians seeking to enhance their clinical decision-making in diverse therapeutic areas.





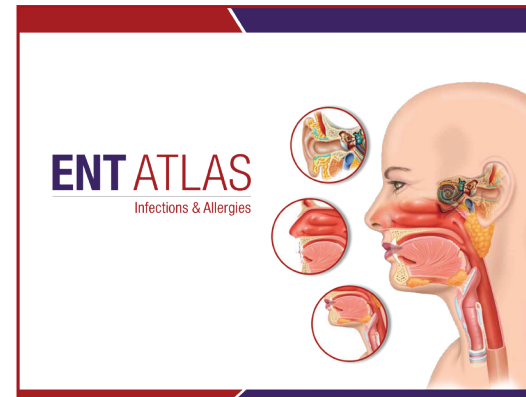
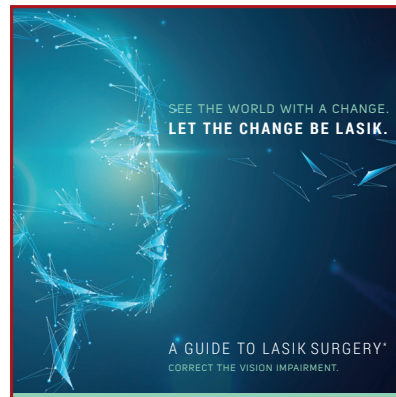
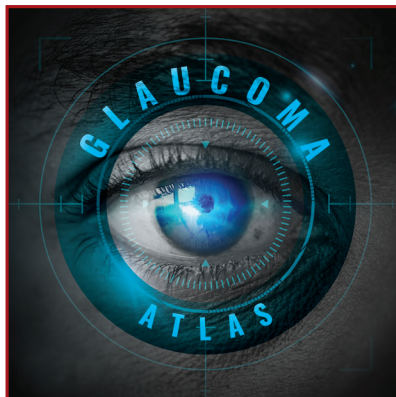
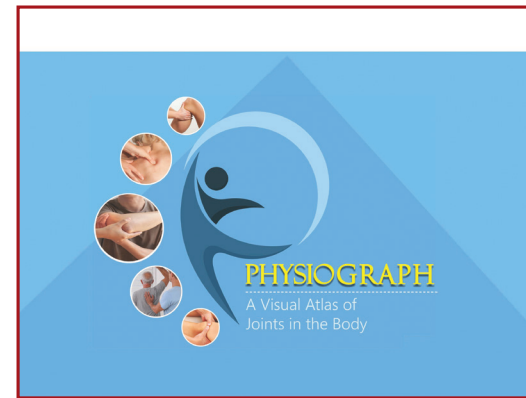
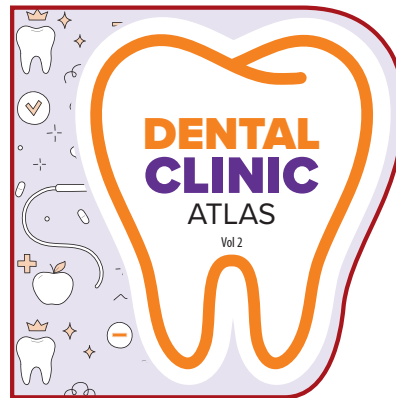
## Clinical Medicine Series

Our specialized series of unique titles, covering different vital medical information, published in a theme-based series.



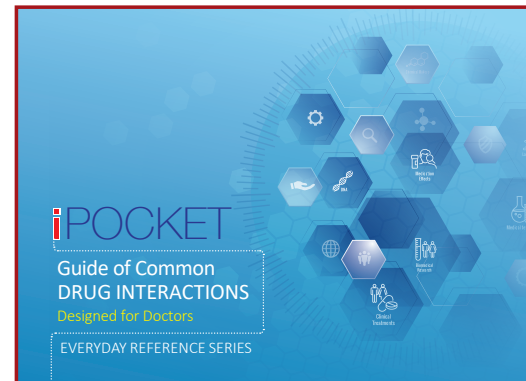
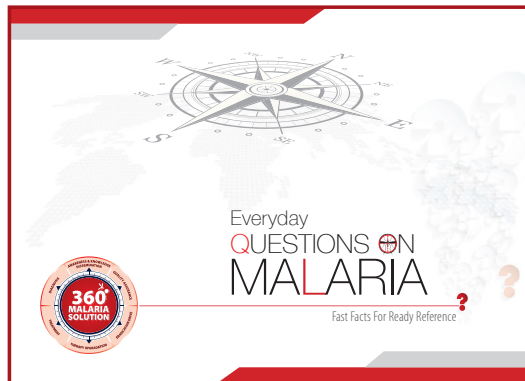
## Medical Art and Illustrations

We are proud to present our exclusive series of medical publications that celebrate the pioneers, groundbreaking discoveries, and key innovations across various medical specialties. Through a blend of artistry and creativity, each book in the series beautifully illustrates the evolution of fields such as Diabetes, Ophthalmology, ENT, Dentistry, and Physiotherapy, among others. These meticulously crafted works not only provide deep insights into medical advancements but also serve as a tribute to the visionaries who have shaped modern healthcare.



## Pocket Literature

Introducing our Pocket Literature series—a concise, yet powerful collection of essential medical references designed for quick access in clinical practice. This series covers crucial topics like ECG interpretation, drug interactions, and key clinical notes, providing healthcare professionals with immediate, reliable information at their fingertips. Compact and easy to carry, these guides serve as invaluable tools for on-the-go decision-making, helping to streamline patient care with accuracy and efficiency. Perfect for both novice and experienced clinicians, this series ensures you have the critical insights you need, anytime, anywhere.



News Bulletins

Stay ahead in the fast-evolving world of medicine with our series of News Bulletins, tailored to various specialties. Each bulletin delivers the latest updates, expert research opinions, clinical recommendations, and groundbreaking discoveries or inventions, ensuring you are always informed about the most recent advancements in your field. Whether you are looking to stay current on innovative treatments, emerging medical technologies, or evolving best practices, these bulletins provide concise, expertly curated content to keep you at the forefront of modern healthcare. Stay updated, stay informed, and stay ahead with our cutting-edge medical news series.

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# GAN

GLOBAL  
ANTIBIOTIC  
INITIATIVE

UPDATE ON INFECTION DISEASE

1000000

## Green tea extract for infections due to *S. aureus*

Antibiotic-resistant strains of *Staphylococcus aureus* are a leading cause of hospital-acquired infections. A study of the effect of green tea extract on *S. aureus* strains demonstrated that the extract was effective against strains resistant to multiple antibiotics. These findings suggest that green tea extract may be used as an adjunct to antibiotic treatment in patients with antibiotic-resistant *S. aureus* infections.



**Background:** Antimicrobial resistance is a global health problem. *Staphylococcus aureus* is a leading cause of hospital-acquired infections. Green tea extract has been shown to have antibacterial activity against *S. aureus* in vitro.

**Methods:** The effect of green tea extract on *S. aureus* strains resistant to multiple antibiotics was evaluated. The extract was applied to the surface of the agar in the petri dish.

**Results:** The green tea extract was effective against strains resistant to multiple antibiotics. The extract was also effective against strains resistant to multiple antibiotics.

**Conclusion:** Green tea extract may be used as an adjunct to antibiotic treatment in patients with antibiotic-resistant *S. aureus* infections.

## Bariatric surgery and antibiotic resistance

A study of the effect of bariatric surgery on antibiotic resistance in *Staphylococcus aureus* found that the surgery was associated with an increase in antibiotic resistance. The study also found that the surgery was associated with an increase in the use of antibiotics. These findings suggest that bariatric surgery may be associated with an increase in antibiotic resistance.



**Background:** Bariatric surgery is a common procedure for the treatment of obesity. Antibiotic resistance is a global health problem. *Staphylococcus aureus* is a leading cause of hospital-acquired infections.

**Methods:** The effect of bariatric surgery on antibiotic resistance in *S. aureus* was evaluated. The study also found that the surgery was associated with an increase in the use of antibiotics.

**Results:** The study found that bariatric surgery was associated with an increase in antibiotic resistance. The study also found that the surgery was associated with an increase in the use of antibiotics.

**Conclusion:** Bariatric surgery may be associated with an increase in antibiotic resistance.

## People will demand (big drug) and thus will begin an era ... of disease - Dr Alexander Paping



**Background:** Antibiotic resistance is a global health problem. People will demand (big drug) and thus will begin an era ... of disease - Dr Alexander Paping.

**Methods:** The effect of antibiotic resistance on people's demand for drugs was evaluated. The study found that people will demand (big drug) and thus will begin an era ... of disease.

**Results:** The study found that people will demand (big drug) and thus will begin an era ... of disease.

**Conclusion:** People will demand (big drug) and thus will begin an era ... of disease.

2 Demands and Development

3 Initiatives in News

4 Antibiotic Updates

5 Case Report

8 Strategies from CRISP 2018

# MONITOR

## AN ANESTHESIOLOGY UPDATE

### Issue 1

#### Inside this issue:

- News and updates
- Anesthesia for emergency surgery
- Schizophrenia in focus: Mechanism of anesthesia effects
- Drugs/indications and anesthesia complications
- Complications in focus
- Postoperative recovery insights
- Prelimin
- Mind map

#### NEWS AND OPINION

##### Robotic advancements in anesthesia

Robotic systems have become increasingly utilized in clinical and research settings over the recent decades, offering numerous benefits to various medical fields. Anesthesia is no exception. This article explores the latest developments in robotic anesthesia, including the integration of AI, the emergence of hybrid communication among humans, machines, and algorithms through digital networks, and other innovations.

Robotic anesthesia systems have the potential to enhance patient safety, improve workflow efficiency, and reduce the risk of human error. By automating routine tasks and providing precise, consistent dosing, these systems can free up anesthesiologists to focus on patient care and complex decision-making.

Key areas of advancement include:

- Automated drug delivery:** Systems that can precisely administer anesthesia agents based on patient weight, vital signs, and pre-set protocols.
- AI-driven decision support:** Algorithms that analyze real-time patient data to predict and adjust anesthesia requirements.
- Remote monitoring and control:** Enabling anesthesiologists to manage multiple patients or procedures simultaneously.
- Enhanced patient safety:** Reducing the risk of human error in drug administration and monitoring.

As technology continues to evolve, the integration of robotic systems into anesthesia practice is expected to become more widespread, ultimately leading to improved patient outcomes and more efficient surgical care.

##### Pharmacological robots

Pharmacological robots are designed to automate the process of drug administration and monitoring, ensuring precise dosing and timing. These robots can be used in various settings, including hospitals, research laboratories, and home care environments.

Key features of pharmacological robots include:

- Automated drug dispensing:** Precise measurement and delivery of medications.
- Real-time monitoring:** Continuous tracking of drug levels and patient response.
- Integration with electronic health records (EHR):** Seamless data exchange for patient management.
- Reduced human error:** Minimizing the risk of medication mistakes.
- Improved workflow efficiency:** Freeing up healthcare professionals for other tasks.

Pharmacological robots are particularly beneficial in intensive care units (ICUs) and operating rooms, where precise medication management is critical for patient safety and recovery.

##### Mechanical robots

Mechanical robots are used to assist in various surgical and medical procedures, providing enhanced precision and stability. These robots can be used for minimally invasive surgery, prosthetic implantation, and other complex medical interventions.

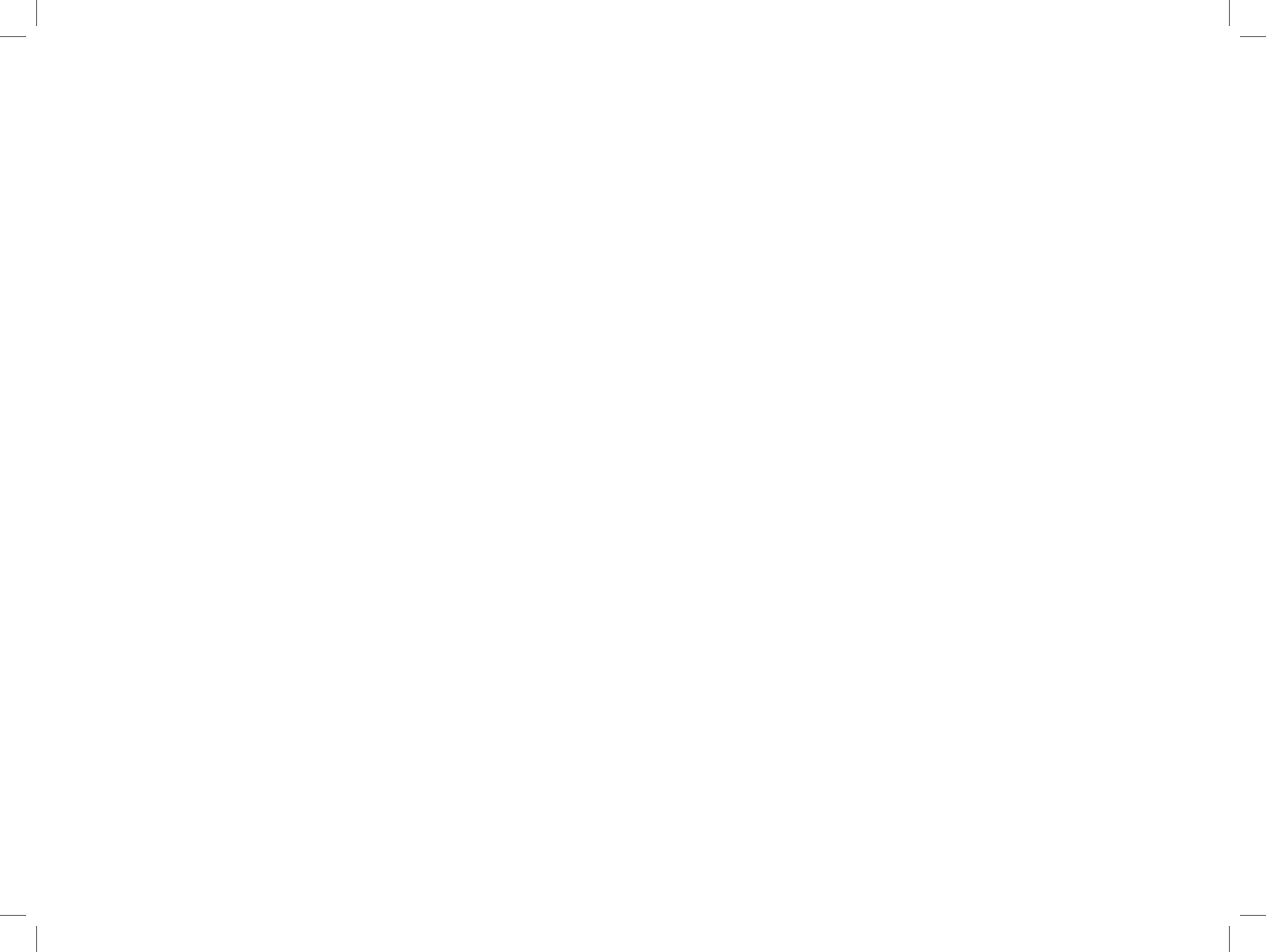
Key features of mechanical robots include:

- Enhanced precision and stability:** Reducing tremor and improving control during delicate procedures.
- Minimally invasive approach:** Allowing for smaller incisions and faster recovery times.
- Integration with imaging systems:** Providing real-time visual feedback for the surgeon.
- Reduced risk of complications:** Minimizing the chance of tissue damage and infection.
- Improved patient outcomes:** Leading to shorter hospital stays and faster return to normal activities.

Mechanical robots are widely used in orthopedic surgery, neurosurgery, and urology, among other specialties. They represent a significant advancement in surgical technology, offering patients safer and more effective treatment options.

The integration of robotic systems in anesthesia practice is a multidisciplinary effort, involving anesthesiologists, engineers, and healthcare administrators. As technology continues to advance, the potential for robotic anesthesia to revolutionize patient care is immense.

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