

**EAST ANGLIAN LEAGUE RECORDS TO END OF 2019 SEASON.**

<b>EVENT</b>	<b>TIME/DIST</b>	<b>NAME</b>	<b>CLUB</b>	<b>VENUE</b>	<b>DATE</b>
<b><u>BOYS UNDER 13</u></b>					
75 Hurdles	11.5	J Dean	CONAC	Bury St Eds	16/09/2018
80 Hurdles	12.7	J.Barnard	Ipswich	Norwich	21/09/1997
100 metres	12.4	J.Pilkington	Colch & Tend	Bury St Eds	22/09/2002
		J Bernay	Peterborough	St Ives	18/06/2008
200 metres	24.6	A Leonard	GY&D	Bury St Eds	19/09/2011
800 metres	2:18.4	L.Goamer	Ipswich	Colchester	23/09/1990
1500 metres	4:32.5	D.Gregory	CONAC.	Ipswich	05/08/1983
High jump	1.65	J.Jones	NVH	Cambridge	18/09/2005
Long jump	5.53	J.Barnard	Ipswich	Norwich	21/09/1997
Shot	12.00	L.Taylor	Chelmsford	Chelmsford	06/07/2003
Discus	33.47	M. Painter	CONAC.	Yarmouth	24/06/2007
Javelin	57.55	O Bradfield	CONAC.	Bury St Eds	17/09/2008
4X100Relay	51.5		Peterborough	Peterborough	22/07/2007

**BOYS UNDER 15**

80 Hurdles	11.1	F Fraser	Peterborough	Peterborough	22/04/2018
100 metres	11.1	M. Clements	C&C.	Norwich	23/08/1992
200 metres	23.0	W Hughes	N.V.H.	Peterborough	19/07/2015
300m	37	J Priest	Hunts AC	Peterborough	23/04/2017
400 metres	50.1	A Pitt	CONAC	Bury St Eds	20/09/2009
800 metres	02:02.7	A Pitt	CONAC	Bury St Eds	20/09/2009
1500 metres	04:19.5	J White	CONAC.	Bury St Eds	13/09/2015
High Jump	1.90	P.Beales	CONAC.	Ipswich	05/06/1983
		J.Lay	Braintree	Norwich	31/07/1983
Long jump	6.58	T.Allen	Ipswich	Ipswich	08/08/1982
Triple jump	12.86	W Matsuka-Williams	CoNAC	Bury St Eds	14/09/2014
Shot	15.09	<b>D Capes</b>	<b>NVH</b>	<b>Kings Lynn</b>	<b>23/06/2019</b>
Discus	44.19	T Guy	Chelmsford	Bury St Eds	18/09/2011
Hammer	54.17	A Sydee	Luton	Bury St Eds	20/09/2009
Javelin	61.47	M. Mortimore	Ipswich	Bury St Eds	16/09/2007
4X100Relay	47.3		Ipswich Harriers	Bury St Eds	20/09/1998
			C&C	Norwich	08/08/2010
Pole Vault	2,90	C.Scotney	Peterborough.	Peterborough	13/08/1999

### MEN UNDER 17

100 Hurdles	13.3	M. Clements	C&C.	Ipswich	23/08/1992
100 metres	11.0	G.Zicchi	Hunts AC	Cambridge	30/04/2006
		R Taylor	Gt Yarmouth	Cambridge	16/05/2010
		A Cross	C&C	Cambridge	17/07/2016
200 metres	22.4	B.Hamblin	CONAC.	Bury St Eds	22/09/2002
400 metres	49.2	B Snaith	C&C	Bury St Eds	23/09/2012
800 metres	01:55.0	J Hulse	Ipswich	Ipswich	23/04/2017
1500 metres	04:08.4	D. Mead	Thetford	Ipswich	21/04/1984
High jump	2.02	M .King	Ipswich	Norwich	21/06/1987
Long jump	7.10	J Grenfell	Peterborough	Peterborough	08/05/2011
Triple jump	14.00	J.Lee	CONAC.	Norwich	01/06/1986
Shot	16.99	D.Tinkler	Peterborough	Cambridge	26/06/2005
Discus	49.09	O Massingham	CONAC	Yarmouth	21/06/2015
Hammer	65.60	M Painter	CONAC	Luton	17/07/2011
Javelin	66.26	D.Hughes	Ipswich	Ipswich	13/08/1992
4X100Relay	42.6		CONAC	Norwich	27/09/1992

### SENIOR/JUNIOR MEN

110 Hurdles	14.3	B Kelk	C&C	Bury St Eds	18/09/2011
100 metres	10.4	J.Fergus	Braintree	Braintree	11/04/1993
200 metres	21.7	<b>L Thorne</b>	<b>Braintree</b>	<b>Bury St Eds</b>	<b>08/09/2019</b>
400 metres	48.3	K.Ulyatt	CONAC.	Norwich	26/07/1992
800 metres	1:53.7	G.Amos	CONAC.	Gt.Yarmouth	08/08/1993
		J Senior	CONAC.	Norwich	19/04/2009
1500 metres	3:50.9	D. Mead	CONAC.	Norwich	26/07/1992
3000 metres	08:27.6	J Senior	CONAC.	St Ives	29/07/2012
		G.Amos	CONAC.	Norwich	30/06/1996
High jump	2.12	S.Oreland	Chelmsford	Cambridge	15/09/1996
Long jump	7.38	J.French	CONAC.	Kings Lynn	18/04/1999
Triple jump	15.97	F.Akinsanya	Peterborough.	Kings Lynn	20/08/2000
Shot	15.36	J. Painter	CONAC.	Norwich	18/06/1988
Discus	48.2	<b>J Bloomfield</b>	<b>Ipswich</b>	<b>Ipswich</b>	<b>21/07/2019</b>
Hammer	68.62	C Brown	CoNAC	Norwich	20/08/2017
Javelin	66.69	D.Carter	Braintree	Braintree	11/07/1999
Pole Vault	3.50	J. McDade	Ipswich	Cambridge	18/04/1999
4X100Relay	43.9		Peterborough	Peterborough	08/05/2011
			Ipswich	Bury St Eds	18/09/2016

**EAST ANGLIAN LEAGUE RECORDS TO END OF 2018 SEASON.**

EVENT	TIME/DIST	NAME	CLUB	VENUE	DATE
<b><u>GIRLS UNDER 13</u></b>					
70mHurdles	11	I Mardle	CoNAC	Bury St Eds	08/09/2019
100 Metres	12.7	L Duncan	Braintree	Bury St Eds	09/08/2015
200 Metres	26.65	E Taylor	PAC	Cambridge	17/07/2016
800 Metres	02:18.9	R Prideaux	Chelmsford	Braintree	08/08/2010
1500 Metres	04:50.0	F Brill	NVH	Bury St Eds	18/09/2016
High jump	1.53	I Mardle	CoNAC	Norwich	26/05/2019
Long Jump	5.09	A.Nuttell	Boston & Dist	Norwich	27/09/1992
Shot	11.61	R.Hall	Boston & Dist	Bury St Eds	01/07/2001
Discus	27.87	E Bloomfield	Ipswich	Kings Lynn	02/08/2009
Javelin	30.88	G Ramsey	Ipswich	Bury St Eds	15/09/2013
4x100Relay	53.4	Chelmsford		Bury St Eds	20/09/2009
<b><u>GIRLS UNDER 15</u></b>					
75mHurdles	11.3	N.Hall	Ipswich	Ipswich	03/07/1994
100 Metres	12.3	L.Seston	Ipswich	Ipswich	04/07/1993
		S.Claxton	Colch & Tend	Colchester	08/08/1983
200 Metres	25.6	D.Collison	Chelmsford	Ipswich	15/09/1991
		K.Wall	Braintree	Norwich	21/09/1997
		N.Sadler	Ipswich	Bury St Eds	22/09/2002
		J Ogunleye	Colch & Tend	Cambridge	09/08/2015
		M King	Ipswich	Ipswich	04/08/2019
300 Metres	40.6	N McKechnie	Chelmsford	Chelmsford	18/09/2011
800Metres	02:15.9	S Tooley	West Suffolk	Bury St Eds	01/07/2012
1500Metres	04:50.6	O Allum	West Suffolk	Bury St Eds	09/08/2015
High Jump	1.80	J.Jennings	West Suffolk	Ipswich	12/08/1984
Long Jump	6.61	S.Claxton	Colch & Tend	Colchester	03/07/1994
Shot 3.25kg	13.95	S King	Ipswich	Bury St Eds	29/07/1979
Shot 3kg	13.57	H Molyneux	NVH	Bury St Eds	13/09/2015
Discus	37.22	H Molyneux	NVH	Peterborough	19/07/2015
Javelin 600g	41.35	L MacDonald	CONAC.	Bury St Eds	20/09/2009
Javelin 500g	38.35	G Ramsey	Ipswich	Colchester	03/05/2015
Hammer	44.02	L Koenigsberger	West Norfolk	Yarmouth	12/06/2016
4x100mRelay	50.3	Ipswich Harriers		Colchester	24/09/1999

### UNDER 17 WOMEN

80m Hurdles	11.7	G Atkins	Chelmsford	Luton	17/08/2008
		H McClean	Chelmsford	Bury St Eds	18/09/2011
100metres	12.4	E Wright	Braintree	Peterborough	22/04/2018
200 metres	25.2	L Duncan	Braintree	Pewterborough	22/04/2018
300Metres	38.6	S Bakare	Luton	Bury St Eds	18/09/2011
800 metres	02:14.9	B Wraith	H&WC's	Peterborough	23/05/2019
1500 metres	04:36.6	J Norkett	Thetford	Braintree	04/08/2019
High Jump	1.55	M Bean	Gt Yarmouth	Norwich	17/06/2018
		H Fenton-Lake	Peterborough	Peterborough	22/04/2018
		D Dalrymple	CoNAC	Bury St Eds	08/09/2019
Long Jump	5.38	A Soanes	Thetford	Kingslynn	23/06/2019
Triple Jump	11.43	D Dalrymple	CONAC	Braintree	21/07/2019
Shot 3kg	12.90	E Moorhouse	NVH	Bury St Eds	08/09/2019
Discus	31.9	S Graham	Ipswich	Gt Yarmouth	23/06/2019
Javelin 500g	41.55	J Morgan	Ipswich	Bury St Eds	16/09/2018
Hammer 3kg	48.9	L Koenigsberger	West Norfolk	Kings Lynn	23/04/2017
4 x 100 relay	50.0	Ipswich		Bury St Eds	08/09/2019

### SENIOR LADIES

100mHurdles	14.5	K.Sketchley	Colch & Tend	Colchester	15/09/1991
		C..Holdsworth	COL HAR	Cambridge	17/04/2005
100Metres	11.9	L.Seston	Ipswich	Cambridge	16/08/1993
		M Snaith	Camb & Col	Cambridge	16/07/2017
200Metres	24.5	L.Seston	Ipswich	Cambridge	16/08/1998
400Metres	57.1	G Maltster	Ipswich	Luton	08/08/2010
800Metres	02:11.2	H.Bloomfield	Colch & Tend	Bury St Eds	06/06/2004
1500Metres	04:40.0	N.Sykes	Leighton Buzz	Bury St Eds	03/08/2003
3000metres					
High Jump	1.75	J.Jennings	West Suffolk	Colchester	19/04/1987
Long Jump	6.22	S.Claxton	Colch & Tend	Cambridge	15/09/1996
Triple Jump	12.51	S Hibbert	Luton	Bury St Eds	18/09/2016
Shot 4kg	17.65	S McKinna	Gt Yarmouth	Gt Yarmouth	23/06/2019
Discus	50.56	D.Bushnell	Chelmsford	Chelmsford	08/07/1990
Javelin 600g	48.62	J Blair	Luton	Peterborough	11/06/2017
Hammer 4kg	57.90	M Larkins	Braintree	Bury St Eds	16/09/2018
Pole Vault	3.25	K.Rowe	Peterborough.	Peterborough	13/06/1999
4X100Relay	49.6	Chelmsford		Chelmsford	22/06/2008