



ambition  
for  
ageing



## **We are Ambition for Ageing, a project that helps people make where they live better**

It is for people who are over 50 years old and live in these parts of Greater Manchester



Older people can be isolated, but communities are stronger if older people are active members of them.



If someone lives in 1 of the 8 areas of Greater Manchester we work in, they can tell a local Ambition for Ageing worker something that would make the area better. And we can give them some money to do it.

It is a simple way of doing little things to make life a bit better and places more 'age friendly'.



We have done things such as:

- Helped people make a leaflet that lists social groups in an area
- Helped an older person's housing complex get more people to meet together.



We ask local people what they want, and what they think of things we have done, because they know best.

We learn from them about what works well and what does not work well.

We will share their good ideas with people in other parts of Greater Manchester and all over the country.



We will start to do bigger projects and work with older people in other parts of Greater Manchester.



The project started in 2015 and it will run for 5 years.



It uses money from the National Lottery's Big Lottery Fund.

GMCVO

It is run by a charity called GMCVO – Greater Manchester Centre for Voluntary Organisation



**Ambition for Ageing has a website:**  
**[www.ambitionforageing.org.uk](http://www.ambitionforageing.org.uk)**



**You can email us:**  
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