

South Holland

Wellbeing Walks



MONDAY

Spalding 10.30am

Spalding Constitutional Club, 11 Broad Street,
PE11 1TB

Surfleet 10am

Tonic 44, Station Rd, Surfleet, PE11 1TB

TUESDAY

Donington 10.30am

Ruby Hunt, Church Street, PE11 4UA

Moulton 10.15am for a 10.30am start

Village Hall, Broad Lane, PE12 6PN

Sutton Bridge 10.30am (alternate Tuesdays)

Curlew Centre, Bridge Rd, PE12 9SA

*Sutton Bridge dates 2025/26

Oct 14 th	28 th
Nov 11 th	25 th
Dec 9 th	23 rd (please check)
Jan 6 th	20 th

Gosberton 11am

Gosberton Baptist Church, Spalding Rd, PE11
4NP

- ✓ Free and friendly short walks in your area
- 🔗 At your own pace and suitable for all abilities
- ☀️ Friendship, fresh air and fitness
- 💬 No pre-booking needed
- ✚ Over 80 weekly walks across Lincolnshire & Nottinghamshire
- 👟 Suitable footwear and clothing advised



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WEDNESDAY

Crowland 10.45am

Crowland Methodist Church, Reform St, PE6 0AN

THURSDAY

Holbeach 10.30am

United Services Club, 50 Church St, PE12 7LL

FRIDAY

Long Sutton 10.30am

Long Sutton British Legion Hall, West St, PE12 9BN

Ayscoughfee Gardens 11am

St Mary's & St Nicholas Church Hall, next to the Vista, Spalding, PE11 2RA

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