

Improving confidence and understanding of LARC and subdermal implants to support contraceptive choice for women



Supporting clinical skills enhancement and professional development

## **NEXPLANON (etonogestrel)**

# **TRAINING SUPPORT PROGRAMME**

Free, tailored training to support implant fitting in practice

This programme provides part of the training required to achieve the Faculty of Sexual and Reproductive Health Letter of Competence in Subdermal Contraceptive Implant Techniques

Access to, and uptake of, Long-Acting Reversible Contraception (LARC) is a recognised healthcare priority in order to reduce the incidence and impact of unintended pregnancies.

The current limited use of LARC suggests that healthcare professionals would benefit from more guidance and training so that they can help women make an informed choice.<sup>1</sup>

Changes to the Faculty of Sexual and Reproductive Health (FSRH) guidance mean that both nurses and doctors can receive LARC training to gain the FSRH Letter of Competence (LoC) in Subdermal Contraceptive Implant Techniques, either as a stand-alone qualification or as part of the FSRH Diploma.

As part of the licence for Nexplanon, MSD are required to provide education, training and support for healthcare professionals who fit and remove Nexplanon. MSD have invested in the Nexplanon Training Support Programme (NTSP), provided free of charge to NHS customers.

The NTSP is suitable for both nurses and doctors who wish to advance their clinical skills in Subdermal Contraceptive Implant Techniques.

MSD provide this education, training and support free of charge to NHS healthcare professionals who fit and remove Nexplanon. This is also available as a training resource for healthcare professionals who would like training in this field.

Healthcare professionals will need to pass the FSRH eKA online assessment in order to apply for a LoC (MSD has no involvement in the EKA assessment or funding).

## NEXPLANON TRAINING SUPPORT PROGRAMME

- A non-promotional programme provided by fully-accredited Faculty-approved nurse trainers
  - In-practice or wider scale education on LARC and contraceptive choices
  - Free, tailored training to allow healthcare professionals to become confident in implant fitting and removal
  - 1:1 ongoing post-training support, provided by dedicated nurse trainers
  - Refresher training and confidence boosting for lapsed fitters or those returning to fitting following a break or practice move
  - Support and guidance for Reaccreditation and the eKA process
  - Training for conversions from local LoC to FSRH LoC
- Healthcare professionals will need to pass the FSRH eKA online assessment (not funded by MSD) in order to apply for a LoC.

## COMPREHENSIVE IMPLANT TRAINING PACKAGE

- Enables healthcare professionals to provide more women-centered care and assist the woman with making more informed decisions about contraception
- Helps healthcare professionals to maintain a high quality implant fitting and removal service
- Tailored, in-practice training means healthcare professionals can receive training without leaving their workplace
- Helps upskill healthcare professionals to generate income via enhanced services
- Saves practice training budget, as NTSP is provided free of charge by MSD
- Supports savings as part of NHS strategy to reduce the health and wellbeing costs associated with unintended pregnancies
- Can be used as part of the training required to achieve the FSRH Letter of Competency in Subdermal Contraceptive Implant Techniques

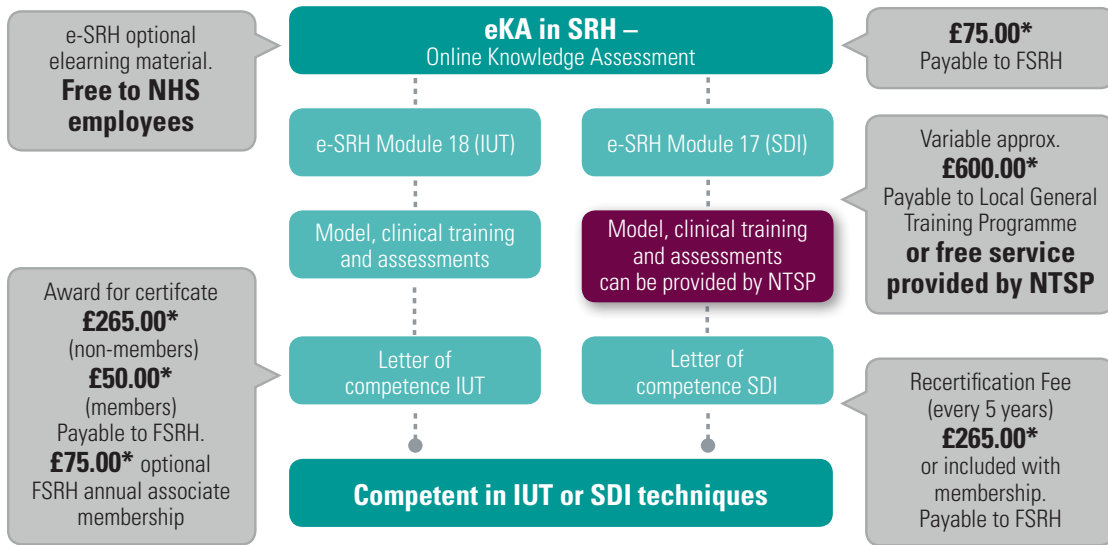
## NTSP ONGOING SUPPORT

- 1:1 ongoing support – including practice visits 1, 3 and 6 months post-training
- Non-promotional fitter forums for training, issues management and sharing cases on insertion and removal technique
- Helping build confidence of fitters by reinforcing training and skills support
- Support for lone workers
- Specific confidence building in removals and support for complex removals
- In-practice education on LARC and contraceptive choices
- Tips and Guidance on running an efficient implant service

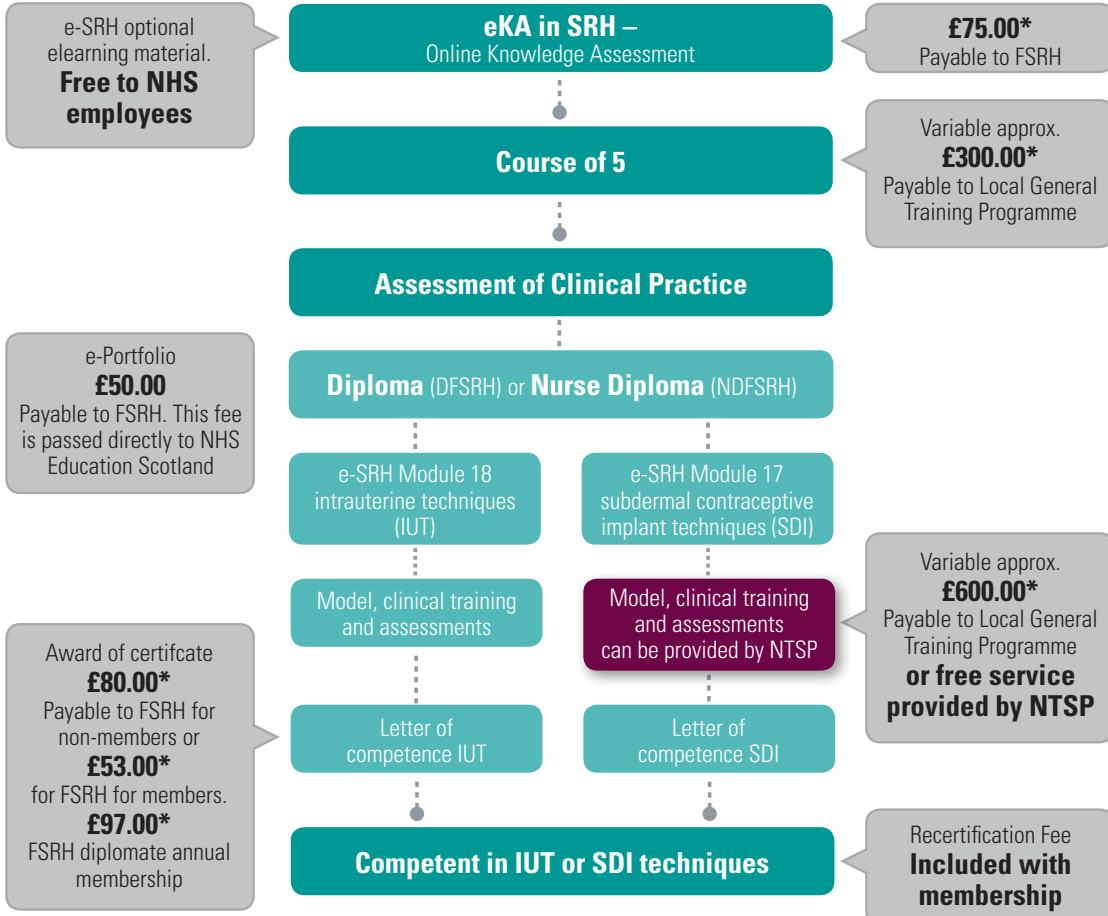
### References:

1. NICE 2014. Clinical Guideline 30. Long acting Reversible Contraception update 2014

Faculty of Sexual and Reproductive  
Healthcare Training Programme;  
**LETTERS OF COMPETENCE ONLY**



Faculty of Sexual and Reproductive  
Healthcare Training Programme;  
**DIPLOMA FOLLOWED BY LETTERS OF COMPETENCE IN LARC METHODS**



\*All prices are approximate and are correct at the time of writing.  
Please refer to the faculty website for up to date prices.

# NOTES

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