



Records - Women Classic

u43Kg	u16	u18	u23
SQUAT			
BENCH PRESS			
DEADLIFT			
TOTAL			
BENCH (A/C)			

u63Kg	u16	u18	u23	Open	M1	M2	M3
SQUAT			Emily Lloyd-Whittington 140 18/11/2018	Sabrina Moore 160 07/03/2020			Josephine Lee 67.5 07/12/2019
BENCH PRESS			Emily Lloyd-Whittington 77.5 11/06/2018	Sabrina Moore 97.5 06/12/2019			Josephine Lee 30 07/12/2019
DEADLIFT			Emily Lloyd-Whittington 181.5 18/11/2018	Sabrina Moore 200.5 07/03/2020			Josephine Lee 100 07/12/2019
TOTAL			Emily Lloyd-Whittington 404 18/11/2018	Sabrina Moore 458 07/03/2020			Josephine Lee 197.5 07/12/2019
BENCH (A/C)			Emily Lloyd-Whittington 77.5 11/06/2018	Sabrina Moore 97.5 06/12/2019			Josephine Lee 30 07/12/2019

u47Kg	u16	u18	u23	Open	M1	M2	M3
SQUAT							
BENCH PRESS							
DEADLIFT							
TOTAL							
BENCH (A/C)							

u72Kg	u16	u18	u23	Open	M1	M2	M3
SQUAT			Lauren Evans 120 04/11/2017	Elise Davies 145 29/10/2016	Tanya Bull 155 18/02/2017	Sam Heighway 112.5 28/07/2018	Claire Hendy 115 27/04/2019
BENCH PRESS			Lauren Evans 52.5 04/11/2017	Amy Spencer 77.5 29/10/2016	Sabrina Moore 92.5 12/03/2016	Claire Hendy 60 17/12/2017	Claire Hendy 62.5 15/12/2018
DEADLIFT			Lauren Evans 115 23/07/2017	Elise Davies 177.5 29/10/2016	Sabrina Moore 191.5 12/03/2016	Sam Heighway 142.5 28/07/2018	Claire Hendy 140 27/04/2019
TOTAL			Lauren Evans 277.75 04/11/2017	Elise Davies 397.5 29/10/2016	Sabrina Moore 426.5 12/03/2016	Sam Heighway 315 28/07/2018	Claire Hendy 317.5 27/04/2019
BENCH (A/C)			Lauren Evans 52.5 04/11/2017	Amy Spencer 77.5 29/10/2016	Sabrina Moore 92.5 12/03/2016	Claire Hendy 60 17/12/2017	Claire Hendy 62.5 15/12/2018

u52Kg	u16	u18	u23	Open	M1	M2	M3
SQUAT			Alexandra Langberg 105 07/03/2016	Alexandra Langberg 105 07/03/2016	Angelina Lane 90 09/12/2017	Angelina Lane 92.5 15/09/2019	
BENCH PRESS			Alexandra Langberg 52.5 07/03/2016	Angelina Lane 57.5 15/09/2019	Angelina Lane 55 29/07/2017	Angelina Lane 57.5 15/09/2019	
DEADLIFT			Alexandra Langberg 155 07/03/2016	Alexandra Langberg 155 07/03/2016	Angelina Lane 120 29/07/2017	Angelina Lane 125 15/09/2019	
TOTAL			Alexandra Langberg 312.5 07/03/2016	Alexandra Langberg 312.5 07/03/2016	Angelina Lane 262.5 09/12/2017	Angelina Lane 275 15/09/2019	
BENCH (A/C)			Alexandra Langberg 52.5 07/03/2016	Angelina Lane 55 29/07/2017	Angelina Lane 55 29/07/2017	Angelina Lane 57.5 15/09/2019	

u84Kg	u16	u18	u23	Open	M1	M2	M3
SQUAT			Savannah Thomas-Millett 105 28/07/2018	Tabitha Panton 135 13/07/2019	Christina Appleby-Phillips 155 17/09/2016	Claire Hendy 97.5 14/04/2018	
BENCH PRESS			Savannah Thomas-Millett 57.5 28/07/2018	Tabitha Panton 80 13/07/2019	Christina Appleby-Phillips 122.5 15/09/2019	Claire Hendy 60 14/04/2018	
DEADLIFT			Savannah Thomas-Millett 140 28/07/2018	Tabitha Panton 150 13/07/2019	Christina Appleby-Phillips 195 08/03/2020	Claire Hendy 132.5 14/04/2018	
TOTAL			Savannah Thomas-Millett 302.5 28/07/2018	Tabitha Panton 365 13/07/2019	Christina Appleby-Phillips 465 08/03/2020	Claire Hendy 290 14/04/2018	
BENCH (A/C)			Savannah Thomas-Millett 57.5 28/07/2018	Tabitha Panton 80 13/07/2019	Christina Appleby-Phillips 122.5 15/09/2019	Claire Hendy 60 14/04/2018	

u57Kg	u16	u18	u23	Open	M1	M2	M3
SQUAT			Laura Andrew 110 14/04/2018	Amelia Crook 137.5 07/03/2020			
BENCH PRESS			Jennifer Gough 55 18/02/2017	Amelia Crook 82.5 07/03/2020			
DEADLIFT			Grace Paxton 130 17/12/2017	Amelia Crook 172.5 07/03/2020			
TOTAL			Aimee Lauren Jones 275 07/12/2019	Amelia Crook 392.5 07/03/2020			
BENCH (A/C)			Jennifer Gough 55 18/02/2017	Amelia Crook 82.5 07/03/2020			

84+Kg	u16	u18	u23	Open	M1	M2	M3
SQUAT			Melissa Bird 170 15/09/2019	Tracy O'Callaghan 190 08/03/2018	Tracy O'Callaghan 190 08/03/2018	Ruth Bird 120 15/09/2019	
BENCH PRESS			Melissa Bird 90 15/09/2019	Victoria Cavalier-Hirth 95 23/07/2017	Tracy O'Callaghan 90 15/09/2019	Ruth Bird 55 15/09/2019	
DEADLIFT			Melissa Bird 180 15/09/2019	Tracy O'Callaghan 200 15/09/2019	Tracy O'Callaghan 200 15/09/2019	Ruth Bird 142.5 15/09/2019	
TOTAL			Melissa Bird 440 15/09/2019	Tracy O'Callaghan 480 15/09/2019	Tracy O'Callaghan 480 15/09/2019	Ruth Bird 317.5 15/09/2019	
BENCH (A/C)			Melissa Bird 90 15/09/2019	Victoria Cavalier-Hirth 95 23/07/2017	Tracy O'Callaghan 90 15/09/2019	Ruth Bird 55 15/09/2019	