

## **Cambridgeshire Schools Cross Country Team Selection**

It is the intention of the committee to select the strongest possible teams in each age group for the Anglian Schools' Cross Country and the English Schools' Cross Country Championships.

If an athlete is unable to make either the County or Anglian Schools' Cross Country races and wishes to be considered for the next round, the Association must be made aware prior to that Championship. Special considerations include illness, injury, family commitments, exams, school commitments and personal circumstances.

To be considered for selection for the English Schools' Cross Country Championships athletes must have competed in either the Cambridgeshire Schools' Cross Country Championships or Anglian Schools' Cross Country Championships – preferably both.

For the Anglian Schools' Cross Country Championships a maximum of sixteen athletes will be selected to represent Cambridgeshire in each age group. This includes the Minor Boys and Minor Girls age group (Year 7).

For the English Schools' Cross Country Championships a maximum of eight athletes will be selected to represent Cambridgeshire in each age group (other than Minor Boys and Minor Girls who do not participate at the ESAA Championships).

### **How we select for the Anglian Schools' Cross Country Championships:**

The first fourteen athletes across the line at the Cambridgeshire Schools' Cross Country Championships will be automatically selected, with athletes finishing in 15<sup>th</sup> and 16<sup>th</sup> place to be reserves to allow room for two special consideration spots.

If more than two special considerations are applied for then the additional athletes will be guests.

### **How we select for the English Schools' Cross Country Championships:**

The Selection Committee will meet as soon as possible after the Anglian Schools' Cross Country Championships to select the Cambridgeshire team.

The selection will be based on an average points score across the Cambridgeshire Schools' Cross Country Championships and Anglian Schools' Cross Country Championships. (1<sup>st</sup> = 1 point, 2<sup>nd</sup> = 2 points etc.) If you have put in for special considerations before either championships you will be given 8 points.

The athletes with the top eight lowest averages will be then be selected to compete at the English Schools' Cross Country Championships. If two athletes have the same average then it will come down to the highest position from the two races.