

# Get Walking . . .

Join us for a free, gentle stroll on  
Saturday, October 4, 10.30am

## Seaview & St Helens 5.8 m

**Start:** Carpark in Pier Road, Seaview or roadside in village.

**Set-off Time:** 10.30am. **Description:** A country walk through fields and woods with a short coastal section. Distant views across The Solent.

**Access Information:** The walk is mainly on open tracks but some six stiles are encountered. There is one hill at Seaview but the remainder is gentle slopes.

**Refreshments:** At Seaview, cafe and pub by St Helen green, cafe at St Helens Duver.

**Toilets:** Seaview, St Helens (Station Road), St Helens (Duver), Seagrove Bay.

## Rambles around the Island

in association with the IW Ramblers



**Route:** From the car park (1) turn left in Pier Road to pass the post office and turn right into High Street to reach the sea front. Turn left and after the yacht club go half right to follow the esplanade sea wall. At the end (2), turn left away from the shore along Salterns Road to reach the Salterns holiday park sign; go right to the park entrance and then take R95 on an enclosed path which climbs Fairy Hill.

At the main road (3) turn right down Nettlestone Hill using the path inside the highway hedge and then the pavement as far as the corner. Cross carefully into a bridleway (4) R61 Barnsley Trail and follow the route round the edge of a garden, across a field and along an enclosed green track to its end (5).

Turn left along a track to Park Farm and continue through the buildings. Continue straight ahead to leave on the track into a field. At the end of the first field (6), turn left along the far side of the hedge to go down the path with the hedge on your left. At a dilapidated building continue on across a field to reach a telegraph pole (7). Continue ahead on the main track, to reach a signed path on the right R77 (8). Go over the stile and straight across the field with views of Yarborough Monument, Culver Down and Sandown Bay appearing. Cross the next stile and go left by the hedge to leave the field by a stile in the corner. Turn right into a surfaced lane to St Helens West Green (9).

Go left along the main street passing a post

office and cross the green passing to the right of a sports pavilion down to the lower side. Continue ahead past a shop and restaurant to reach Mill Road (10). Go to the bottom of Mill Road and the route bears left by the Mill House to find the Causeway R86 across the tidal mill pond. Continue straight across the open sandy area of the Duver, over the tarmac road (11) near the National Trust car park and through the dunes and bushes to exit on the esplanade. Walk left past the cafe to the remains of the church tower (12). Turn left to rejoin the tarmac lane. Go ahead and turn right through a Ramblers gate following the coastal path R85.

Go through a field, cross a stile and wooden bridge. Continue up the field to a double telegraph pole, through a metal gate and right along a lane. Follow the bridleway through the gateway of Priory Hotel and at the next gateway turn left (13) along the edge of a wood. On reaching the end of the path, turn right, along a rough track serving properties to Seagrove Bay. The coastal path leaves the bay on a narrow path at the side of the toilets (14). This becomes Pier Road, a rough private road. When the properties finish go right down to the concrete wall and round the seaward side of the apartments. This was the site of an unusual suspension pier, lost in a 1950 gale. Continue on to rejoin Pier Road and return to the car park.



For more walks visit: [www.iowramblers.com](http://www.iowramblers.com)