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The dress form used in this book is based on the standard Bunka-style sloper (block) for an adult Japanese female. See page 100 for more details.

All patterns are for a size 9 Japanese adult female (bust 83cm, waist 64cm, centre back length 38cm).

The position of the cutting and opening out lines, and the amount to be opened out may vary according to garment size.

When using a half-scale body form, reduce to half all full-sized measurements and develop the pattern.

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