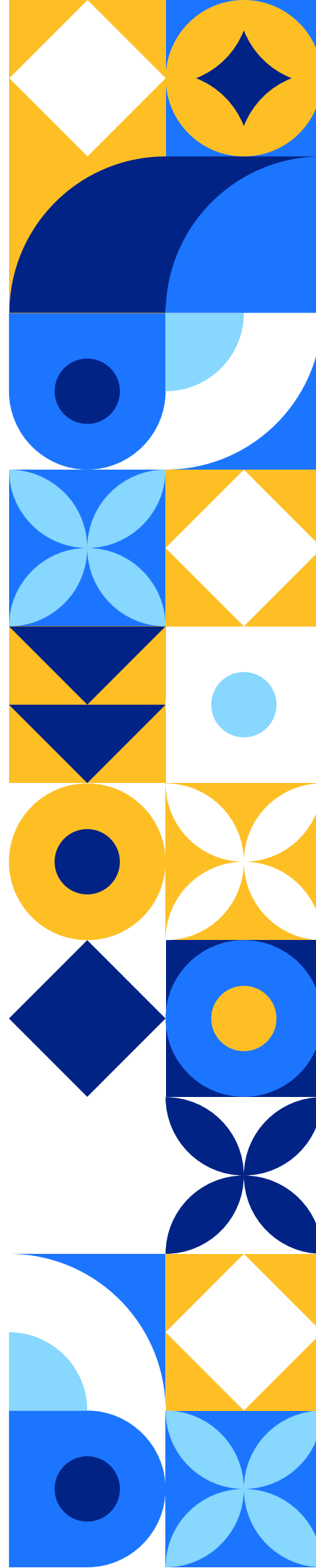


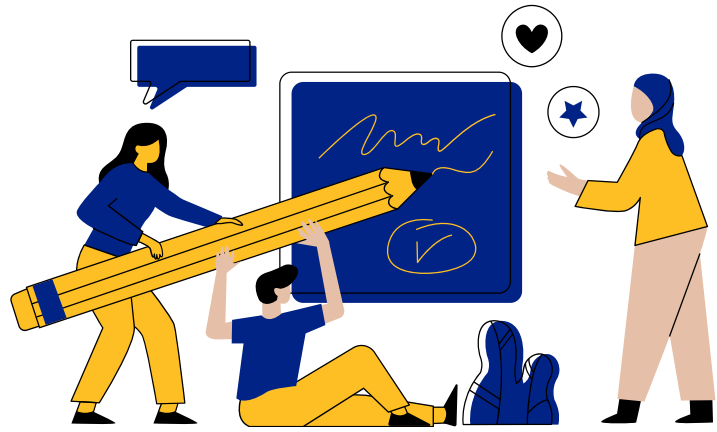


PROGRAMME CATALOGUE

DEVELOPING FUTURE LEADERS



CONTENTS



03

**About
Us**

07

**Teambuilding
Activities**

16

Simulations

20

Workshops

32

**Digital Learning
& Reinforcements**

38

**List of
Workshops**



ABOUT US

WHERE WE ARE NOW

Established since 2012 with a global experience serving Fortune 500 companies across 41 countries.

Established in 2012, Thriving Talents has been committed in the journey of developing talents with a global experience spanning 41 countries. We offer personalized solutions for clients with targeted and specific business and training needs.

Thriving Talents proven track record has helped our esteemed clients to develop sustainable high performance teams. We have served Fortune 500 companies, SMEs and Entrepreneurs with customized talent development solutions.

In providing Transformative Learning Experiences to our clients, Thriving Talents is grateful to have received recognitions from trusted bodies from Malaysia and beyond. We are committed in journeying with your organizations to be crisis proof and dynamic in growth.

40+

Expert
trainers

41+

Countries
impacted

210+

Training
workshops

350+

Trusted
clients

5K+

Training sessions
held

RM 15M+

Total value
delivered to clients



CLIENT TESTIMONY



YOKE YIEN

Group Head of Marketing, an international pharmaceutical company

All trainers engaged in this Management training journey were high energy, not to mention their experiences and ability to share a lot of relevant examples. I have gained a lot of insights, ideas and methodology to develop myself, my team and to grow further with my company.

SHAWN WONG

Head of OD & Learning, a global beverage company

Michael and Thriving Talents team is by far one of the most dedicated, authentic and progressive team I have encountered so far. We have recently engaged the team into a series of works in the area of D&I, and guess what? His team literally put my senior team in awe for their enthusiasm, preparedness and dedication! One of the talks he has conducted on multigeneration culture was obviously impacting our audiences in the greatest way I could ever imagine! Well done, mate!

SITI HASLIZA MAT JALI

Finance Professional, an international oil & gas company

I [have] attended [Thriving Talents's] event [twice] and Michael was the speaker for both events. He was very energetic, the message was clear, the presentation was simple, the activities were impactful and had achieved the objective of the event. The pace of each session [was] just nice and everyone enjoyed [themselves]. [Everyone was] able to follow the event since full attention was [held] due to his amazing presentation.

ANDREW POON

Relationship Manager, an international bank

Pleasant collaborative experience with Thriving Talents. As a peachy speaker/trainer, Michael is adept at pulling off impactful presentations with a series of storytelling and role play demonstrations. My participants rejoiced in his energy and benefited from his techniques.



OUR ACHIEVEMENTS



We have been featured in global media like **CNN, BBC and Mashable**, to even **hosting President Barack Obama** in one of our workshops for young leaders.

In providing Transformative Learning Experiences to our clients, we are grateful to have received recognitions from authority bodies listed below:

- SME Awards, Top 100 Fastest Growing SMEs in Malaysia for 2018, SME Magazine
 - Golden Bull Awards in 2019 for Emerging SME in the Training Industry, Business Media International (BMI)
 - STAR SOBA 2019, YOUNG ENTREPRENEUR OF THE YEAR PAR EXCELLENCE ACHIEVEMENT, MICHAEL TEOH SU LIM
 - JCI CYEA TOP 10 FINALIST, Thriving Talents
 - The Malaysian Role Model Enterprise of the Year Award 2023
 - THRIVING TALENTS SDN BHD - 2022 Malaysia Winner of CXP Best Customer Experience Awards, CXP Asia
- **Ranked based on our:**
- Pre and post - training services
 - Assisting clients in project coordination and management of trainings & teambuildings
 - Assisting clients to troubleshoot problems related to training needs & deliveries
 - Assisting clients on HRD corp. claims and levy
 - Providing consulting for clients to better their training programmes





TEAMBUILDING



INDOOR



PEDAL TO THE METAL

Teams work together to build a sculpture and achieve a 'Breakthrough!' in their mindsets.

Time Management | Team Resilience



INDOOR



TWIN TOWER PROJECT

Teams will be given limited building materials and work together to complete the challenge within the limited time.

Resource Management | Strategic Planning



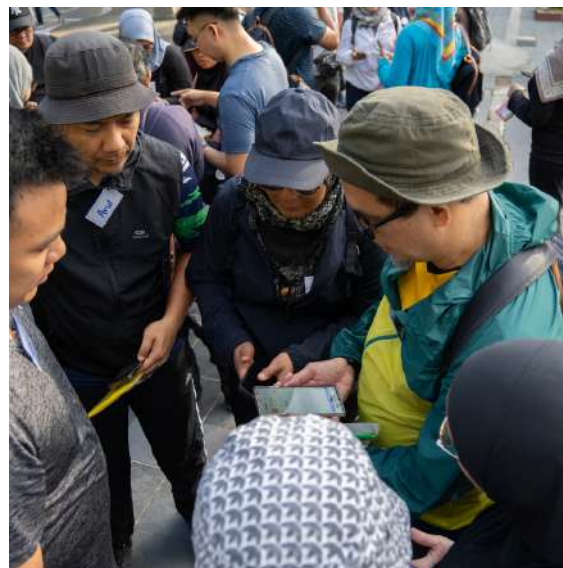
INDOOR



BRIDGE OF UNITY

Teams will construct a bridge within a limited timeframe, manage resources and trust their team members in the process.

Teamwork | Time Management | Collaboration



INDOOR / OUTDOOR



SNAP/TRADERUNNER

Teams must complete tasks within a time limit using a digital platform. Each task's points vary and teams must strategize to maximise their scores.

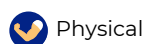
Delegation | Strategic Planning



Popular



Cognitive



Physical



TEAMBUILDING



INDOOR



TAKE CHARGE

Participants will be guided through an 'intimate' appreciation session where they will recognise and appreciate their peers.

Empathy | Bonding | Appreciation



INDOOR

RIVER OF LIFE

Participants will chart their 'Ups' and 'Downs' and to reflect on Lessons which they have learnt from those experiences.

Understanding | Inspiration | Empathy



INDOOR/OUTDOOR



VOICE IN THE DARK

Members of each team will have be blindfolded and must follow their team leader, who is able to see, on a journey.

Trust | Leadership | Communication & Listening



INDOOR



PAY TO WIN

Participants network while learning interesting facts about each other, with a twist.

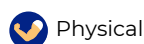
Communication | Negotiation



Popular



Cognitive



Physical



TEAMBUILDING



INDOOR/OUTDOOR



RAILWAY RUNWAY

Teams work together and will need to adapt to a change in circumstances which can only be done via teamwork.

Collaboration | Leadership | Team Work



INDOOR



TRADING NATION

Teams representing 'Nations' with different 'advantages, disadvantages and trade sanctions' operate in a V.U.C.A. world.

Negotiation | Creative & Innovative Thinking



INDOOR/OUTDOOR

PAPER PLANES OF HOPE

Participants will be encouraged to be open in sharing their challenges and reflect on the support and advice given.

Listening | Communication | Empathy



OUTDOOR



TOGETHER WE CREATE

From 'Chaos' to 'Order' – Participants will quickly have to decide on forming their agreements towards selecting 'Leaders' to lead them in coordinating their efforts.

Trust | Leadership | Communication



Popular



Cognitive



Physical



TEAMBUILDING



INDOOR



BRIDGE OF EXCELLENCE

Teams will need to manage the available resources and trust their team members with ad hoc challenges.

Creativity | Time Management | Communication



OUTDOOR



KITCHEN SHOWDOWN

Teams will be given limited building materials and work together to complete the challenge within the limited time.

Creativity | Resource Management | Delegation



INDOOR



HIGH SCHOOL MUSICAL

Teams will create their own songs using whatever they can find around the hall to be their instruments.

Creativity | Resourcefulness



INDOOR



FASHION GALA

Teams will need to unleash their creativity and courage by taking the stage. Participants will need to be agile and flexible.

Creativity | Resourcefulness | Agility

TEAMBUILDING



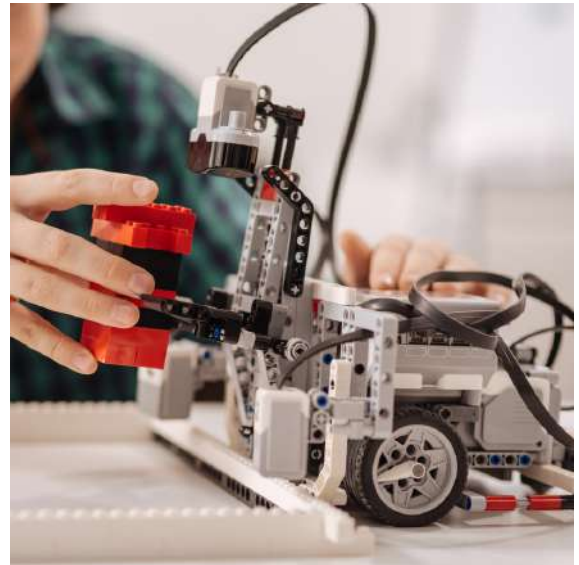
INDOOR/OUTDOOR



THE FLAGMASTER

Teams are covertly assigned unique team numbers and given the mission of securing other team's flags along with other challenges.

Collaboration | Strategic Planning



INDOOR

INVENTION RELAY

Teams will go into a relay where random materials will be given and they will need to follow create a unique invention.

Creative Thinking | Resourcefulness



INDOOR



D.O.P.E

Discover member's personality in a fun way, using the DOPE Bird Test, and have a lively, in-depth discussion.

Listening | Empathy | Communication



OUTDOOR



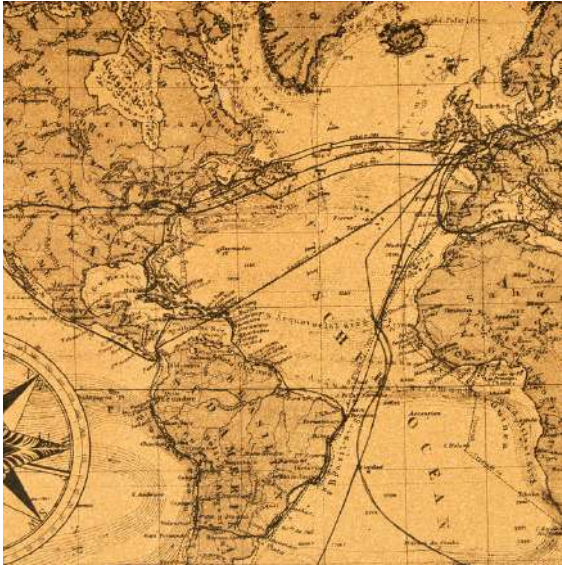
RITE OF ELEMENTS*

Teams must complete tasks within a time limit using a digital platform. Each task's points vary and teams must strategize to maximise their scores.

Time Management | Strategic Planning



TEAMBUILDING



OUTDOOR



KINGDOMS LAND*

Teams will compete with other teams to conquer as much land and kingdom within the area by completing certain tasks.

Time Management | Strategic Planning



INDOOR/OUTDOOR



TRAFFIC JAM

Teams must complete a simple yet challenging obstacle that is presented to them within the time limit.

Communication & Listening Skills | Leadership



INDOOR



HANDYMAN

Teams will go into a relay where members will need to pass on instructions verbally and non verbally to emulate the reference sculpture.

Creative Thinking | Communication Skills



INDOOR / OUTDOOR



TIK TOK

Teams collaborate to create a 30-second scene that encapsulates the company's core values, encouraging creativity and value integration.

Leadership | Collaboration | Delegation



TEAMBUILDING



INDOOR



RESTORAN MAK CIK KIAH

Teams will emulate a restaurant where different members will take on different roles and take on the ever changing challenges of a customer.

Adaptability | Continuous Improvement



INDOOR

PLANE CRASH

Teams must discuss and prioritise the items given for the best chance of surviving a plane crash.

Communication | Strategic Thinking



INDOOR



SHARK TANK

Teams to put their heads together to brainstorm ideas, producing the suitable solutions, and create a convincing pitch that will win the sharks.

Creativity | Communication | Presentation



INDOOR / OUTDOOR



NAIL SLAMMING

Participants will go through a mindset session and slam their hands against a nail in belief that they can achieve anything if they put their mind into it.

Trust | Breakthrough | Self - Belief



Popular



Cognitive



Physical



TEAMBUILDING



INDOOR



KARATE BOARD*

Learners collect their various limiting beliefs and transfer on to the karate board in which it will be broken by their own hands.

Breakthrough | Self - Belief



INDOOR



ICE BATH*

Participants will learn the proper breathing technique and plunge into the ice cold water as a feat of resilience.

Breakthrough | Self - Belief | Resilience



INDOOR



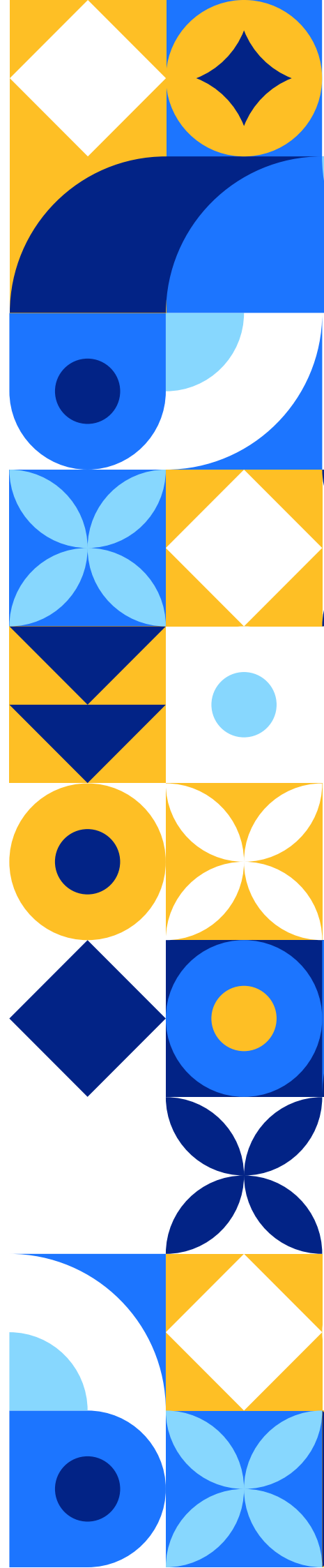
FIREWALK*

Participants will go through a mindset session and walk through the fire as part of breaking through their limiting belief.

Trust | Breakthrough | Self - Belief



SIMULATIONS



SIMULATIONS



3 HOURS - 10 HOURS



BLUEPRINT

Dynamic team-building simulation set in the construction industry, offering real-world challenges for participants. Teams take on roles as construction companies, competing to secure contracts and build structures. With multiple roles, participants tackle leadership and teamwork challenges in a fun and stimulating environment.

Time Management | Strategic Planning



3 HOURS - 10 HOURS



DRIVE

Each team represents an automotive company that has its own unique strength in the industry, giving them an advantage over the competition in some way. In addition, each team is assigned a hidden business objective that grants them extra revenue if successfully completed by the end of the simulation.

Business Acumen | Strategic Thinking



SIMULATIONS



2 DAYS



FONTRA

Fontra is a dynamic 2-day board-based business simulation where teams manage a virtual company under tight constraints, aiming to meet financial targets over four simulated years. Participants engage in purchasing, production, sales, marketing, and finance, utilizing financial ratios for risk management and growth. This immersive game challenges teams to collaboratively achieve the highest Profit After Tax (PAT), Return on Assets (ROA), and Return on Equity (ROE), demonstrating the profound impact of strategic decision-making.

Financial Strategy | Collaboration



1 DAY



TALENT WARS

Talent Wars is a dynamic business simulation where HR and Business Managers team up to collaboratively make key decisions in recruitment, development, and retention, directly impacting marketing and customer strategies. This simulation vividly showcases the complexity and interconnectedness of talent management responsibilities. Participants gain hands-on experience in balancing know-how, brand image, and financial robustness.

Strategic Recruitment | Talent Management Impact



SIMULATIONS



1 DAY



CHAMELEON SIMULATION

The Chameleon Simulation emphasizes mastering political organizational savvy in project management, focusing on managing stakeholder expectations and delivering maximum business value. Participants engage in four phases of change execution, learning to anticipate common roadblocks and effectively solicit stakeholder buy-in. The simulation provides practical experience in balancing project timelines and budgets with the complexities of real-world stakeholder dynamics.

Stakeholder Management | Political Savvy



1 DAY



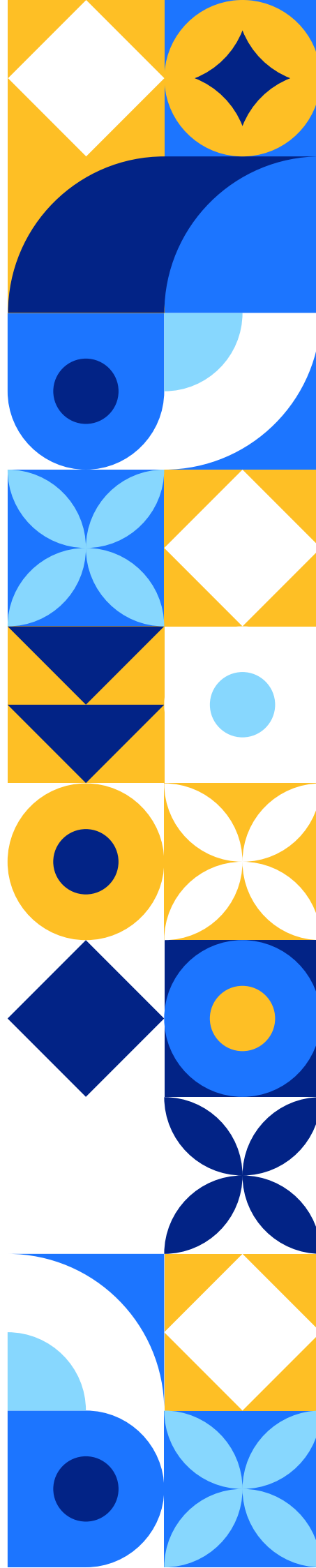
CHANGE MANAGEMENT

In this digital change management simulation, teams of 4-5 participants compete to win over 19 adopters in a change process, without relying on authority power. The simulation emphasizes facilitating four phases of change adoption, transforming negative emotions into positive behaviors, and providing affirmation to overcome fears and objections. Participants strategize to analyze stakeholder needs, identify initiatives that boost personal credibility, and anticipate reactions based on organizational readiness.

Informal Leadership | Change Facilitation



WORKSHOPS



WORKSHOPS

SALES & MARKETING



BUILDING RELATIONSHIPS FOR SUCCESS IN SALES

Sales professionals are also relationship builders. This course teaches participants that making friends and building relationships is the business of all sales professionals, regardless of company size or market.



GROWTH HACKING

The first step in successful growth hacking is accepting that it is not marketing. It has a mindset, processes, skills and systems of its own. This one-day course will teach how to identify and recognize growth hacking and learn and practice effective growth techniques.



OVERCOMING OBJECTIONS TO NAIL THE SALE

Corporate trainers are always looking for ways to help salespeople overcome customer objections. Overcoming Objections to Nail the Sale is a one-day training workshop that helps participants overcome objections and convert prospects to sales. Help participants plan for objections so they can handle customer concerns, reduce objections, and close more sales.



PROFESSIONAL SELLING SKILLS

This two-day sales training programme teaches professional sales skills and mindsets. Salespeople often overtalk, they can't wait to tell customers about their product/service/company, this isn't good salesmanship. In this class, participants will learn essential sales skills, such as controlling the conversation and asking the right questions.



SALES MANAGEMENT

A successful sales manager gives their team clear direction and support, so they can excel and reach their full potential. Successful salespeople often become sales managers, and therefore need different skills than successful salespeople. Top salespeople fail as sales managers for this reason. This course will help them gain the skills they need to succeed as managers.



WORKSHOPS

SALES & MARKETING

SOCIAL MEDIA AND YOUR BUSINESS



If industry customers are active on social media, businesses seeking their business should be there too. In this two-day Marketing with Social Media training course, participants will learn how to use social media effectively, how it fits into their marketing strategy, and how to promote their business with social media.

CUSTOMER SERVICE

CUSTOMER SERVICE – VISION, ENERGY & PASSION TO SERVE



Customer focus is a priority. When customers are put first, they become part of the service culture - this is central to this high-energy workshop. Participants will become flexible and inspirational communicators able to engage customers and deliver world-class customer care with energy and commitment.

HANDLING ANGRY CALLERS



Being on the receiving end of frustrated, angry callers is no fun. When their problems aren't your fault, it seems like customers want revenge. This one-day programme teaches a simple, three-step process to calm an angry caller and regain control. Participants will learn how to diffuse the caller's emotions and refocus on collaboratively resolving the issue.

PATHWAYS TO SERVICE EXCELLENCE



The best learning experiences involve learning specific concepts, practicing them during training, and leaving with a solid technique to use on the job. We'll learn the concepts, then practice them with hands-on activities in this training. Participants will leave with best-practice customer service techniques to help participants do a better job.



WORKSHOPS

COMMUNICATION



BODY LANGUAGE: READING BODY LANGUAGE AS A SALES TOOL

Body language can reinforce or contradict what we say. Sales requires the ability to read participant's own and clients' signals. This one-day training teaches these techniques and helps participants learn body language and improve communication.



COMMUNICATION WITH IMPACT

This one-day programme focuses on listening, asking insightful questions, and nonverbal communication. Participants will learn to build rapport using simple NLP techniques like pacing and leading. Participants will learn voice tone, body language, and engaging language. Participants can communicate more clearly, confidently, and effectively using a four-point model.



INTRODUCTION TO NEURO LINGUISTIC PROGRAMMING

NLP combines perception, thought, and action to achieve results. This course teaches the basics of NLP. This course explores how choices and results are made and provides tools and techniques to generate satisfying results.



NEGOTIATING FOR RESULTS

Negotiating resolves differences. Mastering negotiation saves time and money and improves home and work satisfaction. This workshop will provide basic negotiation skills for project and support work. This interactive workshop includes techniques for effective communication and side-by-side problem-solving.

In this two-day workshop, participants will learn the essential elements of negotiation, including preparation, delivery, and communication techniques to create sustainable agreements with others.



BECOMING MANAGEMENT MATERIAL

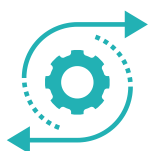
Anyone can be promoted to a management position, but not everyone can lead. This three-day Becoming Management Material course focuses on learning about business leadership, giving new and aspiring leaders all the tools they need to become a manager who leads.



WORKSHOPS

MILLENNIALS' GENERATION EXECUTIVE DEVELOPMENT

CHANGE MATTERS



Change affects everyone, boss or foot soldier. Change requires people to examine their own thoughts, feelings, and behaviours. This training programme focuses on workplace and personal change. It provides a logical framework to help participants gain perspective on the change and its impact and develop insight that will guide you through the transition.

CLOSING THE GENERATION GAP IN THE WORKPLACE



Modern workplaces can include all generations. Each generation's experiences shaped their values, so they may have trouble getting along.

This one-day course explores generational divide, and how organisations can benefit from diversity. It examines common terms and demographic breakdowns, what different generations expect in the workplace, and appealing recruiting techniques. Succession planning, leadership, coaching, mentoring, and retention strategies are covered.

COACHING AND MENTORING



Supervisors and leaders need coaching and mentoring skills. Trainers will show how coaching is a partnership that gives employees support and challenges. Mentorship involves offering wisdom and advice when needed. Knowing when to coach (and when to use other tools, like mentoring) is a valuable skill that will be shared in this workshop.

CORRECTIVE ACTION



We all do our best, but problems arise sometimes. These factors can be under or over control, resulting in subpar work. Corrective action addresses problems, deficiencies, and nonconformities. In this one-day workshop, we discuss how collaborative problem-solving can lead to the root causes of problems, deficiencies, or nonconformities so participants can correct the problem and verify their actions.

DELEGATION: THE ART OF DELEGATING EFFECTIVELY



Delegating isn't just passing off extra work. This one-day course teaches supervisors and managers how to delegate effectively and achieve more. Delegation's Art Effectively covers when and to whom to delegate, the delegation process, and problem-solving techniques.



WORKSHOPS

MILLENNIALS' GENERATION EXECUTIVE DEVELOPMENT



DEVELOPING YOUR EXECUTIVE PRESENCE

Some people command respect when they walk in. Have you got it? If not, could you develop it? This one-day workshop will help participants build credibility, improve their appearance, hone their networking skills, and communicate effectively.



FROM BOSS TO LEADER

A department or company head isn't automatically a leader. Becoming a good leader involves nurturing and inspiring the team, using emotional intelligence, communicating clearly, and providing effective feedback. This one-day course teaches how to do all of these things and lead by example.



GIVING EFFECTIVE FEEDBACK

This one-day course teaches workplace leaders how to give effective feedback. Formal or informal, feedback can be structured to be impactful and productive. This training course will help participants learn important feedback delivery tactics, how to deliver a message a recipient can accept and use to make changes, and how to accept feedback offered.



INFLUENCE AND PERSUASION

If you want a raise, sometimes you need to persuade your boss. Influence is needed to convince the team to adopt a change, help your staff make choices, or pick the best lunch spot. This one-day Influence and Persuasion Skills workshop teaches participants how to influence and persuade.



MANAGING ACROSS CULTURES

Our culture shapes our thoughts, feelings, and actions. Managers must bridge cultural differences to form a functional team. This course will teach supervisors and managers how to communicate across cultures, build teams, promote multiculturalism, and leverage the global talent pool.



WORKSHOPS

MILLENNIALS' GENERATION EXECUTIVE DEVELOPMENT



MANAGING DIFFICULT CONVERSATIONS

Managing Difficult Conversations is designed for supervisors and managers. Learn the importance of positive intent, active listening, and asking strategic questions to resolve conflicts. Study framing conversations, choosing conversational environments, and creating safe speaking environments.



MANAGING THE VIRTUAL WORKPLACE

A survey found that 70% of full-time US workers were at home during COVID-19. 92% of those surveyed expect to work from home at least once per week after the pandemic, and 80% expect to do so at least three times per week. This one-day Managing the Virtual Workplace course will get participants up to speed in knowing how to manage the virtual team more effectively.



MEETING MANAGEMENT: THE ART OF MAKING MEETING WORK

Long meetings where issues aren't resolved are a waste of everyone's time. Learn how to get results from a meeting whether that involves solving problems, brainstorming, or sharing information.



MOTIVATION TRAINING: MOTIVATING YOUR WORKFORCE

Motivated, responsible, and productive employees feel valued for their work. This one-day workshop teaches participants how to motivate employees. Recognizing what motivates each employee strengthens their connection to their employer and workplace, which pays off in many ways.



PROGRESSIVE DISCIPLINE

Discipline is a skill every manager needs to perform consistently and fairly. This one-day course will focus on preventing discipline issues and implementing a policy. The course explains the typical steps of progressive discipline and help participants use it to manage employee behaviour and performance.



WORKSHOPS

MILLENNIALS' GENERATION EXECUTIVE DEVELOPMENT

RISK MANAGEMENT



Managers and business owners know risk management can reduce crisis impact and save money. This one-day programme helps corporate trainers focus on Risk Management and provides a flexible risk management framework. It can be used for a single project, department, or enterprise-wide programme.

TEAM BUILDING: DEVELOPING HIGH PERFORMANCE TEAMS



This three-day advanced skills course empowers workplace leaders to elevate their teams. Learners will get to know their teams, define different team types, and improve teamwork by understanding and applying effective team characteristics. Leaders who uses practical, tested techniques to build trust and rapport can push their team beyond average engagement and into superior performance.

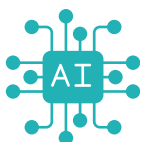
THE PROFESSIONAL SUPERVISOR



A three-day intensive programme for newly promoted or aspiring supervisors. Participants learn how to manage and lead, deal with challenges, prioritise, communicate professionally, and motivate a team. They'll learn to give useful feedback and help their team thrive.

PERSONAL DEVELOPMENT

THE AI EDGE: DRIVING DIFFERENTIATION IN A RAPIDLY EVOLVING WORLD



In today's fast-changing landscape, leveraging AI is imperative for competitiveness across every industry. This immersive experience will fuel the creative thinking and adoption strategies necessary to use AI in ways that provide true differentiation. Participants will gain an executive overview of generative AI and its vast applications across industries. Hands-on demonstrations will showcase the technology's unprecedented ability to interpret, synthesize and create entirely new content to drive business success.



WORKSHOPS

PERSONAL DEVELOPMENT



BEING A TEAM PLAYER

Are you a team player? How well you support others affects your personal success. This is a six-session course that teaches team player characteristics, how to recognise one, and which teams are essential to every organisation. It discusses why teams fail and how to ensure success.



BUILDING YOUR SELF ESTEEM AND SELF CONFIDENCE

A healthy sense of self-esteem is essential for growth and achieving success and this course will encourage participants to believe in themselves. Participants will learn how to change how they feel about themselves and approach the world to achieve their goals.



BUSINESS ETIQUETTE: GAINING THAT EXTRA EDGE

Business etiquette can change participants' lives and careers. This course helps participants handle awkward situations with grace. This training course covers networking, introductions and remembering names, dressing for success, confident communications, making great first impressions, and more.



CONFLICT RESOLUTION: GETTING ALONG IN THE WORKPLACE

Conflict resolution is an essential business skill because it can happen in any workplace. This course teaches participants conflict resolution skills to improve performance and productivity. This two-day Conflict Resolution course teaches the basics of conflict resolution, how conflict can escalate, the types and stages of conflict, intervention strategies, and when to use common resolution tactics.



CONQUERING YOUR FEAR OF SPEAKING IN PUBLIC

Public speaking phobia is common. This one-day course gives participants tools to help people speak with more poise in one-on-one and group conversations, plus time to practise in a safe and supportive setting.



WORKSHOPS

PERSONAL DEVELOPMENT



DEALING WITH DIFFICULT PEOPLE

Most of us will encounter difficult people at some point. This workshop will teach participants how to grow from challenging situations. This workshop is for supervisors who deal with difficult employees and in other situations as well.



GETTING STUFF DONE: PERSONAL DEVELOPMENT BOOT CAMP

This two-day training course is designed to help people to become more organized, efficient, and effective at time and task management.



PERSONAL BRAND: MAXIMIZING PERSONAL IMPACT

This interactive workshop is designed as a two-day exploration of the type of impact each of us want to have in life and at work. Participants will consider and define their influence, learn skills for success, and how to create those circumstances.

MENTAL HEALTH & WELLBEING

ANGER MANAGEMENT: UNDERSTANDING ANGER



A one-day training course that will help participants how anger affects the body, mind, and behaviour; use a five-step method to break old patterns and replace them with a model for assertive anger; identify their hot buttons or triggers, and how to manage them. As well as control their emotions when faced with other peoples' anger; identify ways to help other people safely manage some of their repressed or expressed anger.



DEVELOPING RESILIENCE

Resilience is a key workplace skill. In today's complex business environment, individuals and organisations must be resilient to succeed. This course is designed to help participants increase and enhance their resilience at work.



WORKSHOPS

MENTAL HEALTH & WELLBEING



EMOTIONAL INTELLIGENCE

This one-day training programme will help participants improve their emotional intelligence so they can use emotional information from themselves and others to make better decisions and get what they want in the immediate situation and in life.



MANAGING PRESSURE AND MAINTAINING BALANCE

Managing Pressure and Maintaining Balance will help participants understand the causes and costs of workplace pressure, the benefits of creating balance, and how to identify pressure points. This one-day course teaches emotional intelligence, optimism, and success strategies.



PSYCHOLOGICAL SAFETY AT WORK

This course is designed to help participants learn about a topic that is crucial to building high-performing teams. Explore concepts and determine how participants can develop a psychologically safe culture, reducing errors and unleashing talent.



STRESS MANAGEMENT

Today's workers need stress-management skills. Many feel overwhelmed by work and home responsibilities. This course covers the signs of chronic stress overload, actions that increase stress, and how to reduce unhealthy stress.

INNOVATION



CREATIVE THINKING AND INNOVATION

People often say they're not creative. Most of us don't realise we're creative every day. This two-day course teaches participants how to recognize and develop their creativity and implement creative ideas.



WORKSHOPS

INNOVATION



CREATIVE PROBLEM SOLVING AND DECISION MAKING

This interactive workshop teaches creative problem-solving and decision-making techniques. Participants will learn to analyse problems, generate creative solutions, and decide which solution that closely matches their needs.



CREATIVITY IN THE WORKPLACE

Creative thinking in the workplace is in demand. This one-day course teaches participants the definition of creativity, dispels creativity myths, and teaches ways to develop creativity. Examine a creative workplace, how to foster creativity, and brainstorming techniques.



CONTINUOUS IMPROVEMENT WITH LEAN

Lean, a system for enhancing processes by reducing waste, can benefit companies in any industry. In this workshop, participants will learn lean techniques to improve processes and reduce waste



DESIGN THINKING: AN INTRODUCTION

Ever wonder how big companies generate solutions, and create successful products and services? Find out with Design Thinking. This one-day course introduces the concept of design thinking, which advocates a focus on the needs of users and customers, and results in better products, services, and processes.



FOSTERING INNOVATION

Innovation is a key to business success in today's world. This course covers workplace innovation. Understand how to create an innovative workspace, key traits of innovative leaders in the workplace, and specific processes and workflows to help their team become innovative thinkers. Having tools at a team's fingertips will encourage more innovative ideas and boost success.



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DIGITAL LEARNING & REINFORCEMENT

A.I.-POWERED COACHING CONVERSATIONAL CHATBOT

Use an AI powered chatbot coach to help participants apply workshop learnings back at work. This will enable individuals to scale their coaching and also identify roadblocks and organizational challenges to workplace application in a more strategic manner.



A.I.-POWERED VIRTUAL ROLEPLAY SIMULATION

Virtual role-play simulation using conversational AI will change how organizations train, and coach their sales representatives. This technology uses multiple interactive practice scenarios and real-time feedback that can help participants improve their performance.

AVATAR-BASED A.I. CONVERSATION SIMULATION WITH E-LEARNING

Learners role-play with avatars on mobile, desktop, or VR devices and interact with socially intelligent virtual humans using cloud-based AI simulations. The immediate feedback provides improvement tips which makes learners confident to converse in real-world situations.

VR SOFT SKILLS TEAM SIMULATION

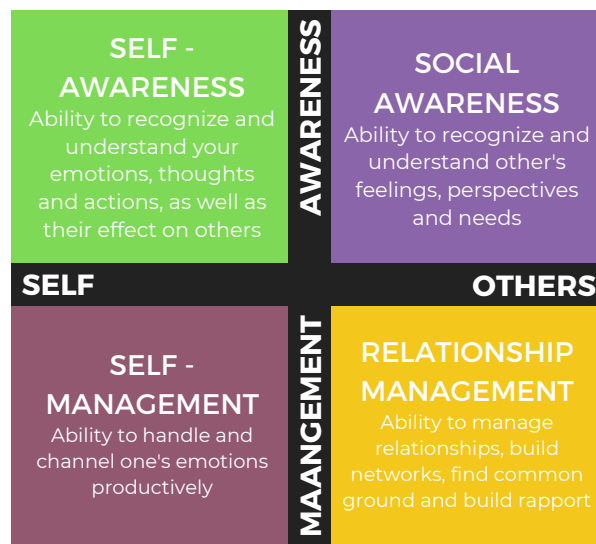
Revolutionized hiring and coaching process by using virtual reality as a behavioural assessment tool. Social situations employ soft skills and they should be evaluated and instructed similarly. This creates natural social circumstances that highlight soft skills where participants uncover soft skill gaps in individuals and teams to drive hard results.



DIGITAL LEARNING & REINFORCEMENT

EQ SIMULATION

Many organisations recognise emotional intelligence as a key leadership trait. Emotionally intelligent leaders can deconstruct emotions and triggers and address them positively. This simulation-based course helps leaders develop emotional intelligence at work.



VR ROLE PLAY SIMULATION POWERED BY A.I.

Computer-based simulation with no human actor enables executives deliver meaningful feedback to their direct reports in virtual reality. It also features AI that recognises voice and responds naturally to feedback which simulates leadership and soft skills. It helps leaders build skills such as coaching, managing difficult-conversation, and conflict-resolution.

CHANGE MANAGEMENT SIMULATION

The simulation's goal is to successfully deliver the mission and stakeholders with minimal resistance. As in real life, rocking the boat changes stakeholder's reactions. After each game, a profile based on the theories used will be given which helps participants reflect on their practices, learn, and improve their skills or align team mindsets.



DIGITAL LEARNING & REINFORCEMENT

A.I.-POWERED APP FOR PRESENTATION PRACTICE

AI-powered app for practicing presentations and getting instant feedback. As individuals practice, the app recommends personalized lessons. Individuals can see their improvements in confidence, clarity, pace, voice, and filler words. The app offers interactive, fun lessons and detailed speech analysis to teach public speaking. It provides instant feedback on filler words, pacing, conciseness, and more.



MICRO LEARNING LMS

Easy-to-use mobile LMS with built-in authoring tools let us create lessons from scratch. Teams can access bite-sized content from their smartphone, tablet, or desktop computer, wherever or however individuals connect. Microlearning gives teams bite-sized content. In less than 5 minutes, they can learn what's important. One glance tells individuals everything. It is easy to view and individuals can export engagement and performance insights to out-of-the-box reports.

MINECRAFT LEADERSHIP SIMULATION

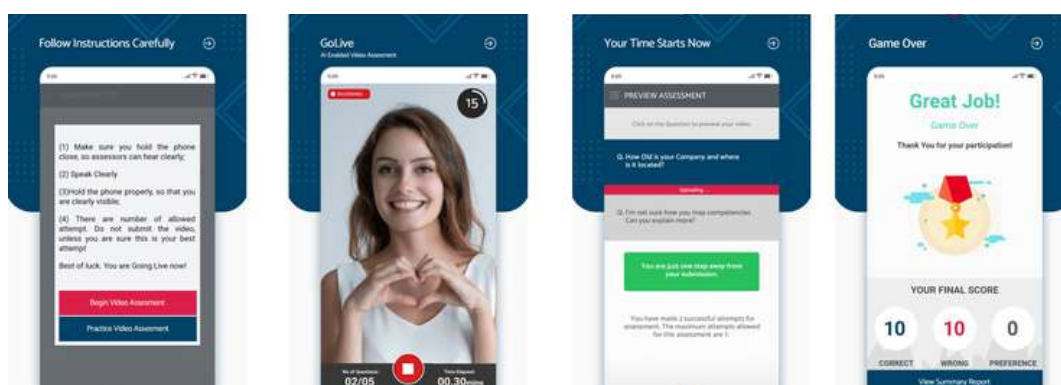
A virtual leadership programme that uses Minecraft to simulate challenging situations. Teams compete to solve real-time communication, leadership, and problem-solving challenges. Each fun and engaging challenge increases in difficulty to keep participants on their toes. Teams will engage in discussions between challenges to reflect on their in-game experiences and relate them to the workplace, enhancing learner retention and understanding.



DIGITAL LEARNING & REINFORCEMENT

A.I.-ENABLED VIDEO ROLEPLAY PLATFORM

This platform is a dynamic tool for video-roleplay-led sales coaching. The AI-powered virtual training helps sales teams make winning pitches. The virtual practice environment can simulate company-specific scenarios. Whether it is onboarding new hires, assessing sales team product knowledge, or ensuring sales pitch consistency.



DESIGN THINKING SIMULATION

Companies value employees who can solve difficult business problems for customers. This simulation-based course helps participants identify problems, generate ideas, design solutions, and drive customer value by thinking beyond boundaries and possibilities. Successful organisations will be ready for future challenges while tackling present problems. Such organisations thrive by allowing and encouraging their employees to think creatively with Design Thinking's structure and freedom.



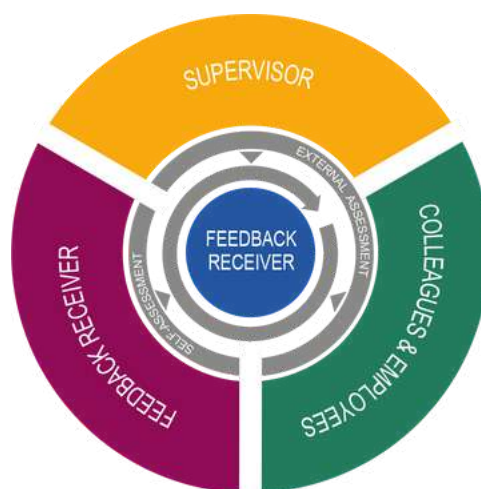
DIGITAL LEARNING & REINFORCEMENT

MICROLEARNING REINFORCEMENT PLATFORM

With bite-sized content and gamified quizzes aligned to core workshop takeaways, participants easily revisit key concepts in the flow of busy days as varied microlearning formats from video summaries to audio interviews allow for learning on the go. Colleagues can also motivate each other while tracking personal progress on the digital leaderboard. Teams access this innovative mobile app for quick memory refreshers, skills check-ins, and even friendly team competitions long after programs end.

360/180 FEEDBACK SURVEY

A 360/180 assessment survey is a feedback tool that provides employees with confidential and anonymous feedback from their managers, peers, direct reports, and sometimes customers. Participants receive feedback across a range of workplace competencies such as leadership, communication, teamwork, and productivity. With its multifaceted nature, a 360/180 assessment provides a foundation for meaningful individual growth and organizational progress when implemented effectively. The survey and support process are designed to catalyze positive change across talent management dimensions.



AUGMENTED REALITY COLLABORATION PLATFORM

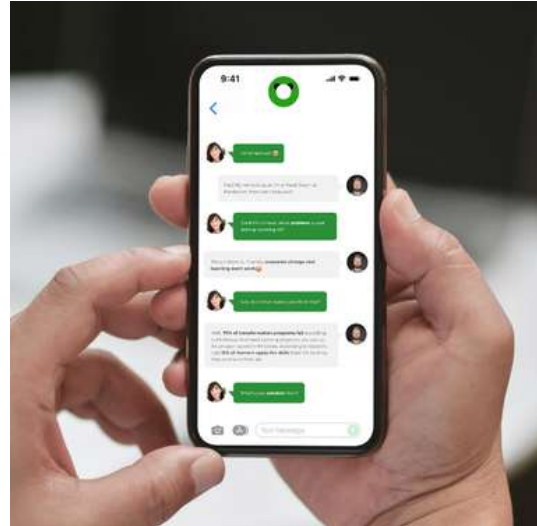
Augmented reality immerses employees in mixed reality environments to unlock new levels of insight, expertise and collaboration in the modern workforce. With this platform, your organization can harness augmented reality for maximizing employee productivity, upskilling workers effortlessly, and driving operational excellence - no matter the distance or environment. The future of work is now here.



DIGITAL LEARNING & REINFORCEMENT

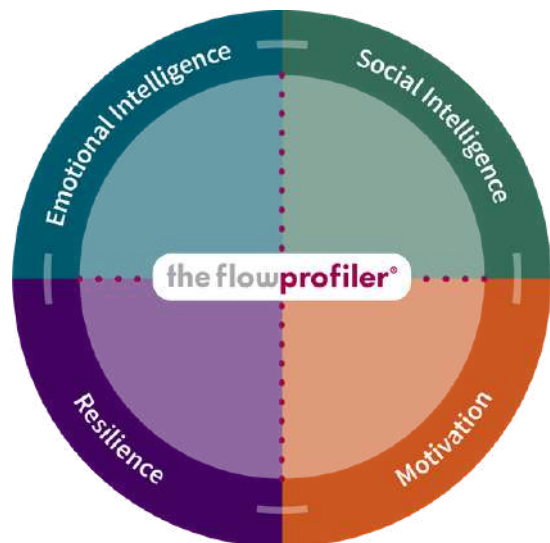
COACHING AI PLATFORM

Meet the future of personalized coaching. Get an AI-powered virtual coach for your teams to integrate learnings from the high-engagement simulation while prescribing targeted development for each individual to support the overall team's growth. Uncover insights about your working style and make changes through AI-suggested content. See the virtual coach in action and take team effectiveness to new heights!



FLOWPROFILER ®

An innovative psychometric assessment that provides actionable insights into your organizational culture, values, leadership styles, and team dynamics. The flowprofiler assessment provides a competitive advantage in managing your greatest asset - your people. The solution empowers organizations with a comprehensive, compassionate understanding of the subjective components that drive culture, values, engagement and performance.



LIST OF WORKSHOPS

SALES & MARKETING

1. Basic Internet Marketing
2. Branding: Creating and Managing Your Corporate Brand
3. Building a Brand on social media
4. Building Relationships for Success in Sales
5. Creating a Google AdWords Campaign
6. Creating Winning Webinars: Getting Your Message Out
7. CRM: An Introduction to Customer Relationship Management
8. Dynamite Sales Presentations
9. Growth Hacking
10. Introduction to E-Mail Marketing
11. Marketing and Sales
12. Overcoming Objections to Nail the Sale
13. Passionate Retail Experts
14. Professional Selling Skills
15. Promoting a Marketing Webinar
16. Prospecting for Leads Like a Pro
17. Purchasing and Procurement Basics
18. Retail Sales Forecasting and Planning
19. Sales Management
20. Sales Territory Planning & Routing
21. Selling Smarter
22. Social Media and Your Business
23. Telemarketing: Using the Telephone as a Sales Tool
24. Trade Shows: Getting the Most Out of Your Trade Show Experience
25. Working With the Media
26. Writing for the Web

CUSTOMER SERVICE

1. Call Center Training: Sales and Customer Service Training for Call Center Agents
2. Call Control
3. Critical Elements of Customer Service
4. Customer Service – Vision, Energy & Passion to Serve
5. Find a Way to Say Yes!
6. Front Line Retail Selling Skills
7. Handling Angry Callers
8. Managing Customer Service
9. Pathways to Service Excellence

COMMUNICATION

1. Active Listening
2. Body Language: Reading Body Language as a Sales Tool
3. Communication Strategies
4. Communication with Impact
5. Identifying And Combatting Fake News
6. Introduction to Neuro Linguistic Programming
7. Negotiating for Results
8. Networking For Success
9. NLP Tools For Real Life

LEADERSHIP DEVELOPMENT

1. Balanced Scorecard Basics
2. Becoming a Progressive Employer
3. Becoming Management Material
4. Beyond Workplace Politics
5. Budgets and Managing Money
6. Building Better Teams
7. Building High Performing Teams
8. Business Ethics for the Office
9. Business Succession Planning: Developing and Maintaining a Succession Plan
10. Change Matters
11. Closing the Generation Gap in the Workplace
12. Coaching and Mentoring
13. Code Of Conduct: Setting the Tone for Your Workplace
14. Conducting Effective Performance Reviews
15. Conversational Leadership
16. Corrective Action
17. Creating a Positive Work Environment
18. Creating a Top-Notch Talent Management Program
19. Creating Successful Staff Retreats
20. Crisis Management
21. Critical Thinking
22. Delegation: The Art of Delegating Effectively
23. Developing a High Reliability Organization
24. Developing Your Executive Presence
25. Digital Citizenship: Conducting Yourself in a Digital World

LIST OF WORKSHOPS

26. Digital Transformation
27. E-Commerce Management
28. Effective Planning and Scheduling
29. Employee Accountability
30. Employee Recognition: Appreciating Your Workplace
31. Encouraging Sustainability and Social Responsibility in Business
32. Environmental Sustainability
33. Facilitation Skills
34. From Boss to Leader
35. Giving Effective Feedback
36. Global Business Strategies
37. Hiring for Success: Behavioral Interviewing Techniques
38. How to Become a Leader with Integrity
39. Human Resources Training: HR For the Non-HR Manager
40. Influence And Persuasion
41. Intermediate Project Management
42. Inventory Management: The Nuts and Bolts
43. Knowledge Management
44. Lead Motivate Inspire
45. Leadership Skills for Supervisors: Communication, Coaching and Conflict
46. Making Training Stick
47. Managing Across Cultures
48. Managing Difficult Conversations
49. Managing People
50. Managing the Virtual Workplace
51. Measuring Training Results
52. Meeting Management: The Art of Making Meeting Work
53. Mobbing in the Workplace
54. Motivation Training: Motivating Your Workforce
55. Onboarding: The Essential Rules for a Successful Onboarding Program
56. Orientation Handbook: Getting Employees Off to a Good Start
57. Performance Management: Managing Employee Performance
58. Planning for Workplace Safety
59. Problem Solving and Decision Making
60. Process Improvement with Gap Analysis
61. Progressive Discipline
62. Public Relations Boot Camp
63. Risk Management
64. Safety in the Workplace

65. Self-Leadership
66. Setting Other for Success
67. Strategic Planning
68. Successfully Managing Change
69. Team Building: Developing High Performance Teams
70. The ABC's of Supervising Others
71. The Professional Supervisor
72. Time Management
73. Training with Visual Storytelling
74. Using Activities to Make Training Fun
75. Vendor Management Essentials
76. Women and Leadership: Owning Your Strengths and Skills

PERSONAL DEVELOPMENT

1. Administrative Assistant Skills
2. Advanced Writing Skills
3. Becoming A Better Learner
4. Being a Team Player
5. Building Your Self Esteem and Self Confidence
6. Business Etiquette: Gaining That Extra Edge
7. Business Writing That Works
8. Conflict Resolution: Getting Along in the Workplace
9. Conquering Your Fear of Speaking in Public
10. Creating A Dynamite Job Portfolio
11. Creating Winning Proposal
12. Dealing with Difficult People
13. Delivering Dynamic Virtual Presentations
14. Fundamentals Of Writing
15. Getting Stuff Done: Personal Development Boot Camp
16. Goal Setting
17. Honing And Delivering Your Message
18. Intrapreneurship
19. Mastering Adult Learning Methods
20. Mastering The Interview
21. Personal Brand: Maximizing Personal Impact
22. Presenting with Impact
23. Public Speaking: Presentation Survival School
24. Public Speaking: Speaking Under Pressure
25. Research Skills
26. Skills for the New Employee
27. Skills You Need for Workplace Success
28. The Minute Taker's Workshop
29. Writing Reports and Proposals

LIST OF WORKSHOPS

MENTAL HEALTH & WELLBEING

1. Anger Management: Understanding Anger
2. Appreciative Inquiry
3. Bullying in the Workplace
4. Creating a Workplace Wellness Program
5. Developing Resilience
6. Disability Awareness: Working with People with Disabilities
7. Diversity, Equity, and Inclusion
8. Emotional Intelligence
9. Employee Dispute Resolution: Mediation Through Peer Review
10. Managing Pressure and Maintaining Balance
11. Psychological Safety at Work
12. Respect in the Workplace
13. Stress Management
14. Transgender Employees: Creating an Inclusive Work Community
15. Unconscious Bias
16. Understanding and Coping with the COVID-19 Pandemic
17. Workplace Violence: How to Manage Anger and Violence in the Workplace
18. Workplace Ergonomics: Injury Prevention Through Ergonomics
19. Workplace Harassment: What It Is and What To Do About It
20. Workplace Health and Safety: The Supervisor's Role and Responsibilities
21. Workplace Diversity Inclusion

INNOVATION

1. Creative Thinking and Innovation
2. Creative Problem Solving and Decision Making
3. Creativity in the Workplace
4. Continuous Improvement with Lean
5. Design Thinking: An Introduction
6. Fostering Innovation
7. Lean Process Improvement
8. Six Sigma: Entering the Dojo
9. Working Smarter: Using Technology to Your Advantage

TRAINER PACKAGES

1. Survival Skills for the New Trainer
2. The Practical Trainer
3. Advanced Skills for the Practical Trainer

BUSINESS PACKAGES

1. Basic Business Management: Boot Camp for Business Owner
2. Building a Consulting Business
3. Building an Online Business
4. Business Process Management
5. Communications for Small Business Owners
6. Debt Collection
7. Entrepreneurship 101
8. Kickstarting Your Business with Crowdsourcing
9. Making Your Business Better
10. Marketing for Small Businesses
11. Social Selling for Small Businesses
12. Story Marketing for Small Business
13. Writing a Business Plan

PROJECT MANAGEMENT PACKAGES

1. Advanced Project Management
2. Project Management Fundamentals
3. Project Management Training: Understanding Project Management
4. Project Management: All You Need to Know
5. Project Planning: All You Need to Know

OTHER PACKAGES

1. Accounting Skills for New Supervisors
2. Conference and Event Management
3. Conducting Accurate Internet Research
4. Cybersecurity 1: Fundamentals for Employees
5. Logistics and Supply Chain Management



CONNECTING & ENHANCING WORKPLACE PERFORMANCE

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