

# Gwesty'r MARINE Hotel & Spa



*Spa  
&  
Beauty*



Visit our new Spa facilities and enjoy a luxurious and tranquil experience, with fitness classes coming soon, or indulge yourself with a delicious afternoon cream tea

01970 610993 / 01970 612444

Gwesty'r Marine Hotel, Marine Terrace, Aberystwyth, Ceredigion SY23 2DA  
[gwestymarinehotel.co.uk](http://gwestymarinehotel.co.uk)

# Treatment List

## FACIAL TREATMENTS

- Express Facial £20
- Aromatic Facial £35
- Line Smoothing Caviar Facial £42
- Hydra-lift Collagen Facial £40
- Resurface & Peel Facial Course of 6 £200

## BODY TREATMENTS

- Swedish or Aromatherapy Massage £49
- Back, Neck & Shoulders £35
- Candle Massage £39
- Full Body Candle Massage £49

## HOLISTIC TREATMENT

- Hopi Ear Candling £20
- Hot Stones Therapy £40/50
- Indian Head Massage £25
- Reiki £30
- Reflexology £30

## FINGERS & TOES

- File & Varnish\* £12
- File & Gel Polish £20
- Manicure £20
- Luxury Manicure\*\* £25
- Pedicure £23
- Luxury Pedicure\*\* £28

\*(with another treatment only)

\*\*Luxury is with the addition of paraffin wax

## Afternoon Tea

Selection of open rolls, scones,  
selection of cake and a pot of tea or coffee £16.95

## High Tea

Selection of open rolls, savoury pastries, scones,  
selection of cake & pot of tea or coffee  
£19.95

Or Why not add some Prosecco...

- Glass £5.50
- Bottle £20.95

Bookings essential, please call us to book:  
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