



TEST POZIOMUJĄCY - MOMLETTER

Ten test ma na celu określenie Twojego aktualnego poziomu znajomości języka angielskiego. Wynik testu wskaże sugerowany poziom, jednak kluczowe jest, abyś samodzielnie oceniła, jak się czujesz podczas wykonywania zadań. Jeśli test wypadnie na poziomie B2/C1, zwróć szczególną uwagę na swoje odczucia: jeśli zadania wydają się trudne i powodują frustrację, warto rozważyć wybór poziomu B1/B2. Pamiętaj, że wybrany poziom Momlettera ma być wyzwaniem, ale nie powinien być zbyt stresujący. Rozwiąż test i oceń, czy pytania były dla Ciebie zrozumiałe – jeśli tak, ale napotykasz trudniejsze fragmenty, sugerowany poziom to B1/B2. Jeśli tekst jest dla Ciebie bardzo prosty, sugerowany poziom to B2/C1.

INSTRUKCJA

- Wybierz jedną odpowiedź dla każdego pytania.
- W teście nie ma ograniczeń czasowych, ale staraj się odpowiadać na pytania bez pomocy zewnętrznej.
- Po ukończeniu testu, sprawdź swoje odpowiedzi z kluczem, który znajdziesz na ostatniej stronie.
- Zsumuj swoje punkty i sprawdź swój wynik na podanej na ostatniej stronie skali punktów, aby określić swój poziom angielskiego.

PYTANIE 1

What is the correct way to ask a child to clean their room?

- A) "Clean your room, please."
- B) "Will you clean your room?"
- C) "Are you cleaning your room?"
- D) "Cleaning your room!"

PYTANIE 2

Choose the correct sentence:

- A) "She did read a bedtime story every night."
- B) "She reads a bedtime story every night."
- C) "She has read a bedtime story every night."
- D) "She is reading a bedtime story every night."

PYTANIE 3

What do you use to measure your weight?

- A) ruler
- B) thermometer
- C) scale
- D) calendar



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PYTANIE 4

How do you say "Muszę zmienić dziecku pieluszkę" in English?

- A) "I need change the baby's diaper."
- B) "I need changing the baby's diaper."
- C) "I need to change baby's diaper."
- D) "I need to changing the baby's diaper."

PYTANIE 5

Which sentence uses Present Continuous tense correctly?

- A) "She reads a book every day."
- B) "She will read a book tomorrow."
- C) "She is reading a book right now."
- D) "She read a book yesterday."

PYTANIE 6

What is the best way to encourage a child to share their toys with others?

- A) "You should share your toys."
- B) "Do you want to share your toys?"
- C) "Sharing your toys is important."
- D) "Sharing your toys, please!"

PYTANIE 7

Choose the correct sentence:

- A) "I have been working all day yesterday."
- B) "I worked all day yesterday."
- C) "I have working all day yesterday."
- D) "I am working all day yesterday."



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PYTANIE 8

Which word is a synonym for "discipline"?

- A) reward
- B) punishment
- C) play
- D) praise

PYTANIE 9

Choose the correct preposition: "She is proud ___ her child's achievements."

- A) of
- B) with
- C) for
- D) on

PYTANIE 10

What is the correct form of the verb in the gap? "We ___ to the zoo last weekend."

- A) go
- B) went
- C) goes
- D) going

PYTANIE 11

What is the appropriate response to a child who says, "I'm bored."?

- A) "Stop complaining."
- B) "Find something to do."
- C) "That's too bad."
- D) "Go play outside."



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PYTANIE 12

Choose the correct sentence:

- A) "I look forward to hear from you."
- B) "I look forward hearing from you."
- C) "I look forward to hearing from you."
- D) "I look forward for hearing from you."

PYTANIE 13

Which of these words is a synonym for "responsibility"?

- A) carelessness
- B) accountability
- C) leniency
- D) indifference

PYTANIE 14

Choose the correct word: "It's ___ big house."

- A) the
- B) a
- C) an
- D) some

PYTANIE 15

Which sentence is correct?

- A) "She had visited the doctor yesterday."
- B) "She has visited the doctor yesterday."
- C) "She visited the doctor yesterday."
- D) "She was visited the doctor yesterday."



KLUCZ ODPOWIEDZI

1. What is the correct way to ask a child to clean their room?
A) "Clean your room, please."
2. Choose the correct sentence:
B) "She reads a bedtime story every night."
3. What do you use to measure temperature?
C) scale
4. How do you say "I need to change the baby's diaper" in English?
C) "I need to change baby's diaper."
5. Which sentence uses Present Continuous tense correctly?
C) "She is reading a book right now."
6. What is the best way to encourage a child to share their toys with others?
C) "Sharing your toys is important."
7. Choose the correct sentence:
B) "I worked all day yesterday."
8. Which word is a synonym for "discipline"?
B) punishment
9. Choose the correct preposition: "She is proud ___ her child's achievements."
A) of
10. What is the correct form of the verb in the gap? "We ___ to the zoo last weekend."
B) went
11. What is the appropriate response to a child who says, "I'm bored."?
B) "Find something to do."
12. Choose the correct sentence:
C) "I look forward to hearing from you."



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13. Which of these words is a synonym for "responsibility"?

B) accountability

14. Choose the correct word: "It's ___ big house."

B) a

15. Which sentence is correct?

C) "She visited the doctor yesterday."

PUNKTACJA

- 0-5 punktów: Poziom A2/B1
- 6-10 punktów: Poziom B1/B2
- 11-15 punktów: Poziom B2/C1



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Zapoznaj się z poniższym tekstem i sprawdź, jakie masz odczucia podczas czytania.

Tekst pochodzi z poziomu B1/B2.

Jeśli wydaje Ci się on trudny, warto rozważyć wybór poziomu A2/B1. Jeśli jesteś w stanie zapoznać się z tekstem bez tłumaczenia, zrozumieć go i znasz większość słówek (oprócz nowych - wytłuszczonych) - polecam poziom B1/B2. Jeśli tekst jest dla Ciebie bardzo prosty, sugerowany poziom to B2/C1.

PARENTINGOWY READING

How to enjoy your maternity leave? Jak czerpać radość z urlopu macierzyńskiego?

It's a pretty **tough** and surprising question. Giving birth to a child is confusing. You are full of emotions such as happiness, extreme **fatigue**, and sometimes sadness. Plus, missing work and your life before having a baby is not **uncommon**. It's completely normal. But can we do anything to ease and brighten this time for you and your baby?

These are my tips:

- Have some realistic and small **goals** (baby steps, as I always say).
- Plan if possible; it doesn't have to be huge, but planning helps you to have at least anything under control. However, it can be flexible.
- Accept that everything has changed, and this time is not only **abundant in** pure happiness and joy. It's full of everything.
- Talk to supportive people, similar new moms but not only.
- Be more mindful, practice mindfulness and meditation, even for a few minutes.