

Contents

6	INTRODUCTION	
8	CHAPTER 1: CONTEXT	
10	Introduction	
10	The problems	
10	Climate change	
11	Step by step: Climate change	
12	Diminishing resources and biodiversity	
12	Waste	
12	Allergies and stress	
12	Water scarcity	
13	Population growth	
13	The construction industry	
14	Sustainability and the role of interior designers	
18	Step by step: Design impact	
19	History forgotten	
19	Traditional buildings	
21	Modernist design	
24	Relearning	
26	Disregarding preconceptions	
29	Why this book is required	
30	CHAPTER 2: A SUSTAINABLE APPROACH	
32	Introduction	
32	Embracing compromise	
32	The unsustainable nature of construction	
32	The scale of the problem	
32	Knowing where to begin	
33	Approaching compromise	
36	Considering consequences	
38	Asking the right questions	
39	1. What is the purpose of the project?	
42	2. How long will the interior be required?	
44	3. What energy and water systems are appropriate?	
45	4. What materials are appropriate?	
47	5. What construction methods are appropriate?	
49	6. How will the space function?	
52	7. What will happen to it when it is no longer useful?	
53	Assessment	
54	Case study: LEED assessment	
56	LEED	
56	BREEAM	
56	Ska Rating	
57	NABERS	
57	Green Star Australia	
57	Green Globes	
58	BEAM	
58	CASBEE	
58	DGNB	
59	Case study: Green Star assessment	
60	Step by step: Assessment process	

62 CHAPTER 3: KEY ISSUES TO UNDERSTAND

64 Introducing the key issues

64 Energy

- 64 Impacts of energy use
- 66 Approaching low-energy design
- 67 Step by step: Low-energy design
- 68 Passive design
- 72 Energy efficiency
- 74 Renewable energy systems
- 75 Energy assessment
- 76 Case study: Low-energy design

78 Water

- 78 Impacts of water use
- 78 Approaching water-conserving design
- 79 Step by step: Water-conserving design
- 80 Passive design
- 80 Water efficiency
- 82 Water reuse and recycling
- 83 Flood protection
- 83 Water assessment

84 Materials

- 84 Impacts of materials
- 86 Step by step: Ceramic tile life cycle
- 88 Step by step: Carpet life cycle
- 90 Approaching sustainable specification
- 91 Step by step: Sustainable materials specification
- 92 Specification checklist
- 93 Reduce
- 95 Reuse
- 96 Recycle
- 97 Renewables
- 98 Case study: Choosing materials
- 100 Materials assessment
- 102 Choosing materials
- 102 Base materials
- 103 Flooring
- 104 Finishes
- 105 Fabrics
- 106 Furniture
- 106 Further information

107 Construction methods

- 107 Impacts of construction methods
- 109 Approaching sustainable construction
- 110 Reduce
- 114 Reuse
- 115 Recycle
- 116 Furniture construction
- 118 Case study: Sustainable construction
- 120 Step by step: Flat-pack furniture

122 CHAPTER 4: PUTTING SUSTAINABILITY INTO PRACTICE

124 Introducing the projects

124 Temporary projects

- 134 Case study: Nothing advertising agency
- 136 Case study: Yeshop boutique

138 Flexible projects

- 150 Case study: The Elgar Room
- 152 Case study: Howies store

154 Long-term projects

- 172 Case study: Design Council headquarters
- 174 Case study: Rencitas store

176 CONCLUSION

180 Glossary

180 Further reading

182 Websites

186 Picture credits

187 Index

192 Acknowledgments