Get Walking ...  
Join us for a free, gentle stroll on Sunday, July 3, 10.30am

St Helens, Nettlestone 4.7 miles

Start: St Helens Green Car Park (free).
Description: This walk on field paths and lanes, starts from the village green at St Helens and follows open field paths to Nettlestone, returning via St Helen’s Duver.
Access information: Fairly level walk.
Refreshments: Pubs, cafes in St Helens and a beach cafe at the Duver.
Toilets: The western end of the large green at St Helens on the route.

Rambles around the Island
in association with the IW Ramblers

Route: Leaving the car park (1) go westwards across the green (sign indicates 'Toilets'). Turn right up Station Road and left at the T junction. Turn right into Field Lane (2), following R77, and at the fork go straight ahead along West Green. At the end of the track, go left into the field to walk with the hedge on your right. This can be marshy.

At the top right corner, cross the stile to go to your right across a large field with a solar farm on your left. This path brings you to Attrill’s Lane (3). Go left along the track and at a junction go left onto R62. At a fingerpost, go right on bridleway B12 (4) along a track with the hedge on your left. Follow the track to a left fork through the farmyard going downhill and passing the farmhouse on your left.

At the bottom of the slope, just before the guidepost and a bridge, leave the track (5) and bear right to go up and round three sides of the pond to walk with the hedge on your left on R62. Follow the hedge round to the right where, about 70 metres beyond the corner, follow a boardwalk and a Ramblers gate on your left. Walk up the field towards the top corner, through a gate onto a track with a wood on your right. This path leads up to the road (6).

Cross over and in a few metres up the road ahead, right into Priory Drive. Follow this road to a point where it bends sharply left at Gully Road and continue ahead onto a surfaced track ‘Bridleway R72 to St. Helens’. When you reach the T junction at the top go right. In 30 metres follow the path round to the left onto R83 where it becomes enclosed.

At the far end of the wall the old mill pond has been converted to a dwelling house. Pass along a stone pillared gateway onto the access road to Nodes Point Holiday Camp on your left. Continue down the road to a metal kissing gate on your left (7). Take the path descending through the middle of this field to a gap in the bushes leading to the bottom right hand corner. Go over the footbridge with two Ramblers gates and turn left to walk beside the field to the road at another gate.

Turn left, walking towards the sea and the ruined church tower. Walk to the right along the promenade and just past the café and caravans look for a narrow path through the bushes. Continue in the same direction across the grass, crossing the road close to the entrance to the National Trust car park. Presently there is an old mill pond on your right and following the old mill dam wall which leads to Bembridge Harbour and the end of the harbour.

Turn right when you reach the lane past the front of the old mill. Follow the lane up to a T junction and turn left to the car park.

Visit: www.iowramblers.com